

Continuing Education Course Options:



Below is a list of FREE Continuing Ed Trainings that you can take that can be utilized for renewing all your Sports Certifications.

The National Federation of State High School Associations <https://www.nfhslearn.com/>

- **Engaging Effectively with Parents** (recertification for all current sports certifications) - **Free**
- **Coaching Adapted Sports** (recertification for all current sports certifications) – **Free**
- **Bullying, Hazing and Inappropriate Behaviors** (recertification for all current sports certifications) – **Free**
- **Coaching Unified Sports** (Special Olympics specific course – recertification for all current sports certifications) – **Free**
- **Developing Youth Through Sports** (recertification for all current sports certifications) – **Free**
- **Sports Nutrition** (recertification for all sports certifications) - **Free**
- **Coaching Mental Wellness** (recertification for all sport certifications) - **Free**
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Special Olympics North America Learning Portal – great free resources!

Link: <https://elearn.specialolympics.org/sports/learn/signin>

- All classes in the learning portal are free
- If the class is not sport-specific (ex – **Coaching Special Olympics athletes, Sports Nutrition for Coaches, Physical Activity for Sports Coaches**) then it can be counted towards all current sports certifications.
- If the class is sport-specific (ex – **Intro to Bocce**) then it will be counted just towards that sport.

Instructions on how to save and upload to your SOPA Volunteer Portal:

- **Step 1** – After completing the course, you will typically be given or emailed a *Certification Certificate*
- **Step 2** – Save the certificate to a file as you will be uploading it to your portal.
- **Step 3** – Log into your Online Portal account, click on the *Proof of Continuing Ed* and attach your saved results.

If you have any questions, please reach out to us at volunteer@specialolympicspa.org!