

**BASKETBALL INDIVIDUAL SKILLS
LEVEL 2 PRELIM SCORESHEET**

Name _____

Age _____

Team _____

Gender _____

CATCH AND PASS	TRIAL	
ONE MINUTE TRIAL	PASSES	CATCHES
One point for each good pass. One point for each good catch.		

POINTS

DRIBBLING	TRIAL
ONE MINUTE TRIAL	1
One point each time athlete reaches midpoint between two cones.	

POINTS

PERIMETER SHOOTING		TRIAL
2 POINTS PER BASKET	ONE MINUTE TRIAL	1
After a made or missed shot, the athlete must dribble anywhere outside the arc before attempting another shot. If the athlete does not dribble out before taking a shot, the basket does not count & the athlete must return to the original rebound spot & dribble out before taking the next shot.		

POINTS

TOTAL POINTS (SUM OF ALL THREE EVENTS)