



# Soccer Advanced Individual Skills Prelims

Athlete's Name \_\_\_\_\_ Team/County \_\_\_\_\_

M/F \_\_\_\_\_ Age \_\_\_\_\_

Events						Score	
1. 12 Meter Slalom Dribble	Cones Passed				Total		
			X 5 pts				
Tries →	1	2	3	4	5		
2. Controll & Pass							
3. Gather, Dribble, Shot							
Total							

**Controll & Pass**      10 pts if the ball is kicked with the inside or outside of the foot and on the ground  
                                  5 pts if the ball is kicked with the toes  
                                  0 pts if the ball is kicked in the air

**Gather, Dribble, Shoot**      10 pts if the ball goes from foot to goal in the air  
    5 pts if the ball touches the ground before entering the goal

