

Villanova Special Olympics

Fall Festival 2025

“Let Your Passions Unleash, Create Your Masterpiece”

Head of Delegation Handbook

It is finally time for the 37th annual Special Olympics of Pennsylvania Fall Festival! On behalf of the 2025 Fall Festival Committee and the entire Villanova community I am thrilled to welcome you back for another wonderful year of competition and fun. Like many others, I have been counting down to this weekend since the 36th Fall Fest concluded a year ago. I am grateful and excited that this weekend has finally come, as I'm sure you are too!

This year's theme is "Let your Passions Unleash, Create your Masterpiece!" As each work of art is beautiful in its own way, we celebrate the individuality and uniqueness of each athlete and their accomplishments. Every achievement, big or small, deserves to be celebrated as a masterpiece of its own, and this weekend we seek to do just that! As you make your way around campus, I encourage you to look out for different forms of creative expression: painting, film, music, and more!

We continue with many of the new improvements made to Fall Fest in recent years: Cabrini Campus's Dixon Center will once again be used for Bocce Competition, Bocce Awards, and the annual Victory Jamboree. Sunday O-Town will feature a drop-in style Closing Celebration with remarks at 10:00 AM and 1:00 PM. We are excited to introduce improvements to accessibility on Villanova's campus with the addition of an ADA-compliant ramp on Austin Field for Flag Football athletes, coaches and spectators, as well as an option for low-sensory spirit lines following the conclusion of Opening Ceremonies. Many fan favorites also return: Friday night entertainment will take place on campus before Opening Ceremonies, Healthy Athletes will host clinician screenings in Driscoll Hall on Saturday, and O-Town will run Saturday and Sunday in the Quad. Finally, we will be hosting a new reflective space in the Connelly Center Cinema focusing on Villanova Special Olympics's storied history, and we are also expanding our Unified Fall Fest experience initiative with Unified Zones taking place around campus all weekend long. Please take some time this weekend to check these things out!

This handbook includes important information to answer many of your questions, and should help ensure a fun and safe weekend for all! Please make note of important safety information, emergency action plans, timing and venue adjustments, and parking information. In addition, there will be signage and maps around campus, and volunteers are always ready to help if you have questions! Thank you in advance for your patience, cooperation, and understanding.

I sincerely hope that you enjoy this weekend! I know I am looking forward to watching some incredible competition, making meaningful connections, and participating in a weekend-long celebration of the Special Olympics athletes we are lucky enough to host each year. Whether this is your 1st or 37th time experiencing Fall Fest, I hope it is the best one yet!

Warmly,

A handwritten signature in cursive script that reads "Jane Butler".

Jane Butler
2025 Fall Festival Director

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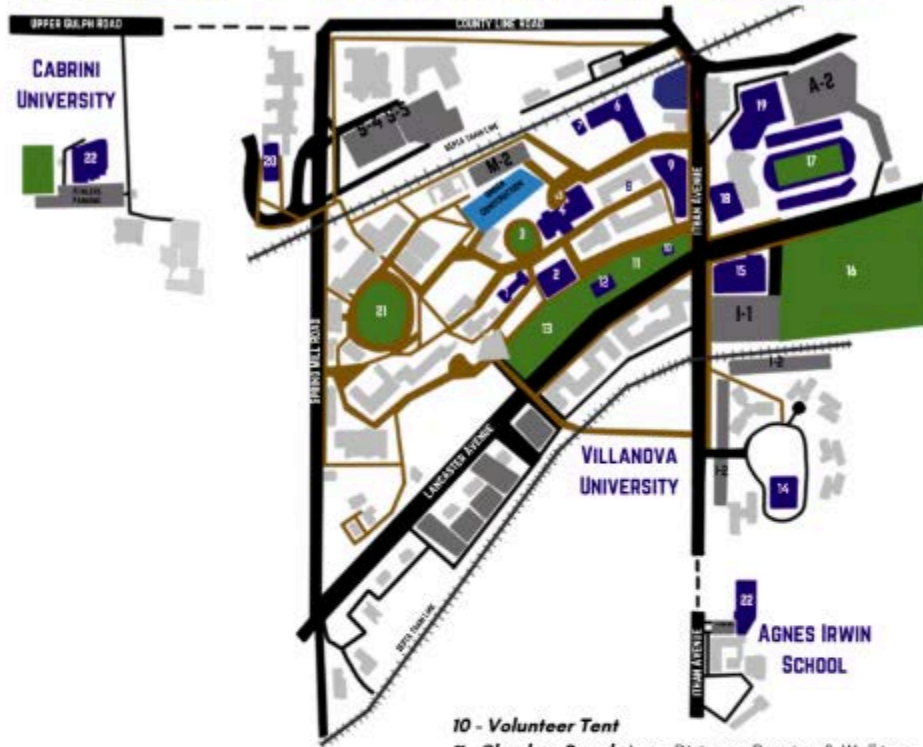
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Campus Maps

FALL FESTIVAL 2025



- 1 - Austin Hall:** Low-Sensory Space
- 2 - Dougherty Hall:** Dining Hall
- 3 - Riley Ellipse ("The Oreo"):** Paint Palette, Inclusion Letters, Healthy Athletes Initiatives
- 4 - Connolly Center:** Powerlifting, Powerlifting & Flag Football Awards, Low-Sensory Space, SpO Through the Years
- 5 - Connolly Circle:** Registration, On-Campus Shuttle Stop
- 6 - Driscoll Hall:** Healthy Athletes Screenings
- 7 - Medical Tent**
- 8 - "The Quad":** Torch Run, Olympic Town, Closing Celebration, Low-Sensory Space
- 9 - Bartley Hall:** Young Athletes Program, Off-Campus Shuttle Stop

- 10 - Volunteer Tent**
- 11 - Sheehan Beach:** Long Distance Running & Walking (LDRW)
- 12 - Austin Field Tent:** LDRW Awards
- 13 - Austin Field:** Flag Football
- 14 - Donahue Hall:** Dining Hall
- 15 - Mullen Center:** Soccer Awards
- 16 - Pike Field:** 7 v 7 Soccer, I-Skills, Low-Sensory Space
- 17 - Villanova Stadium:** 5 v 5 Soccer, Low-Sensory Space
- 18 - Jake Nevin Field House:** Volleyball Champions, Volleyball Awards, Low-Sensory Space
- 19 - Finneran Pavilion:** Opening Ceremonies, Low-Sensory Space
- 20 - St. Mary Hall:** Volleyball I-Skills
- 21 - Mendel Field:** Unified Zone
- 22 - Agnes Irwin School:** Volleyball All-Stars, Low-Sensory Space
- 23 - Dixon Center, Cabrini University:** Bocce, Bocce Awards, Victory Jamboree, Low-Sensory Space

FALL FESTIVAL 2025

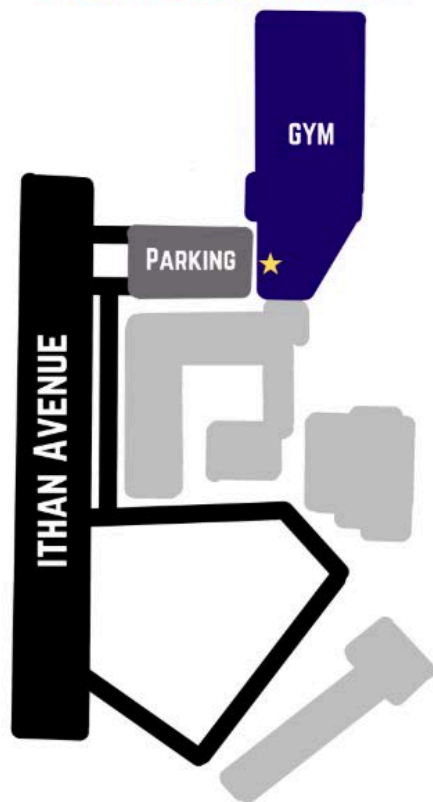


- 1 - Austin Hall:** Low-Sensory Space
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- 3 - Riley Ellipse ("The Oreo"):** Paint Palette, Inclusion Letters, Healthy Athletes Initiatives
- 4 - Connelly Center:** Powerlifting, Powerlifting & Flag Football Awards, Low-Sensory Space, SpO Through the Years
- 5 - Connelly Circle:** Registration, On-Campus Shuttle Stop

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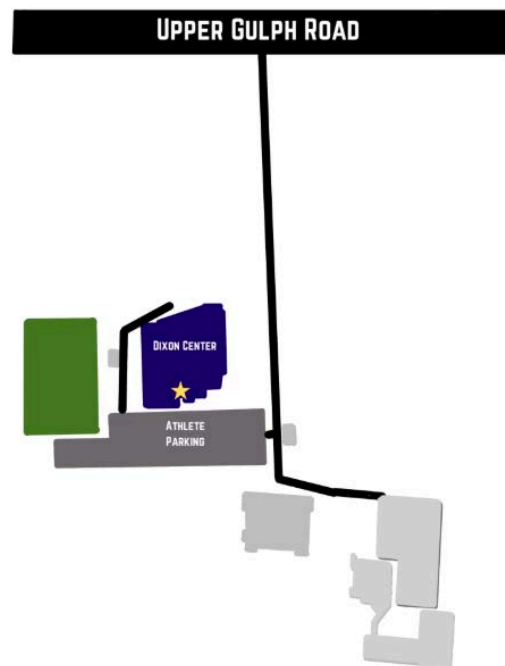
AGNES IRWIN SCHOOL

VOLLEYBALL ALL-STARS



CABRINI UNIVERSITY

BOCCE



Virtual Campus Map



2025 Competition Schedule Overview

Competition Schedule Only. See below for coaches meetings, check-in, and warm-ups times.

SPORT		LOCATION	FRIDAY 11/7	SATURDAY 11/8	SUNDAY 11/9
Bocce		Dixon Center, Cabrini University	1:30 P.M. – 4:30 P.M.	9:00 A.M. – 5:30 P.M.	9:00 A.M. – 12:00 P.M
LDR/W		Sheehan Beach	1:30 P.M. - 2:30 P.M.	9:00 A.M. – 1:00 P.M.	8:30 A.M. – 10:00 A.M.
Flag Football	TEAM	Austin Field	1:00 P.M. – 4:30 P.M.	8:00 A.M. – 4:00 P.M.	8:00 A.M. – 12:00 P.M.
	Individual Skills	Austin Field	2:00 P.M. –3:00 P.M.	12:00 P.M.– 1:00 P.M.	
Powerlifting		Villanova Room, Connelly Center Weigh-Ins: St. David Room, Connelly Center	2:00 P.M. – 5:30 P.M.	8:30 A.M. – 4:30 P.M.	
Soccer	Individual Skills	Pike Field	1:30 P.M. - 5:00 P.M.	1:00 P.M. – 5:00 P.M.	
	5 v 5	Villanova Stadium	1:30 P.M. – 4:30 P.M.	8:00 A.M. – 5:00 P.M.	8:00 A.M. – 12:00 P.M.
	7 v 7	Pike Field	1:30 P.M. – 4:30 P.M.	8:30 A.M. – 5:00 P.M.	8:30 A.M. – 12:00 P.M.
Volleyball	Individual Skills	St. Mary's Gym	1:00 P.M. –5:00 P.M.	8:00 A.M. – 12:00 P.M.	
	All-Stars	Jake Nevin Field House (Friday), Agnes Irwin School Gym (Saturday & Sunday)	12:30 P.M. – 5:00 P.M.	8:00 A.M. – 4:00 P.M.	8:00 A.M. – 11:30 A.M.

	Champions	Jake Nevin Field House	12:30 P.M. – 5:00 P.M.	8:00 A.M. – 5:00 P.M.	8:00 A.M. – 11:30 A.M.
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2025 Fall Fest Schedule of Events

Friday November 7th, 2025		
9 A.M.-12:00 P.M.	Delegation Arrival	Main Campus, Villanova University
9 A.M. - 5 P.M.	Volunteer Registration	Sheehan Beach
10 A.M.-1 P.M.	Head of Delegation (HOD) Registration	Villanova Room, Connelly Center
12 P.M. - 3 P.M.	Healthy Habits	Riley Ellipse
11:00 A.M.- 12:30 P.M.	LDRW Course Inspection	Sheehan Beach
12 P.M.-12:30 P.M.	Powerlifting Head Coaches Meeting	St. David Room, Connelly Center
12:30 P.M.-1 P.M.	Flag Football Head Coaches Meeting	Austin Field
12:30 P.M.-1 P.M.	LDRW Head Coaches Meeting	Austin Field Start/Finish line, Villanova University
12:30 P.M.-1:30 P.M.	Powerlifting Weigh Ins/Rack Heights	St. David Room, Connelly Center
12:15 P.M.-12:30 P.M.	Volleyball Team Head Coaches Meeting	Jake Nevin Field House
12:15 P.M.	Volleyball Modified Serving Testing	Jake Nevin Field House
12:45 P.M.-1 P.M.	Volleyball I-Skills Head Coaches Meeting	St. Mary's Gym
12:30 P.M. - 1 P.M.	Soccer 5v5 Head Coaches Meeting	Villanova Stadium
12:30 P.M.-1 P.M.	Soccer I-Skills Warm-Ups/Head Coaches Meeting	Pike Field
12:30 P.M.-1 P.M..	Soccer 7v7 Head Coaches Meeting	Pike Field
12:45 P.M.-1 P.M.	Bocce Head Coaches Meeting	Dixon Center, Cabrini
12:30 P.M.-5 P.M.	Volleyball Team Preliminary Round	Jake Nevin Field House
1 P.M.-1:30 P.M.	LDRW Warm-ups and Registration	Sheehan Beach
1:00 P.M.-4:30 P.M.	Flag Football Preliminary Round &	Austin Field

	Competition	
1 P.M.-5 P.M.	Volleyball I-Skills Preliminary Round	St. Mary's Gym
1:30 P.M.	LDRW 1500m Walk/Unified Sports Walk	Sheehan Beach
1:30 P.M.-2 P.M.	Powerlifting Flight A Warm-ups	St. David Room, Connelly Center
1:30 P.M. - 4:30 P.M.	Soccer 5v5 Preliminary Round	Villanova Stadium
1:30 P.M.- 4:30 P.M.	Soccer 7v7 Preliminary Round & Competition	Pike Field
1:30 P.M.-4:30 P.M.	Bocce Competition Pool Play	Dixon Center, Cabrini
1 P.M.-5 P.M.	Soccer I-Skills Preliminary Round	Pike Field
2 P.M.	LDRW 1500m Walk/Unified Sports Walk Rolling Awards	Austin Field Tent
2 P.M.	LDRW 1500m Run/Unified Sports Run	Sheehan Beach
2 P.M.-3 P.M.	Head of Delegation (HOD) Meeting	Cinema, Connelly Center
2 P.M.-3 P.M.	Flag Football I-Skills Preliminary Round	Austin Field
2 P.M.-5:30 P.M.	Powerlifting Competition	Villanova Room, Connelly Center
2:30 P.M.	LDRW 1500m Run/Unified Sports Run Rolling Awards	Austin Field Tent
3 P.M.-3:45 P.M.	Law Enforcement Torch Run Arrival	The Quad
3 P.M.-4:00 P.M.	Hotel Registration	Entrance to Villanova Room, Connelly Center
5P.M.-5:30 P.M.	Unified Sports Experience	Finneran Pavilion
5 P.M.-6:30 P.M.	Unified Zone; Home Run Derby & Yard Games	Rowen Campus Green & Mendel Field
5 P.M. -6P.M.	Soccer I-Skills & 7v7 Head Coaches Meeting	Bartley Hall, Room 2046
5 P.M. -6 P.M.	Soccer 5v5 Head Coaches Meeting	Bartley Hall, Room 2045
5 P.M. - 6 P.M.	Flag Football Head Coaches Meeting	Bartley Hall, Room 2044

4:30 P.M.-6:30 P.M.	Dinner	Dougherty Dining Hall Donahue Court, Café Nova of Dougherty Hall and tent (Accessible Dining)
5 P.M. - 6:30 P.M.	Friday Night Festivities	Rowan Campus Green and Riley Ellipse
5:30 P.M. (following competition)	Volleyball Team Head Coaches Meeting	Jake Nevin Field House
5:30 P.M.-7:00 P.M.	President's Welcome Reception	Davis Club, Finneran Pavilion
5:30 P.M. (following competition)	Volleyball I-Skills Coaches Meeting	St. Mary's Hall
6:15 P.M.	Doors Open for Opening Ceremonies	Finneran Pavilion
7:00 P.M.-8:30 P.M.	Opening Ceremonies	Finneran Pavilion

Saturday November 8th, 2025		
6 A.M.-5 P.M.	Volunteer Registration	Sheehan Beach
6:30 A.M.-9:30 A.M.	Breakfast	Dougherty Dining Hall Donahue Court, Café Nova of Dougherty Hall and tent (Accessible Dining)
6:30 A.M. - 9 A.M.	Unified Zone	Riley Ellipse
8 A.M.-8:30 A.M.	Powerlifting Flight of Squats Warmup	St. David Room, Connelly Center
8 A.M.-8:30 A.M.	LDRW Registration	Sheehan Beach
8 A.M.-12 P.M.	Volleyball I-Skills Competition	St. Mary's Gym
8 A.M.-5 P.M.	Soccer 5v5 Competition	Villanova Stadium
8 A.M.-4 P.M.	Flag Football Competition	Austin Field
8 A.M.-5 P.M.	Volleyball Champions Competition	Jake Nevin Field House
8 A.M.-3 P.M.	Volleyball All-Stars Competition	Agnes Irwin School Gym
8:30 A.M.-2 P.M.	Soccer 7v7 Competition	Pike Field

8:30 A.M. 9A.M.	LDRW Warm-Ups	Sheehan Beach
8:30 A.M.-5 P.M.	Powerlifting Competition	Villanova Room, Connelly Center
8:30 A.M. - 4:30 P.M.	Special Olympics Through the Years	Connelly Cinema, Connelly Center
9 A.M.	LDRW 5000m Run/Unified Sports Run	Sheehan Beach
9 A.M.-5:30 P.M.	Bocce Competition	Dixon Center, Cabrini
9 A.M.-11 A.M.	Young Athletes Program	The Exchange, Bartley Hall
9:30 A.M.	LDRW 5000m Run/Unified Sports Run Rolling Awards	Austin Field Tent
10 A.M.	LDRW 3000m Walk/Unified Sports Walk	Sheehan Beach
10 A.M.-5 P.M.	Olympic Town	The Quad
9 A.M.-5 P.M.	Healthy Habits	Riley Ellipse
9 A.M.-5 P.M.	Healthy Athletes Screenings (FUNfitness, Healthy Hearing, Health Promotion, Opening Eyes, Special Smiles, s, Fit Feet), AHN Chill Room	Driscoll Hall - FUNfitness(tent) - Healthy Hearing (room 206) - Health Promotion (room 244) - Opening Eyes (room 223, 225, 227) - Special Smiles (room 246) - AHN Chill Room (room 221) - Fit Feet (tent outside)
10:30 A.M.	LDRW 3000m Walk/Unified Sports Walk Rolling Awards	Austin Field Tent
11:00 A.M.	LDRW 3000m Run/Unified Sports Run	Sheehan Beach
11 A.M.-2 P.M.	Lunch	Dougherty Dining Hall Donahue Court, Café Nova of Dougherty Hall and tent (Accessible Dining)
11:30 A.M.	LDRW 3000m Run/Unified Sports Run Rolling Awards	Austin Field Tent
12 P.M.-1 P.M.	Flag Football I-Skills Competition	Austin Field
12P.M.-3P.M.	Unified Zone (Kickball)	Mendel Field
12:30 P.M-1 P.M.	Soccer I-Skills Check-In and Warm-Ups	Pike Field
1 P.M.-5 P.M.	Soccer I-Skills Competition	Pike Field
1 P.M.-4 P.M.	Alumni Reception	President's Lounge in Connelly Center

2 P.M.-6 P.M.	SOPA Portal Support Table	2nd Floor Connelly Center
5:30 P.M.	Soccer 7v7 Coaches Meeting	Bartley Hall, Room 2046
5:30 P.M.	Soccer 5v5 Coaches Meeting	Bartley Hall, Room 2045
5 P.M.	Flag Football Head Coaches Meeting	Bartley Hall, Room 2044
5 P.M.-7 P.M.	Dinner	Dougherty Dining Hall Donahue Court, Café Nova of Dougherty Hall and tent (Accessible Dining)
7 P.M.	Arrivals Begin for Victory Jamboree	Dixon Center, Cabrini
7:30 P.M.-9:30 P.M.	Victory Jamboree (Dance, Crafts, Bingo, Movie)	Dixon Center, Cabrini

Sunday November 9th, 2025		
6 A.M.-10 A.M.	Volunteer Registration	Sheehan Beach
6 A.M.-11 A.M.	Hotel Checkout	Hotels
6:30 A.M.-9:30 A.M.	Breakfast	Dougherty Dining Hall Donahue Court, Café Nova of Dougherty Hall and tent (Accessible Dining)
6:30 A.M.-9 A.M.	Unified Zone	Riley Ellipse
8 A.M.-8:30 A.M.	LDRW Warm-Ups	Sheehan Beach
8:30 A.M.-11:30 A.M.	Soccer 5v5 Competition	Villanova Stadium
8 A.M.-12 P.M.	Flag Football Competition	Austin Field
8 A.M.-12 P.M.	Volleyball All-Stars Competition	Agnes Irwin School Gym
8 A.M.-12 P.M.	Volleyball Champions Competition	Jake Nevin Field House
8 A.M.-12 P.M.	SOPA Portal Support Table	2nd Floor Connelly Center
8:30 A.M.	Powerlifting Awards	Villanova Room, Connelly Center
8:30 A.M.	LDRW 10K Unified Sports Run/5000m Unified SportsWalk	Sheehan Beach
8:30 A.M.-12:00 P.M.	Soccer 7v7 Competition	Pike Field

8:30 A.M. - 1 P.M.	SpO Through the Years	Connelly Cinema, Connelly Center
9 A.M.	Volleyball I-Skills Awards	O'Dea Lounge, Talley Athletic Center
9 A.M.-12 P.M.	Bocce Competition	Dixon Center, Cabrini
9 A.M.	Bocce Awards (Rolling)	Hamilton Family Foundation Conference Room, Dixon Center, Cabrini
10 A.M.-1 P.M.	Olympic Town	The Quad
9:15 A.M.	LDRW 10K Run/5K Walk and Unified Sports Rolling Awards	Austin Field Tent
9 A.M.	Soccer I-Skills Awards	Topper Theatre, Mullen Performing Arts Center
10 A.M.	Closing Celebration Ceremony 1	Bartley Hall Steps, The Quad
10:30 A.M.	Flag Football I-Skills Awards and Team Competition Awards (Rolling)	Villanova Room
10:30 A.M.	Volleyball Champions and All-Stars Rolling Awards	O'Dea Lounge, Talley Athletic Center
11 A.M.	Soccer 5v5 Awards and 7v7 Awards (Rolling)	Topper Theatre, Mullen Performing Arts Center
11 A.M.-12 P.M.	Head of Delegation Meeting	President's Lounge, Connelly Center
12 P.M.-1:30 P.M.	Lunch	Connelly Circle
1 P.M.	Closing Celebration Ceremony 2	Bartley Hall Steps, The Quad
3 P.M.	Departure from Villanova	Main Campus, Villanova University

Important Information

Diversity, Equity, Inclusion Statement

Villanova Special Olympics is deeply committed to representing and reflecting the unique experiences, perspectives and viewpoints of our athletes, coaches, committee members, and volunteers. As we think about diversity, equity, and inclusion, we aim to honor one another's stories, be present for each other, and strive for empathic action in every moment. We recognize that disability is only one aspect of diversity and work towards acknowledging all members' intersectionality. We are rooted in unity and practice inclusion through genuine interactions and simply showing each other we care.

Addresses

Competition:

Villanova University | *Flag Football, LDR/W, Powerlifting, Soccer (Individual Skills, 7 v 7, 5 v 5), Volleyball (Upper Division [Champions League], Individual Skills)*

800 E. Lancaster Avenue, Villanova, PA 19085

Agnes Irwin School | *Volleyball Lower Division [All-Star League]*

275 S Ithan Avenue, Bryn Mawr, PA 19010

Cabrini University, Dixon Center | *Bocce*

1290 Upper Gulf Road, Wayne, PA 19087 (Enter via the Upper Gulf Rd entrance)

Hotels: *(Asterisks denote hotels with complimentary breakfast)*

Best Western | 127 S Gulph Road, King Of Prussia

Courtyard Marriott Plymouth Meeting | 651 Fountain Road Plymouth Meeting, PA 19462

DoubleTree Philadelphia West | 640 Fountain Road Plymouth Meeting, PA 19462

Crowne Plaza King of Prussia | 260 Mall Blvd King of Prussia, PA 19406

***Fairfield Inn King of Prussia** | 258 Mall Blvd King of Prussia, PA 19406

The Alloy - A DoubleTree by Hilton | 301 W Dekalb Pike, King of Prussia, PA 19406

Embassy Suites | 888 Chesterbrook Blvd Wayne, PA 19087

***Holiday Inn Express & Suites Fort Washington** | 432 Pennsylvania Ave. Fort Washington, PA 19034

***Holiday Inn Express KOP** | 260 N. Gulph Road, King of Prussia, PA 19406

***Hyatt Place Philadelphia/KOP** | 440 American Avenue, King of Prussia, PA 19406

***SpringHill Suites Philadelphia-Plymouth Meeting** | 430 Plymouth Rd. Plymouth Meeting, PA 19462

Valley Forge Casino | 1160 1st Ave, King of Prussia, PA 19406

Hospitals:

Bryn Mawr Hospital | 130 S. Bryn Mawr Avenue, Bryn Mawr, PA, 19010

Lankenau Hospital | 100 E. Lancaster Avenue, Wynnewood, PA, 19096

Smoking Policy

Special Olympics Pennsylvania and Villanova University have a no-smoking policy. Smoking is absolutely prohibited at all venues, special events, and building entrances.

General Questions

See the Important Reference Information section of this handbook for ways to receive the most up to date information!

Operations Center and Command Center

Medicurity (Medical and Security) staff will be located in the Operations Center (Dougherty 102 - Office of Student Involvement also known as OSI), Command Center (Dougherty 206), and the Medical Tent (on the lawn between the basketball courts and Driscoll Hall) from 6 A.M. to 10 P.M. to assist you with any emergency issues that may arise. The Medical Tent will serve as a check-in location for medical personnel, as well as a central location for general medical or security concerns from HODs and coaches. Missing or lost credentials must be reported to and picked up from the Connelly Information Desk (on the top floor of the Connelly Center). EMS, Public Safety Officers, and Radnor Police will be monitoring all radio communications from the Command Center. Medicurity Committee Members will be located at both the Operations Center and Command Center throughout the weekend, and the Medical Tent as well as all the venues will be staffed with Medical Volunteers.

Hours of Operation (for Operations Center and Command Center)

6:00 A.M. – 10:00 P.M. for the duration of Fall Festival

In case of a non-emergency during the hours of 6:00 AM to 10:00 PM, call the Operations Center

From a campus phone: 9-4210

From an off-campus phone: (610) 519-4210

In case of an emergency during the hours of 6:00 AM to 10:00 PM, call the Command Center

From a campus phone: 9-7203

From an off-campus phone: (610) 519-7203 or 911

When calling the Command Center:

1. Talk to the dispatcher in a calm, clear voice.
2. Give the dispatcher your name, delegation, location, and the nature of the emergency.
3. Stay on the phone so the dispatcher can get additional information from you if needed.

Lost and Found

Please ensure that all items are labeled with the athletes and delegation name so that lost items may be returned. Lost and Found items should be taken to the Main Information Desk at the top floor of the Connelly Center (610-519-7274). After Fall Festival, email bbach@specialolympics.org for all lost items.

Emergency Procedures

Medical Procedures

In Case of Injury of Illness During Competition

- All medical concerns that require an incident report must be reported to the medical volunteers at the venue and to the Command Center (Dougherty 206).
- **Suspected or Confirmed Concussion** - Effective January 1, 2015, a participant who is suspected of sustaining a concussion in a practice, game or competition shall be removed from practice, play or competition at that time. The care of any athlete with a suspected concussion should be rendered to a roaming physician, who is available on-site to render an evaluation. The physician shall have final authority as to the removal or return to play of the participant.
- Always stay with the athlete or person who needs assistance. If the injury or illness is severe, **do not move the patient**. Never leave a patient alone.
- Have someone else seek help at the nearest Medical Personnel.
- Send someone to find the athlete's coach or guardian immediately.
- If the HOD of the patient's delegation cannot be found, Medical Personnel will try to reach him or her by cell phone and will leave a message at the delegation's hotel.
- **A Medical volunteer will assist in filling out an incident report** (First Report of Accident/Incident – see the end of this handbook for the form) and will leave the incident report form in the medical bag. The last medical volunteer of the day will return the medical bag with the incident report forms to the Medical Tent (on the lawn between the basketball courts and Driscoll Hall).
- **Non-ALS trauma injury** is to be treated under the normal protocol. The care of a stable patient with any treatable on-site trauma injury may be transferred to the athletic trainer or roaming doctor, who can then make the decision to escalate care, or treat the patient in the on-site triage center located in the Medical Tent on the lawn between the basketball courts and Driscoll Hall.

Medical Assistance Locations:

There will be a medical assistance location at each competition venue and one central facility on Villanova University's campus in the Medical Tent (on the lawn between the basketball courts and Driscoll Hall). **Familiarize yourself with this location upon arrival to the venue.** There will be BLS ambulances (VEMS) on campus to assist with any major injuries or emergencies and for transport to Bryn Mawr and Lankenau Hospitals. Additionally, we have notified ALS (Radnor EMS) of the Fall Festival 2025 dates.

Medical assistance will be at all special events. A room in the ground floor of the Finneran Pavilion for Opening Ceremonies and a room within the ground floor of the Dixon Center at Cabrini will be the site for the Victory Jamboree medical centers.

Medical Forms and Recording Procedures:

Athlete applications (medical forms) for the athletes will be kept on-site and will be accessible to medical personnel at all times. **Coaches MUST have copies of their athletes' athlete applications with them at all times and/or in the athletes' credential holders.**

Coaches should notify the parent or guardian of an injured athlete when a serious injury occurs. In case of hospitalization, records of the incident will be completed in accordance with EMT protocol, held in the Fall Festival Games file and forwarded to American Specialty Insurance Services, Inc.

Night Injury or Illness:

For non-emergency injuries or illnesses during the night, the Head of Delegation is to report directly to the hotel front desk who will contact the on-site SOPA representative. For

emergencies occurring during the night, 911 should be called.

Medications:

It is the responsibility of each coach to make sure that any athlete requiring medication has enough for the weekend and takes it as prescribed. Please remember to keep track of the times and dosages taken in case of a medical emergency.

Diet:

A balanced diet is essential to an athlete's performance at Fall Festival. The diet should contain extra carbohydrates, fresh fruits, and vegetables prior to and during the Festival, along with a normal intake of salt. Athletes should be encouraged to eat what gives them fuel for the weekend and makes their body feel good. Villanova Dining Services works with our Committee to ensure that all athletes are provided with healthy choices for every meal. Water stations will be provided at each venue site to help prevent dehydration.

Pre-Competition Warm-up:

Encourage your athletes to properly stretch with warm-up exercises before the competition. Stretching prevents muscle pulls, strains, and other injuries that may occur if these exercises are not performed. Every competition site will have warm-up areas where the athletes can stretch before competing.

Emergency Scenarios and Plans

Scenario 1 – An Athlete Needs Medical Attention

At each venue, there will be a designated Fall Festival Committee member and an appropriate number of medical volunteers. These medical volunteers include roaming physicians, certified athletic trainers, and students. Medical professionals will be wearing red medical shirts and neon vests while student volunteers will be wearing white medical shirts. A medical volunteer

radios the Command Center to inform them of the emergency. Medical volunteers evaluate the situation and determine the course of action, which can vary from onsite treatment to ALS/offsite hospital services. The Command Center will dispatch the appropriate personnel to the venue. If an injury occurs at Cabrini, medical personnel will call 911 to request medical evaluation and then the Command Center to inform them of the emergency.

Scenario 2 – A Missing Athlete

When an athlete is missing, please immediately report the following information to the Operations Center or to a Committee member with a radio:

1. County/Delegation
2. Head coach's name/Location
3. Team name/Location/Sport
4. Name of the Athlete
5. Last known location of athlete

The Operations Center will send a text message to all Fall Festival Committee members informing them of the situation. An extensive lost athlete protocol has been developed and will be in place. Once the situation is resolved, a follow-up text message will be sent out informing the Committee that the athlete has been found.

In terms of missing athletes at off campus venues, please immediately notify a committee member of the situation. The committee at your location will be the main point of contact and will follow missing athlete protocols put in place for your venue. This point of contact will notify and update the Operations Center on campus.

Scenario 3 – A Located Athlete

When an athlete is located, the Operations Center must be notified. Stay with the athlete in the location where he or she was found until he or she meets up with his or her chaperone.

Scenario 4 – A Reunited Athlete

When an athlete is located and reunited with their coach or delegation. Operations Center must be informed that the issue has been resolved.

Scenario 5 – Evacuation of the Pavilion during Opening Ceremonies

In the event of a fire alarm or other emergency: All people will proceed out the nearest exit of the Pavilion as directed by event team and medicuity members. Attendees exiting near the main entrance to the pavilion will be directed across Ithan Avenue to Main Campus or up Ithan Avenue to Jake Nevin Field House. Attendees exiting from the North side and back of the pavilion will be directed to the stadium parking lot. In order to employ a safe crossing of Ithan Avenue, road guards will be posted accordingly.

Scenario 6 – Evacuation of Dixon Center during the Victory Jamboree

In the event of a fire alarm or other emergency: All people will be directed to leave the Dixon Center from the nearest available exit and head out towards the parking area. If further evacuation is needed, people will then be directed to walk further towards their respective modes of transportation (ie. buses and cars).

Overall Points of Interest At All Times

The safety of all Special Olympics participants is our utmost priority. As a HOD, it is your primary responsibility to ensure the safety of your athletes.

- All athletes and coaches must wear their credentials at all times.
- Be aware of your surroundings. Seek out a SOPA staff member or hotel staff if you are suspicious of anything.
- Carry a copy of all athlete applications (medical forms) with you at all times.
- Carry emergency phone numbers (in this handbook) with you at all times.

- Meet and get to know any day-of volunteers who are assigned to your group.
- Be sure athletes know not to go off alone with unknown persons or to carry anything for anyone.
- Carry a cell phone if you have one and write down/carry cell phone numbers of other coaches in your delegation. If you are an HOD, ensure that the Fall Festival Committee has your number.
- Remember, there is a zero tolerance policy in effect for any pranks regarding safety of athletes, coaches, or volunteers. Anyone violating this policy will be asked to leave the event with potential for further action.
- Set up (if not already in place) a phone chain with parents and families back home so that they can be notified of an early arrival or a change/cancellation in the schedule that may happen before, during, or at the end of the Fall Festival.

Extra Precautions at the Hotels

- For safety purposes, neither coaches nor HODs may change hotel room assignments without the explicit permission of the Fall Festival Housing Chairperson.
- Keep an up-to-date record of the athletes' hotel room numbers. Make sure that the Games Committee has your most updated list of all delegates' room numbers.
- Write down the room numbers of the medical rooms in your hotel.
- Write down any coaches' room numbers for the athletes so they can call if they need help.
- Give each coach a specific set of rooms to notify and account for in the event of an emergency.
- Confer with all coaches to confirm a meeting point for your delegation in the event of an emergency.
- Do a final room check before going to bed to ensure that all athletes are in

their rooms.

- Have athletes leave their shoes and coats in a place near the door so they can quickly be put on before leaving the hotel in the event of a fire.
- Keep a backpack or bag with the following items in it near the door so that you can quickly grab it in case of emergency: car/van keys, cell phone, emergency numbers, athlete medications, wallet, shoes, coat, and a flashlight.

Meeting Points in the Event of Emergency

Venues

In the event of an emergency, it is the HOD's responsibility to ensure that coaches have accounted for all their athletes and fellow coaches. When leaving a building, use the nearest exit and follow the instructions of Security Personnel. In the event that we need to transport away from a venue, gather your delegation and head towards the following meeting points:

AT VILLANOVA

Opening Ceremonies - SAC Garage

Flag Football - Sidewalk in front of Villanova Church

Long Distance Running and Walking - Sidewalk in front of the Villanova Church

Powerlifting (Connelly Center) - SAC Garage

Soccer (Stadium/5v5) - Ithan Garage (level two by the elevators)

Soccer (Pike Field/7v7/I-skills) - Sidewalk in front of The Mullen Center

Volleyball (Jake Nevin/Team) - Jake Nevin Field House Parking Lot

Volleyball (St. Marys/I-Skills) - St. Mary's Gym

Dougherty Dining Hall - Sheehan Beach

Connelly Center - SAC Garage

The Quad (O-Town) - Sheehan Beach

Donahue Dining Hall - Lawn in front of Stanford Hall

OFF CAMPUS VENUES

Dixon Center – Cabrini Parking Lot

Agnes Irwin - Agnes Irwin Parking Lot

HOTELS

Best Western Parking Lot

Courtyard Plymouth Meeting Parking Lot

Crowne Plaza Valley Forge Parking Lot

DoubleTree Philadelphia West Parking Lot

Embassy Suites Parking Lot

Fairfield Inn Valley Forge - KOP Parking Lot

Holiday Inn Express & Suites - Ft. W Parking Lot

Holiday Inn Express KOP Parking Lot

Hyatt Place Philadelphia Parking Lot

SpringHill Suites PHL - Plymouth Mtg. Parking Lot

The Alloy - DoubleTree by Hilton Parking Lot

Valley Forge Casino Parking Lot

Emergency Evacuation

In the event of evacuation, the Head of Delegation should assemble and account for all members of the delegation and report accountability status to SOPA as soon as possible after the evacuation.

Procedures for Total Evacuation from Area

If SOPA has to ask delegations to evacuate from the Games completely, the

following procedures will be followed:

- SOPA or Committee will notify each HOD by mass text or through a meeting (if time permits) of need to evacuate. We have a master list to ensure we contact everyone.
- If leaving the vicinity and not the Games entirely, we will provide a meeting point and directions.
- If the Games have been canceled and we are sending delegations home, we will give you any time constraints and any evacuation routes to follow if appropriate.
- HODs will account for all coaches and athletes and their belongings.
- HODs will secure transportation for trips out of the area; if transportation is needed contact the Operations Center at (610) 519-4210 or Bruce Bach, Senior Competition Director for SOPA at (215) 718-6967.
- If an athlete is missing and the delegation is ready to depart, contact a staff person at your hotel or a staff person at the venue from which you are leaving. If time is crucial and you must leave the area, one staff person and one coach/volunteer from your delegation will stay behind to look for the missing athlete while the rest of the delegation departs. Once the athlete is found, the coach and staff person will make plans to either meet up with the delegation if nearby or staff person will arrange to take all parties back to their home program. You may also go up to someone with a radio and call in the missing athlete to channel 1.

Inclement Weather Plan

In the event of rain or other inclement weather, indoor events will continue as scheduled. Outdoor competitions will continue until Officials determine that competition is unsafe. Competition will then cease, and an announcement will be made at all venues. For inclement weather prior to the start of competition, the plan will be to place competition on stand-by and wait for the weather to pass.

In the event of weather delay:

- Athletes and coaches should proceed to an indoor venue for shelter.
- Status updates about the delay will be announced at all competition venues and Olympic Town. Official weather delay updates will be available in the Operations Center and the SOPA text chain
- When/If it is deemed safe to continue, competition will resume and announcements will be made appropriately.

Special Olympics PA and the Fall Festival Management Team will make every effort to conduct all events at Fall Festival. However, all Officials and Referees have the authority to suspend or cancel any events for the health and safety of participants.

Please refer to the Important Reference Information section of this handbook for ways to receive weather related updates.

Festival Responsibilities

Head of Delegation (HOD)

- This individual is responsible for the coordination and management of the delegation in matters that affect the entire delegation, particularly as it relates to appropriate conduct of coaches, transportation, housing, meals, entertainment, etc.
- HODs must attend ALL scheduled HOD Meetings. Any concerns that an HOD may have should be addressed to the Fall Festival Management Team and/or SOPA officials at the HOD meetings. Any urgent issues, particularly those related to weather and competition, will be announced at each hotel's front desk and in the two dining halls for breakfast.
- HODs must ensure:
 - That all athletes arrive to all activities on time and at the appropriate location/venue;
 - That accident report forms are completed and submitted to the Operations Center (Dougherty Hall room 102) prior to Sunday at 12:00 P.M.;
 - That credential holders and athlete evaluations are returned before departure; and
- That information is disseminated to Head Coaches. HODs are responsible for the conduct of their coaches at all times.

Head of Delegation (HOD) Meetings

Friday, 2:00 P.M. – 3:00 P.M. | Connelly Cinema, Connelly Center

Sunday, 11:00 A.M. – 12:00 P.M. | President's Lounge, Connelly Center

Coaches

Coaches attending Fall Festival must accept and carry out the following responsibilities while providing for the general welfare, safety, health, and well-being of each Special Olympics athlete under their supervision:

- 24-hour supervision of athletes, working in cooperation with other coaches. **If an athlete needs to leave at any time with a parent/guardian, the parent/guardian must fill out a release form and have it signed by the head coach. These forms will be available at the Operations Center in Dougherty Hall room 102. Once completed these forms need to be signed by a SOPA Staff Member.**
- Ensure that athlete credentials are worn at all times including during Victory Jamboree.
- Assist in reporting to competition area at the proper time.
- Assist in accounting for athletes' luggage and personal items at all times.
- Assist in taking full advantage of Special Events.
- Assist in maximizing the benefits achieved through participation in all events.
- Assist in moving to and from the hotels and venues.
- Assist in being assembled at the proper time and place for Special Events.

Head Coaches

- Are responsible for the actions of all Assistant Coaches and all athletes in their respective sport (See the *Special Olympics Policies* on the Special Olympics website for more information).
- Are responsible for addressing any problems relating to a given athlete or coach during competition.
- Are responsible for having on site for competition all athlete and partner medicals.
- Ensure that athletes are at competition sites at least **15 minutes** prior to competition

and are properly equipped for that sport. **Athletes will be scratched if they are more than 15 minutes late for competition. Heats will not be held for late athletes;**

- Attend all Head Coaches' Meetings for their sport;
- Know National Governing Body Rules and Official Special Olympics Fall Sports Rules Book (Revised Edition) for their sport;
- Update competition times/scores before event for better divisioning (see the Honest Effort Rule section of this handbook); and
- File a protest (if certified) within 30 minutes of the completion of the event. The Head Coach is the only person allowed to file a protest, and only if he/she is certified to do so.

Assistant Coaches

- The Assistant Coach is responsible for assisting the Head Coach at all times.
- If a Head Coach is unable to attend a Coaches' Meeting, an Assistant Coach may attend in his/her place.
- Although Assistant Coaches may not file protests for athletes, they should be familiar with the rules of the particular sport that they coach.

Participants

- Participants must agree to abstain from the use of alcohol and other habit-forming drugs throughout the event.
- Participants should dress and act at all times in a manner that will be a credit to Special Olympics.
- Participants must evince good sportsmanship at all times.
- All emergencies **must be reported** to the appropriate authorities after immediate action is taken to ensure the health and safety of the participants (see the Emergency Medical Procedures section of this handbook).

Important Reference Information

Primary Information Sources

- **Facebook:** VillanovaSpecialOlympics
- **Instagram:** @villanovaspecialolympics & @vuspoarchives
- **Tik Tok:** @VillanovaSpecialOlympics
- **SOPA Website:** <https://www.specialolympicspa.org>
- **NovaSpO Website:** <https://www.novaspo.org>

Use #novaspo & #sopafallfest to connect with us on social media!

Flash Photography

The Media and Publicity Team may, at times, utilize **flash photography** in low-light or dark settings to effectively document Fall Festival activities and capture high-quality images for official use. Prior to taking any photograph, individuals will be **asked for their consent** regarding both the taking of their picture and the use of flash. Participation in any photo session is entirely **voluntary**, and individuals may decline at any time without consequence.

Emergency Numbers

Operations Center (Dougherty Hall, Room 102) (610) 519-4210

Command Center (Dougherty Hall, Room 206) (610) 519-7203

VEMS: Villanova Emergency Medical Services (610) 519-4444

Bryn Mawr Hospital (610) 526-3577

Lankenau Hospital (610) 645-2000

Radnor Fire Company (610) 688-0500

Bryn Mawr Fire Company (610) 525-7702

SOPA Emergency Number (855) 701-9030

Bruce Bach (Sr. Comp Director) (215) 718-6967

Chelsea Hammell (VP of Mission Integration) (215) 630-7859

Steve Koch (Villanova Advisor) (610) 212-4048

In the event of an emergency ON CAMPUS, contact the Command Center at (610) 519-7023.

In the event of an emergency OFF CAMPUS at Cabrini, Agnes Erwin or a Hotel, call 911.

To notify Villanova that an emergency occurred OFF CAMPUS, have a Villanova Committee Member (in navy fleece) radio the Operations Center on the Medicurity Channel (#1).

Do this only after the 911 call has been placed.

Registration

Delegation Arrival

Friday | 9:00 a.m. – 12:00 P.M.

Main Campus, Villanova University

- Your bus should head north on Ithan Avenue after turning off of Lancaster Avenue and then turn left to enter the North Gate (across from the Davis Center and Finneran Pavilion), to drop off athletes. You will be dropped off in Connelly Circle for registration and your bus will exit to park on West Campus for the day.

Delegation Registration

Friday | 10:00 a.m. – 1:00 P.M.

Villanova Room, Connelly Center

Step 1	Only the delegation's HEAD OF DELEGATION (HOD) may attend Delegation Registration. The HOD will pick up their delegation's credentials.
Step 2	The HOD must give Emma Spangler a cell phone number and the cell service carrier where he or she can be reached immediately in case of emergency.
Step 3	The HOD will register with the Computers & Registration Team in the Villanova Room of the Connelly Center. The HODs must present Emma Spangler with a list of scratches and activations* at this time, as well as any missing information. The HOD will pick up credentials for all currently activated coaches and athletes. The Computers & Registration Team will provide the HOD with the delegation's bag of credentials for active

	coaches and athletes.
Step 4	The HOD must return all extra credentials to the Computers & Registration Chairperson, and must request all missing credentials using the included “Missing Credential” sheet. Missing credentials will be available to pick up at the conclusion of Housing Registration.

Credentials

Credentials are to be worn at all times including during competition. If a credential is lost during the weekend, **contact the Computers & Registration Committee** (see phone numbers below), and a new credential will be issued. All plastic credential holders **must be returned to boxes** near the doors of each awards venue.

Format of Credential for Volunteers

Name (Bold Print)

County/Delegation Name

Age

Sport

Role

Format of Credential for Athletes

Name (Bold Print)

Delegation

Sport

All HODs, Head and Assistant Coaches, SOPA Staff and Board Members, SOPA Athletes, and Fall Festival Committee Members, Volunteer Coordinators, and Local Program Hosts will also be issued an around-the-neck credential to be worn at all times during the Festival Weekend. The credentials will be color-coded according to the position of its bearer. Credentials are

non-transferable and **must be worn at all times** while on campus.

Position Type & Color of Credential

Head of Delegation: SOPA

Head Coach: SOPA

Assistant Coach: SOPA

Athlete: SOPA

SOPA Staff/Board Members: SOPA

Delegation Volunteer: SOPA

Fall Festival Committee: Light Blue Paper

Medical: Red Paper

Volunteer Coordinators: Light Purple Paper

Local Program Host: Yellow Paper

Healthy Athletes: Orange Paper

Unified Partner: Lime Green Paper

Photography Volunteers: Teal Paper

Evaluations Team: Ivory Paper

Msc.: Canary Paper

Program Registration:

All Special Olympics Pennsylvania programs will register athletes with SOPA (on a local or state level competition) according to the procedures governing any particular event. If anyone is not pre-registered at any given event and it is brought to the attention of a volunteer or staff member, the following will take place: The coach will be directed to stop the activity until arrangements for home transportation are finalized. This transportation will be the responsibility of the program in violation.

- After a complete review and verification of the circumstances by the manager of the home program, the event liaison and the president of SOPA, and it is determined that the coach/volunteer did in fact cause the deception intentionally, they will be removed from our volunteer listing for no less than one year.

Hotel Registration:

Friday | 3:00 P.M. – 4:00 P.M.

HOD Meeting: Entrance to Villanova Room, Connelly Center, Villanova University

Key Distribution: Connelly Circle, Directly Outside the Connelly Center

Step 1.

- HODs must come with a copy of the housing form that was filled out as part of the Delegation Registration packet. Please verify that every athlete has been housed in your hotel in accordance with the updated SOPA housing policy. If verification is not correct, please email Bruce Back and the Fall Festival Housing Committee.
(bback@specialolympics.org, housing@villanovaspo.com)

Step 2.

- Following the HOD meeting at 3:00 P.M. in the Connelly Cinema. The HOD will pick up and distribute all room keys to the delegation at Connelly Circle. Room keys WILL NOT be available before this time. The HOD is responsible for returning the room keys of any scratched athletes who did not attend Fall Festival by 4:30 P.M. on Friday.

Step 3.

- Any changes to housing arrangements must be made during Hotel Registration and coordinated with both the Hotel Representative and the Fall Festival Housing

Step 4.

- Athlete Housing letters will be given during HOD registration earlier in the day with credentials.
- Chairperson no later than 5:00 P.M. on Friday. It is the HOD's responsibility to ensure that all parties are notified of the changes. Coaches and HODs are not permitted to change hotel assignments without the explicit permission of the Fall Festival Housing Chairperson.
- For security and medical reasons, no room assignments may be changed after the updated housing form is submitted.

Guidelines for Delegations While at Hotels

- All long distance phone services and pay television services (e.g., movies, games, etc.) will be turned off. Coaches who would like to reactivate these services must go to the hotel's front desk and make arrangements on their own.
- Any hotel damages or additional charges will be billed to your delegation.
- For emergency purposes, any changes to housing arrangements made after 5:00 P.M. on Friday must be reported to:
 - Hotel Representative
 - Fall Festival Housing Chairperson (Sarah Doherty: (224) 856-7533) and SOPA Senior Competition Director (Bruce Bach: (215) 718-6967)
 - Operations Center (610-519-4210)
 - All parties must have an updated copy of all Housing Arrangements. Please retain at least one copy of the updated list for yourself. **The Fall Festival Housing Chairperson must explicitly approve any and all such changes.**

Courtesy Rules:

- HODs and Coaches are responsible for their athletes' conduct at all times.
- Quiet hours begin at 11:00 P.M. each night. There will be no running in the hallways. ○ If going from your room late at night, be sure not to disturb people who may be trying to

sleep.

- Refrain from horseplay or rowdy behavior.
- Refrain from playing radios or televisions loudly.

Hotel Check-Out

Sunday | 6:00 A.M. – 11:00 A.M.

The HOD is responsible for checking his/her delegation out of the hotels prior to competition on Sunday morning and for paying any incidental charges at this time. All Delegations must check out of their hotel by 11:00 A.M. on Sunday.

Support Services

Transportation

- Each Delegation is responsible for arranging their own transportation to and from all events
- We emphasize prompt arrival for Opening Ceremonies with doors opening on Friday Evening at 6:15 P.M.
- Shuttle buses will be provided for athletes and volunteers attending competition for bocce at Cabrini University from the Bartley Exchange
- Shuttle buses will be provided for athletes and volunteers attending competition for volleyball at Agnes Irwin from the Bartley Exchange to Agnes Irwin.
- An on-campus shuttle will run to St. Mary's on West Campus and Donahue Hall on South Campus
- Shuttle Schedules can be found below.

Golf Carts

Athletes and coaches are not allowed to ride in the golf carts or Villanova vans throughout the weekend.

Parking

Our parking will be as follows:

- Athletes will be dropped off on Main Campus at Villanova University behind the Connelly Center.
- Buses will be required to park on West Campus throughout the day.
- On **Friday**, all vans, mini-vans, and vehicles transporting athletes will be parked behind The Finneran Pavilion (**A-2**).
- On **Saturday and Sunday**, these vehicles transporting athletes will park in the St. Augustine Center parking garage (**M-2**), with overflow parking available in the Health

Services Building parking garage (**M-1**) and Lancaster Avenue parking lots located next to the Commons.

- A limited number of accessible parking spaces will be available in the St. Augustine Center parking garage throughout the weekend.
- SOPA staff and VIPs will be parking at the St. Augustine Center (**M-2**) parking garage and Health Services Building parking garage (**M-1**) on **Friday**, but **Saturday and Sunday** will be in the Health Services Building parking garage (**M-1**) and the parking lot behind The Finneran Pavilion (**A-2**).
- The (**A-2**) parking lot behind The Finneran Pavilion will be reserved for athletics on **Saturday from 2 pm onward**. SOPA VIP/Staff should park in **M-1** or **I-1** if they plan to be on campus past 2pm. There will be no fee for parking in **I-1** on Saturday.
- Volunteers and spectators may park in the **L-2 and L-3** Parking Lots (across the street from the St. Thomas of Villanova Church, next to The Commons), the **S-4** and **S-5** Parking Lots on West Campus, the **I-2** Parking Lot on South Campus, or in the **I-1** Ithan Garage, which will have a fee on Friday and Sunday.
- For all garage parking, please make sure to check the garage height restrictions outlined in the Parking and Transportation Handbook. The Lancaster Avenue parking lots are alternatives for athlete parking.

****Detailed instructions and directions will be communicated via email closer to Fall Festival in the Parking and Transportation Handbook****

Shuttle Services

There will be one on-campus shuttle to West Campus Friday, two on-campus shuttles to West and South Campus Saturday, and two on-campus shuttles to South Campus and parking locations running Sunday. There will be two off-campus shuttles running to Cabrini University Friday, Saturday, and Sunday. **See Appendix G for times**. There will also be two off-campus shuttles running to Agnes Irwin Saturday and Sunday. **See Appendix F for times**.

Food Services

All meals will be catered and served by Villanova University Dining Services. To improve mealtime efficiency, it is imperative that all teams adhere to their assigned time and location.

All athletes and coaches will be provided meals throughout the weekend free of charge. Be sure to check out all of the healthy dining options offered during all meal times.

- SOPA will be providing boxed lunches for athletes with competition off-campus at Cabrini and Agnes Irwin
- On Friday, dinner will be served in Dougherty Dining Hall and Donahue Court
- On Saturday breakfast will be served in Dougherty Dining Hall and Donohue Court
- On Saturday, lunch will be served in Dougherty Dining Hall and Donahue Court.
- On Saturday, dinner will be served in Dougherty Dining Hall.
- On Sunday, breakfast will be served in Dougherty Dining Hall and Donohue Court

Please enter and exit dining halls promptly so that other delegations may enter the halls

Friday		
Dinner 4:30 P.M. – 6:30 P.M.	Menu - Roasted Turkey with gravy - Fresh Mashed Potatoes - Vegetable Lasagna - Seasonal Fresh Veg Medley - Fruit Salad Bowl - Stuffed Orzo Peppers - Green Beans - Tossed Garden Salad	
	Dougherty Dining Hall	Donahue Court
	<u>4:00 - 4:45 P.M.</u> Adams, Beaver, Cambria, Clarion, Crawford, Fayette, Montgomery, Northampton, Schuylkill <u>4:45 - 5:30 P.M.</u>	<u>4:00P.M. – 5:15 P.M.</u> Butler, Centre, Clinton, Dubois Jefferson, Elk Cameron, Erie, Lebanon, Mifflin/Juniata

	Allegheny, Area M, Armstrong/Indiana, Chester, Franklin, Lawrence, Mercer, Monroe <u>5:30 - 6:15 P.M.</u> Bradford Sullivan, Bucks, Columbia Montour, Delaware, Lancaster, Philadelphia, Washington/Green, Westmoreland, York	<u>5:15 P.M. – 6:30 P.M.</u> Area P, Berks, Bethlehem, Blair, Carbon, Lehigh, Luzerne, Lycoming, Northumberland/Snyder, Potter
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Saturday		
Breakfast 6:30 A.M. – 9:30 A.M.	Menu - Hard Boiled eggs - Oatmeal - Pork Sausage Link - Tater Tots - Turkey Sausage Patty - French Toast Sticks - Scramble Egg/Scramble Egg Whites - Tofu Scramble - Daily Breakfast Offerings (Cereal, Cut Fruit, Berries, Bagels, and Sweet Breads)	
	Dougherty Dining Hall	Donahue Court
	Adams, Beaver, Bradford Sullivan, Bucks, Butler, Chester, Clarion, Crawford, Dubois/Jefferson, Franklin, Lancaster, Lebanon, Mercer, Mifflin/Juniata, Montgomery, Northampton, Philadelphia, Potter, Schuylkill, Westmoreland, York	Allegheny, Area M, Area P, Armstrong/Indiana, Berks, Bethlehem, Blair, Cambria, Carbon, Centre, Clinton, Columbia Montour, Delaware, Elk Cameron, Erie, Fayette, Lawrence, Lehigh, Luzerne, Lycoming, Monroe, Northumberland/Snyder, Washington/Green

Lunch 11:00 A.M. – 2:00 P.M.	Menu	
	- Grilled Chicken - Veggie Burger - Tossed Salad Bowl - Hot Dogs - Crinkle Cut French Fries - Fruit Bowl - Pub Burger - Steamed Broccoli	
	Dougherty Dining Hall	Donahue Court
	Adams, Area M, Armstrong/Indiana, Crawford, Bethlehem, Bradford Sullivan, Bucks, Cambria, Carbon, Chester, Clarion, Columbia Montour, Dubois/Jefferson, Mifflin/Juniata, Franklin, Lancaster, Lawrence, Lebanon, Lehigh, Lycoming, Mercer, Montgomery, Northampton, Philadelphia, Potter, Schuylkill, Westmoreland, York	Allegheny, Area P, Beaver, Berks, Blair, Butler, Centre, Clinton, Delaware, Elk Cameron, Erie, Fayette, Luzerne, Monroe, Northumberland/Snyder, Washington/Green
Dinner 4:30 P.M. – 7:00 P.M.	Menu	
	- Chicken Parmesan - Vegan Portabella - Tossed Salad Bowl - Penne Marianna and Meatballs - Mushroom Pizza - Pudding and Jello - Roasted Cauliflower - Roasted Brussel Sprouts	
	Dougherty Dining Hall	

	<u>4:30 - 5:15 P.M.</u> Adams, Beaver, Bradford Sullivan, Cambria, Centre, Clarion, Dubois/Jefferson, Lebanon, Lehigh, Mifflin/Juniata, Montgomery, Northampton, Potter, Schuylkill	
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	<u>5:15 - 6:00 P.M.</u> Allegheny, Area M, Armstrong/Indiana, Berks, Bethlehem, Chester, Crawford, Erie, Franklin, Lawrence, Luzerne, Monroe, Northumberland/Snyder, York <u>6:00 - 6:45 P.M.</u> Area P, Blair, Bucks, Butler, Carbon, Clinton, Columbia Montour, Delaware, Elk Cameron, Fayette, Lancaster, Lycoming, Mercer, Philadelphia, Washington/Greene, Westmoreland	
Sunday		
Breakfast 6:30 A.M. – 9:30 A.M.	Menu	
	- Hard Boiled Egg - Bacon - Egg White Scramble/ Scramble Egg - Hashbrown Triangle - Pancakes - Potato - Oatmeal - Turkey Sausage Link - Daily Breakfast Offerings (Cereal, Cut Fruit, Berries, Bagels, and Sweet Breads) - Tofu Scramble	
	Dougherty Dining Hall	Donahue Court
	Adams, Beaver, Bradford Sullivan, Bucks, Butler, Chester, Clarion, Crawford, Dubois/Jefferson, Franklin, Lancaster, Lebanon, Mercer, Mifflin/Juniata, Montgomery, Northampton, Philadelphia, Potter, Schuylkill, Westmoreland, York	Allegheny, Area M, Area P, Armstrong/Indiana, Berks, Bethlehem, Blair, Cambria, Carbon, Centre, Clinton, Columbia Montour, Delaware, Elk Cameron, Erie, Fayette, Lawrence, Lehigh, Luzerne, Lycoming, Monroe, Northumberland/Snyder, Washington/Green
Lunch 12:00 P.M. – 1:30 P.M.	Menu	
	Boxed Sandwich lunches from Wawa (vegetarian and gluten-free available)	
	Lunch will be served in Connelly Circle.	

Meal Accommodations

There will be gluten-free and vegetarian options available at all meals. All halls are nut-aware (do not cook with nuts). Otherwise, allergies or other meal accommodations will be dealt with on an as-needed basis. Please let a committee member know of an allergy upon entering the Dining Hall if necessary.

Dining Hall Procedures

- Dougherty Dining Hall: Athletes should enter the main door of Dougherty Hall from the Riley Ellipse and follow volunteer directions to enter the Dining Hall, Tent, or Café Nova. Athletes should not enter dining hall from the driveway door to Dougherty. There should be someone outside of that door directing athletes to enter through the Riley Ellipse doors.
- Donohue Court: Athletes should enter the main door of Donohue Court on the Good Counsel side of the hall and follow volunteer directions to enter the dining facility.
- All dining facilities are physically accessible
- Every athlete and coach MUST wear his or her credentials at all times. Entrance will not be permitted without a credential.
- In order to avoid overcrowding and confusion, you will only be served at the assigned time and location. It is imperative that teams adhere to the designated dinner time and location.
- Notify the Food Committee member checking your team into the dining hall if an athlete has prescribed dietary specifications.
- Remember to arrive during Dining Hall Hours of Operation; Dining Halls will close on time and latecomers will not be permitted to enter.
- Coaches should assist Dining Services staff by having their athletes leave the Dining Hall immediately after they have finished their meal. This will help move everyone through efficiently with less confusion.
- If any member of your dining party needs accommodations in seating

arrangements, notify a Food Committee member upon arrival in the Dining Hall.

- If competition interferes with your assigned meal time, we will work to accommodate your party upon arrival.

Competition

Head Coaches Meetings and Briefings

Sport	Friday	Saturday	Sunday
Bocce	12:45 P.M. – 1 P.M. in Dixon Center, Cabrini		
Flag Football	12:30 P.M. – 1 P.M. at Austin Field & 5 P.M. – 6 P.M. in Bartley Hall, Room 2044	5 P.M. in Bartley Hall, Room 2044	
LDR/W	12:30 P.M. – 1 P.M. at Austin Field Start/Finish Line		
Powerlifting	12 P.M. – 12:30 P.M. in St. David Room, Connelly Center		
Soccer	5 v 5: 12:30 P.M. – 1 P.M. in Villanova Stadium & 5 P.M. – 6 P.M. in Bartley Hall, Room 2045 I-Skills: 12:30 – 1 P.M. at Pike Field & 5 P.M. – 6 P.M. in Bartley Hall, Room 2046 7 v 7: 12:30 P.M. – 1 P.M. at Pike Field &	5 v 5: 5:30 P.M. in Bartley Hall, room 2045 7 v 7: 5:30 P.M. in Bartley Hall, room 2046	

	5 P.M. – 6 P.M. in Bartley Hall, Room 2046		
Volleyball	Team: 12:15 P.M. – 1 P.M. in Jake Nevin Field House & 5:30 P.M. (following competition) in Jake Nevin Field House I-Skills: 12:45 P.M. – 1 P.M. in St. Mary's Gym & 5:30 P.M. (following competition) in St. Mary's Gym		

General Rules

The Official Special Olympics rules shall govern all Special Olympics competitions. As an international sports program, Special Olympics has created these rules based upon the International and National Governing Bodies (NGB). NGB rules shall apply except when they are in conflict with the Official Special Olympics rules. In such cases, the Official Special Olympics rules shall prevail.

- Only registered athletes will be eligible to participate in the Games. The Games Committee shall review decisions about ineligibility due to improper registration.
- Athletes must be at least eight years of age as of November 1st, 2022 to be eligible for competition. The Young Athletes Program is offered in-person for those athletes less than eight years of age.
- Coaches will not be allowed access to the staging area and are not permitted in the competition area. However, coaches may be allowed to assist aurally or visually impaired athletes during competition, when appropriate. In instances where assistance is required, the Head Coach must request the exemption from the Sports Rules Committee

at the Head Coaches Meeting. The request must fully explain the circumstances that mandate the on-course assistance.

- Athletes may be required to participate in time trials or preliminary events. Failure to do so may result in the disqualification of athletes from competition.
- In case an athlete is too ill to participate in time trials or preliminaries, an exemption may be granted by the Games Committee or Sports Rules Committee prior to the event.
- All flag football, soccer and volleyball teams must stay at their respective venues until the end of preliminaries so that we may properly division all teams.
- Any team or athlete more than 15 minutes late will be automatically forfeited.
- Divisions will be determined based upon ability, age, sex, and final times/scores from sectional or prior competition, team skills assessment scores, and classification rounds. If an athlete is registered with no entry time or does not compete in preliminary competition, they will be placed in a heat of his/her own and will be given a participation ribbon.
- **Wearing cleats of any kind is prohibited in any indoor, non-athletic spaces.**

Everybody Plays

Special Olympics celebrates and strives to promote the spirit of sportsmanship and a love of participation in sports for its own sake. To that end, Special Olympics aims to provide every athlete with an opportunity to participate in training and competition events which challenge that athlete to his or her fullest potential, regardless of the athlete's level of ability. Special Olympics therefore requires that Special Olympics Games and Tournaments offer sports and events that are appropriate for athletes of all levels of ability, and in the case of team sports, provide every athlete with an opportunity to play in every game.

Honest Effort Rule

Athletes, partners, and coaches who do not participate honestly and with maximum effort in all events, or in a sportsmanlike manner, will be disqualified from current and possibly future events. Any athlete or partner disqualified for a MER violation will receive a participation

ribbon. It is the responsibility of the head coach or head of delegation to ensure that the best time or score is submitted to the committee and updated, if necessary, prior to the event.

- Team Sports (Bocce, Flag Football, Soccer, and Volleyball) – The Divisioning Committee or Sports Rules Committee reserves the right to change a team's division during the final competition. This will take place during the 1st or 2nd game in pool play.
- Individual Sports (LDR/W) – Athletes that are timed 25% better than their best time/score (either preliminary or entry score) will receive a participation award.

Code of Conduct

Please see the Special Olympics Policies on the Special Olympics website for more information.

Forfeits

Any coach who elects to forfeit a game or individual match must seek approval of the Sports Rules Committee. If approved, the team will take a loss for that game or match; if denied, the team must play the opposing team or be disqualified from the tournament. If a team tie occurs, all competition from the disqualified team will be disregarded from the standings. The team who forfeits receives zero (0) points. The opponent in bocce receives 12 points; the opponent in soccer receives two (2) points; and the opponent in volleyball receives 25 points (25 for two games; best of three (3) match).

Protests

Protests may be filed by a Special Olympics certified head coach only. Any other person attempting to file a protest will be immediately rejected. The head coach must file the protest within 30 minutes after the completion of the protested competition or event.

Protests may only be filed for the following reasons:

- Misinterpretation of a playing rule

- Failure of a referee/judge/official to apply the correct rule or penalty for a given violation Protests regarding judgment calls by officials will not be considered.

All forms must be submitted to the scorer/announcer's table at the venue or to the Fall Festival Committee member at the venue. The Rules Committee will then rule on the protest. The members of the Sports and Games Rules Committees will be announced at each Head Coaches' Meeting. The Head Coach filing the protest will be notified of the decision. He or she may then decide to appeal a rejected protest to the Games Rules Committee (submit to scorer's table) and have the Games Rules Committee paged.

Appeals of denied protests may be submitted to the officials' table at each venue or at the Head Coaches' Meetings that evening. An appeal will be decided within 24 hours after it is submitted.

Protest and appeal forms can be obtained from the officials' or scoring tables at each venue.

Game Rules Committee

In case of an appeal to a denied protest, the following individuals will act as the deciding body to rule a final decision:

Caroline Hundley – Director of Competition

Bruce Bach – SOPA Senior Competition Director and Staff Liaison

Michelle Boone – SOPA VP of Sports

Head of Delegation & Assistant Head of Delegation – will be announced at the Head of Delegation Meeting

Sports Rules Committees

Bocce:

- Deb Andrews
- Laura Davis
- Jennifer Tresp
- Teddy Archer
- Annie Ralph
- Ashlyn Davis

Flag Football:

- Jason Merola
- Al Garzon
- Chase Proudfit
- Caite Cohen
- Brian Ciarlone
- PJ Gruskin
- Sarah Conn

LDR/W:

- Scott Otterbein
- Ashley Herr
- Nick Grieco
- Jenna Garzone
- Kelsey Therrien

Powerlifting:

- Joe Braca
- Alice Moat
- Aaron Cook
- Abigail Homicz
- Daniel Gillette

Soccer:

- Madi Welliver
- Shannon Pechart
- Julia Hart
- Amelia Batres
- John Bishop
- Catherine Bartushak
- Colleen McDonald
- Maggie Harris
- Emelia Valentino

Volleyball:

- MaryEllen Brown
- Erika Christiansen
- Brynne Wacker
- Emma Behrman
- Julia Geib
- Dorothy McCarthy

- Jack Ference

Bocce

Overview

National Governing Body: International Federation for Bocce

Fall Festival Chairperson: Teddy Archer (bocce@villanovaspo.com)

Fall Festival Assistants: Annie Ralph, Ashlyn Davis

Sports Director: Deb Andrews

Sport Management Team: Laura Davis

SOPA Representative: Jennifer Tresp

Athlete Representative: Natalie Wilmot

Location

Cabrini University, Dixon Center

1290 Upper Gulph Road

Wayne, PA 19087

**** Use Upper Gulph Road Entrance (not Cabrini main entrance)**

Events

Traditional Doubles

Unified Doubles

Head Coaches' Meetings and Briefings

The following meetings are scheduled for Head Coaches to obtain sports-specific information and address competition concerns. It is the Head Coaches' responsibility and obligation to attend all Head Coaches' Meetings.

Friday | 12:45 P.M., Cabrini Dixon Center

Attire

Athletes participating in competition must wear appropriate sports attire. Please remember that the athlete may wear no commercial advertising during ceremonies, competition, or awards.

An athlete who is not appropriately dressed will not be able to participate in competition.

- Denim pants or athletic shorts are not appropriate for any competition.
- Baseball caps/visors are the only appropriate hats to be worn during competition.
- Collared shirts are required.
- Shirt color: please refrain from wearing solid red shirts. Red denotes the medical staff. We have chosen this color so volunteers can be easily identified and quickly located.
- Athletes traveling long distances who may not have time to change should arrive in appropriate attire.
- Athletes must be in closed toed shoes.

Equipment

All equipment for competition will be provided.

Facilities

Villanova will provide water for athletes in the meeting room outside the competition space.

Lunch will be catered at the competition venue for athletes.

The rolling awards ceremony will begin on Sunday at 9:00 A.M. in the Hamilton Family Foundation Conference Room on the lower level of the Cabrini Dixon Center.

Athletes should arrive at the venue ready for competition.

Restrooms will also be available inside at Cabrini.

Spectator Seating

Each venue will have designated seating or areas for spectators. Respect the areas designated for coaches and athletes. Note the following areas to be aware of for the safety and fun of all participants:

Acceptable areas: Spectator seating area

Unacceptable areas: On the court or the team area/benches

Cabrini Information

Competition Schedule

Friday, November 7th | 1:30 P.M. - 4:30 P.M.

Saturday, November 8th | 9:00 A.M. - 5:30 P.M.

Sunday, November 3th | 9:00 A.M. - 12:00 P.M.

There will be Bleachers and some seats on the upper tract for Spectators. It is highly recommended that spectators bring lawn chairs if they would prefer to sit and watch competition from the upper tract.

Cabrini will feature activities, games, music, and Healthy Athletes tables to keep athletes and spectators entertained in between competitions.

Athletes and spectators are recommended to bring their own reusable water bottles

NO FOOD OR DRINK ALLOWED ON THE UPPER LEVEL. All food and drink must be consumed and stored on the lower level only.

Cooperation and patience will be needed with the new venue and all volunteers. With a focus on cooperation with volunteers, competition will run efficiently. If there are any concerns during the competition, please contact the SOPA representatives that will be present at the event.

Awards

Sunday | 9:00 A.M. (ROLLING)

Hamilton Family Foundation Conference Room on the first level of the Cabrini Dixon Center

Rules

A. Competition

- a. Pool play or brackets will be used depending upon the size of the division.
- b. Teams 10 minutes late from the scheduled start time will forfeit that game.
- c. Pool Play games will be played on Friday afternoon and Saturday morning.
 - i. Games are played for 20 minutes or until a team earns 12 points.
 - ii. The Scorekeeper will announce a 10 minute and 2 minute warning prior to the end of the 20 minute game end time.
 - iii. One 1-minute timeout can-t be used anytime during the game by each team per game when they are in possession of the ball/Pallina.
 - iv. After the 2 minute warning the frame in play will be completed. An additional frame will only be played if the score is tied at the end of the game. Final rounds will be played Saturday afternoon and Sunday morning.
 - v. Final rounds will be played for 30 minutes or 12 points whichever comes first.
- d. Paddles will be used by the official to show which team is up to roll the bocce.

B. Divisioning

- a. Athletes will be placed in divisions by their submitted entry score.
- b.

C. General Rules

- a. Each team must designate a “Team Captain”. The Captain will witness the coin toss and either team member may request a measurement at any time during the frame.
- b. A coin toss by the referee will determine which team has the pallina and choice of ball color.
- c. Rotation of Players – The players of any given team may elect to play their ball in any rotation, provided the one who tosses the pallina delivers the first bocce ball. The rotation may vary from frame to frame; however, no one player may deliver more than his/her allotted number of balls which is 2.
- d. Balls may be rolled, banked, etc. They may also “spock” or hit opponents’ balls to try to gain position or push opponents “out”.
- e. A player can grip the ball by placing his or her hand over or under the ball, as long as the ball is delivered in an underhand style. An underhand delivery is defined as releasing the ball below the waist.
- f. A two-hand delivery is legal - as long as the ball is released below the waist.
- g. Volunteers will be provided to assist athletes in and out of the service box.

D. Scoring

- a. Points are given to the team who has established the “in” position by the end of the frame. That team is also given an additional point for every one of their balls that is closer to the pallina than their opponent’s balls.
- b. Can measuring tapes will be used for all measurements.

E. Coaches

- a. Coaches may coach their athletes during competition at the following times:
 - i. Prior to the match
 - ii. During a time out
- b. Coaches/spectators may not:
 - i. Call the athletes out of the service box
 - ii. Enter the service box
 - iii. Coach from the sideline or coach at any time during play
- c. Coaches will receive one warning about coaching during play at the coaches meeting prior to competition. If a coach receives a second warning during competition, they lose their right to sit in the coaches chair for the remainder of the tournament. If the behavior continues, the athletes will forfeit that match.

F. Ties

- a. Ties during frame: The team that rolled last will continue to roll until the tie is broken
 - b. Ties at the end of the frame: In the event that the two balls closest to the pallina belong to opposing teams and are tied, no points will be awarded. The pallina returns to the team that last delivered it. Play resumes from the end of the court from which the frame was last played.
 - c. Tournament ties: Tie breaking procedures for teams involved in the tie only:
 - i. Head to head competition (for a two-way tie)
 - ii. Least points scored against (all games for the teams tied within pool play)
 - iii. Point differential (all games for the teams tied within pool play)
- G. Unified Sports Team
- a. Each Unified Sports doubles team shall consist of one athlete and one partner.
 - b. Each game shall commence with a coin toss. Either member of the team that wins the toss starts the game by throwing the pallina and the first ball. The second ball is thrown by either member of the opposing team.

Flag Football

Overview

National Governing Body: Special Olympics of Pennsylvania

Fall Festival Chairperson: Caite Cohen (flagfootball@villanovaspo.com)

Fall Festival Assistants: Sarah Conn, PJ Gruskin, Brian Ciarlone

Sports Director: Al Garzon

SOPA Representative: Jason Merola

Athlete Representative: Peter Handley

Location

Austin Field, Villanova University

See Appendix B for venue map.

Accessibility

A new accessible ramp has been installed at Austin Field to ensure that all visitors can easily access the flag football field and spectator areas. The ramp will provide a safe and gradual decline for wheelchairs, strollers, and mobility devices.

Events

Unified & Traditional Team Competition - Austin Field

Individual Skills Competition

Head Coaches' Meetings and Briefings

Unified & Traditional Team Competition

The following meetings are scheduled for Head Coaches to obtain sports-specific information and address competition concerns. It is the Head Coaches' responsibility and obligation to attend all Head Coaches' Meetings.

Friday | 12:30 P.M., Austin Field

Friday | 5:00 P.M., Bartley Hall, Room 2044

Saturday | 5:00 P.M., Bartley Hall, Room 2044

Attire

Athletes participating in competition must wear appropriate sports attire. Please remember that the athlete may wear no commercial advertising during ceremonies, competition, or awards.

All participants must have a playing uniform consisting of shirts/shorts/pants. The shirt must have matching numbers on the front and back. The shirt must be able to be tucked in at the waist to avoid obstructing flag pulling. The shorts cannot have pockets. The shorts must be a contrasting color to the flags. No denim is allowed.

No jewelry may be worn (rings, bracelets, necklaces, earrings, etc.)

Players must wear rubber-cleated or flat-soled athletic shoes. Metal cleats, spikes, hiking boots or other equipment deemed dangerous by officials will not be allowed.

Equipment

A Protective Mouthpiece Must Be Worn At All Times.

A one-piece, three-flag belt will be worn during the game all times.

Facilities

All games will be played on grass. Restrooms will be available in Dougherty Hall.

Spectator Seating

Each venue will have designated seating or areas for spectators. Respect the areas designated for coaches and athletes. Note the following areas to be aware of for the safety and fun of all participants:

- **Acceptable areas:** Along the field/sideline marked for spectators
- **Unacceptable areas:** On the field or on the team area/benches, path or LDRW racers

Awards

Team Competition & Individual Skills: Sunday | 10:30 A.M., Villanova Room, Connelly Center

Rules

Special Olympics flag football is non-contact.

The games shall be played between two (2) teams of five (5) players. Five (5) players are required to start the game.

Traditional Teams:

- The team roster may contain a maximum of ten (10) players.
- Teams shall field five (5) players to start the game (required).

Unified Teams: Five (5) players are required to start the game, three (3) athletes and two (2) partners. Substitutions (athlete for athlete/partner for partner)

- Any player on the roster may enter upon the completion of a play (dead ball).
- Each substitute must play at least one (1) down prior to being replaced.

- A replaced player must leave the field immediately.

Points of Emphasis

- A. No team shall repeatedly commit penalties/fouls which halve the distance to the goal line.
- B. Neither team shall commit any act which, in the opinion of the referee, tends to make a travesty of the game.
 - a. This includes intentionally committing penalties/fouls to gain an advantage.
- C. The referee will enforce any penalty they consider equitable, including the award of a score for an unfair act.

Coin Toss

- A. A coin toss determines first possession.
- B. Each team will provide two (2) captains.
- C. The officials and team captains will meet three (3) minutes prior to the start of the contest to conduct the coin toss.
 - a. The visiting team captain will be given the choice of heads or tails prior to the toss.
 - b. The winner of the coin toss shall have to choose whether their team will start on offense or defense

Possessions

- A. All possessions, except following an interception, start at the offensive team's 5-yard line.
- B. The offense has four (4) downs to cross mid-field.
- C. Once the offense crosses mid-field, they have four (4) additional downs to score a touchdown.
- D. If the offensive team fails to cross mid-field or score a touchdown in a prescribed number of downs, possession of the ball changes and the opposite team starts at their 5-yard line.
- E. When determining forward progress, mark the forward point of the ball, not the player, when the ball becomes dead by rule (ball carrier's flag belt is pulled or hand/knee touches ground, whistle sounds, etc.).

Game Timing

Game Length

A. Standard Timing

- a. The game shall consist of two (2) 20-minute halves (running clock) until the last (1) minute of each half.
- b. During the last (1) minute of each half the clock:
 - i. Stops for: incomplete passes, scoring plays, changes of possession, out of bounds, or first downs.
 - ii. Restarts on the snap.
 - iii. Does not start for extra point attempts (untimed down).

General Timing

- A. Each team receives two (2) 60-second time-outs per game.
 - a. The clock will stop for all time-outs and restart on the snap.
- B. There shall be a 5-minute halftime.
- C. Officials can stop the clock at their discretion (injuries, delays, etc.).

Overtime

- A. Occurs if the score is tied at the end of regulation play.
- B. All regulation rules and penalties are in effect during overtime.
- C. There are no time-outs.
- D. A coin toss is held to determine first possession (called by the home team).
- E. Each team receives two (2) downs beginning at midfield to score or gain the most yards.
 - a. If the team with the first attempt in overtime scores on the first play, the opposing team must score on its first play also. There are no attempts at extra points in overtime.
 - b. If both teams score a touchdown, or gain the same yardage, the procedure is repeated until one (1) team wins.
- F. Teams will alternate possessions towards the same goal until there is a winner if there are multiple overtimes.
- G. The team that started with the first overtime possession will possess the ball second in the next overtime.
- H. The team gaining the most points or gaining the most yards is awarded one (1) extra point to the tied score and wins the game. Exceptions to this rule are interception: The team that intercepts the pass automatically wins the game.

Scoring

- A. Touchdown: six (6) points.
- B. Extra Point
 - a. One (1) point from the 6-yard line.
 - b. Two (2) points from the 12-yard line.
 - c. Penalty enforcement will change the spot of the attempt, not the point value of the extra point attempt.
- C. Safety: two (2) points: A safety is scored when the ball becomes dead in the defense's end zone.
- D. Mercy Rule: If a team is up twenty five (25) or more points in the last minute of the game, the clock will continue to run.

Live Ball & Dead Ball

- A. Live Ball
 - a. A live ball is a ball in play. A ball becomes live when the ball is legally snapped, and a down is in progress.
 - b. Generally used in regard to penalties, live ball penalties are considered part of the play and must be enforced before the down is considered complete.
- B. Dead Ball
 - a. Refers to the period of time immediately before or after the play.
 - b. Play is ruled dead when:
 - i. The ball carrier's flag is pulled.
 - ii. The ball carrier loses their flag.
 - iii. The ball carrier steps out of bounds.
 - iv. The ball carrier's knee or hand touches the ground.
 - v. A touchdown, extra point, or safety is scored.
 - vi. When a forward pass strikes the ground.
 - vii. When a forward pass is caught simultaneously by opposing players (the offense retains possession).
 - c. An offensive receiver without a flag belt catches a ball.
 - d. A snapped ball touches the ground.
 - e. The ball is immediately dead if fumbled (hits the ground).
 - i. If fumbled forward, the ball is spotted where the ball carrier's feet were at the time of the fumble.
 - ii. If the ball falls backwards, it is marked where it hits the ground.
 - f. When there is an inadvertent whistle (official's whistle that is blown in error)

Running the Ball

A. Running

- a. The quarterback (first player gaining possession of the snap) cannot advance the ball across the line of scrimmage at any point during a down even if a legal handoff has occurred (illegal procedure).
- b. Ball carriers MUST make an effort to avoid defenders with an established position.
- c. Only direct handoffs behind the line of scrimmage are legal.
 - i. Direct handoffs may be forward, backwards, or to the side of the quarterback/offensive player but must occur behind the line of scrimmage.
 - ii. Transferring possession from one (1) teammate to another without throwing, tossing, or kicking the ball.
 - iii. The offense may have unlimited handoffs until the ball crosses the line of scrimmage.
- d. The ball is marked at the spot where the forward point of the ball is when the player is declared down (ball carrier's flag belt is pulled or hand/knee touches ground).

B. No Run Zones

- a. Located 5-yards before the mid-field line and goal line.
- b. Any ball snapped from on or in these zones must be passed.
- c. The purpose of no run zones is to avoid short yardage, power running situations.
- d. If the line of scrimmage is broken by a runner, prior to being passed in a no running zone, it is an illegal procedure penalty.

Passing & Receiving

A. Passing and Receiving by the offense

- a. All passes must be forward and received beyond the line of scrimmage.
 - i. Backward passes (laterals or pitches) are illegal regardless of field location.
- b. Shovel passes are allowed but must be received beyond the line of scrimmage.
- c. All players are eligible to receive a forward pass, even the quarterback following a legal handoff.
 - i. Unified Sports® exception: if a partner throws a pass, only athletes are eligible receivers. No partner-to- partner passes.
 - ii. If a player steps out of bounds, they may not be the first player to touch the ball.
- d. Only one (1) offensive player is allowed in motion but may not be moving toward the line of scrimmage at the snap.

- e. A player must have at least one (1) foot in bounds when making a catch.
- f. Interceptions may be returned for positive yardage.
 - i. Thus, all defensive players are required to wear flag belts.
 - ii. An interception on an extra point maybe returned for 2 points, if defender is wearing a flag belt.

Rushing the Quarterback

- A. All defensive players who rush the quarterback must be a minimum of seven (7) yards from the line of scrimmage when the ball is snapped.
 - a. If a rusher crosses the rush line early (within 7-yards from the line of scrimmage at snap), they may return to the rush line, reset, and then legally rush the quarterback.
- B. A special marker, placed by the official, will designate the spot seven (7) yards from the line of scrimmage when the ball is snapped.
 - a. Players not rushing the quarterback may defend the line of scrimmage.
 - b. Once the quarterback hands off the ball, all defenders are eligible to rush.

Long Distance Running/ Walking

Overview

National Governing Body: United States Track & Field (USATF)

Fall Festival Chairperson: Nick Grieco (ldr@villanovaspo.com)

Fall Festival Assistants: Jenna Garzone, Kelsey Therrien

Sports Director: Scott Otterbein

SOPA Representative: Ashley Herr

Athlete Representative: Celine Heffron

Location

Sheehan Beach (Adjacent to Austin Field), Villanova University

See Appendix C for course maps.

Events

Friday | 1:30PM, 1500 Meter Walk/Unified Sports Walk

Friday | 2:00 PM, 1500 Meter Run/Unified Sports Run

Saturday | 9:00AM, 5000 Meter Run/Unified Sports Run

Saturday | 10:00AM, 3000 Meter Walk/Unified Sports Walk

Saturday | 11:00 AM, 3000 Meter Run/Unified Sports Run

Sunday | 8:30AM, 5000 Meter Walk/Unified Sports Walk

Sunday | 8:30AM, 10000 Meter Run/Unified Sports Run

Head Coaches' Meetings and Briefings

The following meetings are scheduled for Head Coaches to obtain sports-specific

information and address competition concerns. It is the Head Coaches' responsibility and obligation to attend all Head Coaches' Meetings.

Friday | 12:30 P.M. – 1:00 P.M., Austin Field Start/Finish Line, Villanova University

Attire

Athletes participating in competition must wear appropriate sports attire. Please remember that the athlete may wear no commercial advertising during ceremonies, competition, or awards. **An athlete who is not appropriately dressed will not be able to participate in competition.**

T-shirt color: please refrain from wearing solid red T-shirts. Red denotes the medical staff. We have chosen this color so volunteers can be easily identified and quickly located.

Proper running shoes are to be worn, with the exception of running spikes. Shirt must be tucked into running pants.

Equipment

Bib numbers and safety pins will be provided during registration for all athletes. Race numbers should be displayed on the front of the athlete.

Flags and/or pylons will mark the course. Course marshals will be situated along the course during the competition. Athletes and coaches will be able to inspect the course at the following times:

- Prior to competition
- Friday afternoon between 11:00 A.M. and 12:30 P.M.

Facilities

Restrooms will be available in Dougherty Hall.

Spectator Seating

Each venue will have designated seating or areas for spectators. Respect the areas designated for coaches and athletes. Note the following areas to be aware of for the safety and fun of all participants:

- **Acceptable areas:** In the marked areas near start/finish line
- **Unacceptable areas:** On the course or at the start/finish line

Awards (Rolling)

1500m Walk: Friday | 2:00 P.M., Sheehan Beach Tent

15000m Run: Friday | 2:30 P.M., Sheehan Beach Tent

5000m Run: Saturday | 9:30 A.M., Sheehan Beach Tent

3000m Walk: Saturday | 10:30 A.M., Sheehan Beach Tent

3000m Run: Saturday | 11:30 A.M., Sheehan Beach Tent

5000m Walk, Steve English Memorial 5K Walk/10K Run and Unified Sports:

Sunday | 9:15 A.M., Sheehan Beach Tent

Rules

- A. Divisioning
 - a. Athletes will be divisioned based upon entry times. Please be sure to submit the best competition time for this season to the hundredths of a second (e.g., 1:06:16) to ensure more accurate divisions.
- B. Finish
 - a. The winner will be determined by the fastest person in each division.
- C. Unified
 - a. One Unified Sports Team will consist of a Special Olympics athlete and a non-Special Olympics partner of comparable ability.
 - b. The place of finish will be determined by the combined time of both partners.

Powerlifting

Overview

National Governing Body: International Powerlifting Federation (IPF)

Fall Festival Chairperson: Aaron Cook (powerlifting@villanovaspo.com)

Fall Festival Assistant: Abbie Homicz, Dan Gillette

Sports Director: Joe Braca

SOPA Representative: Tom Robinson

Venue Support: Alice Moat

Location

Villanova Room, Connelly Center

See Appendix D for venue map.

Events

Squat

Bench press

Deadlift

Combination (Bench Press and Deadlift)

Combination (Squat, Bench Press, and Deadlift)

Head Coaches' Meetings and Briefings

The following meetings are scheduled for Head Coaches to obtain sports-specific information and address competition concerns. It is the Head Coaches' responsibility and obligation to attend all Head Coaches' Meetings.

Friday | 12:00 P.M. - 12:30 P.M., St. David Room, Connelly Center

Attire

Athletes participating in this competition must wear appropriate sports attire. Please remember that no commercial advertising may be worn by the athlete during ceremonies, competition or awards.

If an athlete is not appropriately dressed they will not be able to participate. Denim pants or shorts are not appropriate for any competition. Athletes traveling long distances who may not have time to change should arrive in appropriate attire.

T-shirt color: please refrain from wearing solid red T-shirts. Red denotes the medical staff. We have chosen this color so volunteers can be easily identified and quickly located.

Proper attire must be worn: *(see section 4.11 in the SO Rulebook)*

- A. A one-piece lifting suit or wrestling singlet should be worn. **Long pants are not permitted.**
 - Athletes with physical disabilities (ex. wheelchair, cerebral palsy, amputees), may wear a two-piece outfit with both upper and lower pieces being form fitting, either snug fitting track trousers or snug fitting shorts may be worn. A full-length aerobic suit may be worn while performing the bench press. Lifting with a prosthesis is allowed and orthotics with shoes will be allowed.
- B. A t-shirt must be worn under the lifting suit by all lifters in the Squat, Bench Press, and Deadlift.

Equipment

- The following guidelines should be followed for all safety equipment
 - No gloves are allowed.
 - Leather or vinyl belts may be worn. They can be no more than 10 cm wide, 13 mm thick and may encircle the body only once. *(SO Rulebook 4.15)*

- Wrist wraps may be used: maximum size=8 cm wide and 1m long. The wrap may not be more than 10 cm above or 2 cm below the wrist. *(SO Rulebook 4.18.2)*
- Chalk and powder are legal substances to be added to the body and/or attire.
- All scored events will be in the metric system (kilograms). Conversion charts will be provided on Friday; additional charts will be available during competition.

Facilities

There are restrooms downstairs next to the Villanova Room. The restrooms will not serve as the changing/locker rooms. The changing rooms will be upstairs on the second floor of the Connelly Center specifically blocked off and designated for athletes.

There will be a warm-up area for the athletes separated by panel doors from the competition area in the Radnor/St. David's Room. This area will be available to athletes participating in squat events to clearly demonstrate that they are able to perform the necessary motion to compete safely.

As needed, there is an elevator located at the top floor of the Connelly Center near the information desk that can be used to access both the upper and lower levels of the facility.

Spectator Seating

Each venue will have designated seating or areas for spectators. Respect the areas designated for coaches and athletes. Note the following areas to be aware of for the safety and fun of all participants:

- **Acceptable areas:** The Connelly Center Cinema, Connelly Center Villanova Room
- **Unacceptable areas:** Heating/warm-up area and competition platform

Awards

Sunday | 8:30 A.M., Villanova Room, Connelly Center

Rules

- A. Divisioning

- a. Athletes will be divisioned according to Special Olympics rules, which consider the gender, age, weight class, and starting attempt:
 - i. Divisions of fewer than three athletes may be combined by age group first, then by weight class to ensure divisions have at least three participants.
 - ii. The Wilkes Formula will be applied to score events if divisions consist of multiple weight classes. The Wilkes Formula is also applied in case of ties to determine placement.
 - iii. The Wilkes coefficient is determined from the lifter's body weight (BW). That coefficient is multiplied by the lifter's total score/best lift. This equals the lifter's Wilkes Formula Total (WFT), which is used for placement.
 - iv. Divisions will never combine male and female participants.

B. Finish

- a. Scoring of the events shall be the maximum weight lifted for each event multiplied by the Wilkes Coefficient (if applicable) and the combination maximum weight for both events or for all three events.

C. Qualifications

- a. All athletes must be at least 14-years-old to compete in powerlifting.

D. Weigh-In

- a. All athletes must be weighed in prior to competition. The weigh-in results will not be made known until all the lifters in a particular weight class have been weighed in.
 - i. Only those greater or lighter than the category limit are allowed to return to the scales within the limits of the hour and 30 minutes allowed from the beginning of the weigh-in.
 - ii. An athlete weigh-in above the upper limit for a weight class will be moved to the next heavier weight class.
 - iii. An athlete weighing in below the minimum limit for a weight class may, at the discretion of the chief referee, be permitted to lift in the next lightest weight class if that competition is available.
 - iv. If competition in the lighter weight class is not available, the athlete will be permitted to lift outside the official competition and receive a participation ribbon.

- v. Weigh-ins will occur on the first floor of the Connelly Center on Friday from 12:30 P.M. – 1:30 P.M. Weigh-ins will take place in the St. David Room.
- vi. Coaches must give starting lift weights for the competition at weigh-in.

E. Squat Competition

- a. Head coaches who have attended an approved squat lift clinic may enter their athletes in the squat lift.
 - i. Those athletes wishing to perform the squat must be assessed during weigh-in Friday afternoon, unless they were assessed during Fall Sectionals.
 - ii. Specific details of event competition times will be sent to head coaches later

F. Next Attempts

- a. The coach has 1 minute to give the scoring table the weight for their next attempt. Next attempt forms will be available at the scoring table and must be used.

G. Weight Classes

Men	Women
53.0 kg/111.0 lbs	43.0 kg/95.75 lbs
59.0 kg/130.0 lbs	47.0 kg/103.0 lbs
66.0 kg/145.5 lbs	52.0 kg/114.50 lbs
74.0 kg/163 lbs	57.0 kg/125.50 lbs
83.0 kg/183.0 lbs	63.0 kg/139.0 lbs
93.0 kg/205.0 lbs	69.0 kg/152 lbs
105.0 kg/231.0 lbs	76 kg/167.5 lbs
120.0 kg/264.50 lbs	84.0 kg/185.0 lbs
Over 120.0 kg/ over 264.50 lbs	Over 84.0 kg/over 185.0 lbs

Soccer

Overview

National Governing Body: United States Soccer Federation

Fall Festival Chairperson: John Bishop (soccer@villanovaspo.com)

Fall Festival Assistants: Catherine Bartushak, Colleen McDonald, Emelia Valentino,
Maggie Harris

Sports Director: Amelia Batres

SOPA Representatives: Shannon Pechart, Madi Welliver, Julia Hart

Athlete Representative: Don Haffelfinger

Location

7 v 7:

Friday: Pike Field, Villanova University

Saturday: Pike Field, Villanova University

Sunday: Pike Field, Villanova University

5 v 5:

Friday: Villanova Stadium, Villanova University

Saturday: Villanova Stadium, Villanova University

Sunday: Villanova Stadium, Villanova University

Individual Skills:

Friday: Pike Field, Villanova University

Saturday: Pike Field, Villanova University

See Appendix E for venue maps.

Accessibility

On Pike Field, there will be a ramp provided at the entranceway for easier access for all athletes, coaches, spectators, and volunteers. In addition, there will be low sensory tents at both Pike Field and Villanova Stadium for any athlete who desires a quiet, organized, and sensory-friendly environment. Activities in the low sensory tent include coloring, sticker decorating, and quiet crafts.

Events

7 v 7 Team Competition

5 v 5 Team Competition

Individual Skills Competition*

This is an entry level event. Athletes entered in this event may not participate in other events. **These include level 1 and level 2 skills.*

Head Coaches' Meetings and Briefings

The following meetings are scheduled for Head Coaches to obtain sports-specific information and address competition concerns. It is the Head Coaches' responsibility and obligation to attend all Head Coaches' Meetings.

Friday | 12:30 P.M. Villanova Stadium (5v5)

Friday | 12:30 P.M., Pike field (i-skills) (7v7)

Friday | 5:00 P.M., Bartley Hall, Room 2046 (I-Skills) (7v7)

Friday | 5:00 P.M., Bartley Hall, Room 2045 (5 v 5)

Saturday | 5:30 P.M., Bartley Hall, Room 2045 (5 v 5)

Saturday | 5:30 P.M., Bartley hall, Room 2046 (7 v7)

Attire

Athletes participating in competition must wear appropriate sports attire. Please remember that the athlete may wear no commercial advertising during ceremonies, competition, or awards.

An athlete who is not appropriately dressed will not be able to participate in competition. Denim pants or shorts are not appropriate for any competition. Athletes traveling long distances who may not have time to change should arrive in appropriate attire.

T-shirt color: please refrain from wearing solid red T-shirts. Red denotes the medical staff. We have chosen this color so medical volunteers can be easily identified and quickly located.

Shorts, jerseys, stockings, and soccer shoes with soft and yielding cleats (no metal studs) must be worn. Jerseys must be marked with 25cm numbers on the back. Goalies must wear distinguishing colors from other teammates.

Cleats cannot be worn inside any indoor venues.

Equipment

All athletes must wear shin guards during competition.

Facilities

Players should come dressed for competition. All games will be played on grass or turf. All 5 v 5 soccer athletes may use the facilities and portable restrooms provided at Villanova Stadium on Friday, Saturday and Sunday. Individual Skills athletes and 7 v 7 athletes will have access to portable restrooms near Pike Field, as well as bathrooms in the Performing Arts Center.

Spectator Seating

Villanova Stadium will have designated seating for spectators and Pike Field will have designated areas for spectators to place their own chairs. Respect the areas designated for coaches and athletes. Note the following areas to be aware of for the safety and fun of all participants:

- **Acceptable areas:** Bleachers or along the field marked for spectators
- **Unacceptable areas:** On the field or on the team area/benches

Coaches Conduct

Respect the Referee! Verbal abuse of any kind to the referees from Coaches, Athletes & spectators will not be tolerated. Referees wearing a green patch are minors. Coaches are responsible for their team & team spectators Behavior.

Only one coach may be in the coaches area. No coaching from behind the goal area or the spectator area. Up to 2 additional coaches are allowed on the bench & 1:1's and team volunteers must be behind the bench. Parents, spectators & athletes not playing, must be in the spectator's area opposite the team.

Awards

Individual Skills: Sunday | 9:00 A.M. Topper Theater, Performing Arts Center

5 v 5 & 7 v 7: Sunday | 11:00 A.M., Topper Theater, Performing Arts Center

****Awards are rolling for 5v5 and 7v7 competition**

Rules

A. *5 v 5 Competition:*

- The roster size may not exceed 10 players for this competition.
- Divisions are based upon the team skills assessment scores and preliminary round of play. The top 5 players must start each preliminary or classification game on Friday. Add that subs will be called in at 4 minutes for preliminary games (clock will not stop, but table will notify referee)
- The duration of the game shall be two equal periods of 15 minutes with a half-time interval of five minutes.
- Round-robin tournament play will be used for divisions of three or more teams. A best of three series will be used for divisions of two teams.
- If overtime is used to break a tie, two five-minute overtime periods are used. If the game is still tied, penalty kicks will be used to break the tie.
- If a player is expelled from the game (two yellow or one red card issued), the

team is to play with one player down for either two minutes or until the next goal is scored. The player ejected may not return to play.

- g. The process to be used to break a tie record for the tournament will be as follows:
 - i. Head to head competition (for a two-way tie)
 - ii. Least points scored against (all games for the teams tied within pool play)
 - iii. Point differential (all games for the teams tied within pool play)
 - iv. Tie
 - *In the final standings of round robin competition, a team can only win or lose by a maximum of four goals per match. For example, a team that wins a match 8-2 will get the maximum +4 point differential. A team that loses 6-1, will get the maximum -4 point differential.*

B. *7 v 7 Competition:*

- a. The roster size may not exceed 12 players for this competition.
- b. Divisions are based upon the team skills assessment scores and preliminary round of play. The top 7 players must start each preliminary or classification game on Friday.
- c. The duration of the game shall be two equal periods of 20 minutes with a half-time interval of 5 minutes.
- d. Round-robin tournament play will be used for divisions of three or more teams. A best of three series will be used for divisions of two teams.
- e. If overtime is used to break a tie, one 5-minute, sudden death overtime period is used (first goal scored wins). If the game is still tied after the first overtime, another 5-minute sudden death overtime is used. If the game is still tied after the overtime periods, penalty kicks will be used to break the tie: five players shall be selected from the competing players on the field for each team.
- f. If a player is expelled from the game (two yellow or one red card issued), the team is to play with one player down for either two minutes or until the next goal is scored. The player ejected may not return to play.
- g. The process to be used to break a tied record for the tournament will be the same rules listed as in 5 v 5.

C. *Individual Skills Competition:*

- a. Individual skills athletes may not participate with the 5-a-side, or 7-a-side teams.
- b. In the medal round, each player should perform each event twice. The total score from the two rounds (in the medal round) is added together to give the final score for awards placement.
- c. After kicking, the athlete must return to the starting line.

- d. Individual skills-athletes **will not** be able to be alternates for teams due to the different ability levels of the players. Athletes must be registered as *either* an individual skills athlete *or* a team athlete.
- e. Standard Skills Competition
 - i. 15-Meter Dribble, Run and Pass, 6-Meter Shot
 - ii. This event is offered for athletes 8 years of age or older who have not scored 130 points or higher in this event. Those with a score of 130 points or higher must compete in the Advanced Skills Competition.
- f. Advanced Skills Competition
 - i. 12-Meter Slalom Dribble, Control and Pass, Gather-Dribble-Shot
 - ii. This event is offered for athletes and Unified Partners 8 years of age or older who have scored 130 points or more in the Standard Skills Competition.

D. *Substitutions:*

- a. Substitutions are unlimited in number; players may return to the field after being substituted. Substitutions can be made any time the ball is out of bounds, between periods, after a goal is scored, or during a timeout for an injury. The coach must signal the referee or linesman in order to make a substitution. A substituted player can only come onto the field when given a signal by the referee. Please refer to the “Everybody Plays” rule.

	Event	Location	Friday	Saturday	Sunday
Soccer	Individual Skills	Pike Field	1:30 P.M. - 5:00 P.M.	1:00 P.M. – 5:00 P.M.	
	5 v 5	Villanova Stadium	1:30 P.M. – 4:30 P.M.	8:30 A.M. – 5:00 P.M.	8:30 A.M. – 12:00 P.M.
	7 v 7	Pike Field	1:30 P.M. – 4:30 P.M.	8:30 A.M. – 5:00 P.M.	8:30 A.M. – 12:00P.M.

Volleyball

Overview

National Governing Body: United States Volleyball Association

Fall Festival Chairperson: Emma Behrman (volleyball@villanovaspo.com)

Fall Festival Assistants: Julia Geib, Dorothy McCarthy, & Jack Ference

Sports Director: MaryEllen Brown

SOPA Representatives: Erika Christiansen, Lauren Parody, Brynne Wacker

Athlete Representative: Winnie Downey

Location

Champions:

Friday: Jake Nevin Field House

Saturday: Jake Nevin Field House

Sunday: Jake Nevin Field House

All-Stars

Friday: Jake Nevin Field House

Saturday: Agnes Irwin School

Sunday: Agnes Irwin School

Individual Skills

Friday: St. Mary's Gym

Saturday: St. Mary's Gym

Events

Team Competition

Individual Skills Competition*

*This is an entry level event. Athletes entered in this event may not participate in other events.

Head Coaches' Meetings and Briefings

The following meetings are scheduled for Head Coaches to obtain sports-specific information and address competition concerns. It is the Head Coaches' responsibility and obligation to attend all Head Coaches' Meetings.

Volleyball Modified Serving Testing will be from 1:00 PM-1:15 PM Friday, November 7 in Jake Nevin Field House gym (if not already tested)

Friday | 12:15 P.M., Jake Nevin Field House, All Team Competition

Friday | 12:45 P.M., St. Mary's Gym, Individual Skills

Friday | 5:30 P.M. following competition, Jake Nevin Field House, All Team Competition

Friday | 5:30 P.M. following competition, St. Mary's Gym, Individual Skills

Attire

Athletes participating in competition must wear appropriate sports attire. Please remember that the athlete may wear no commercial advertising during ceremonies, competition, or awards.

An athlete who is not appropriately dressed will not be able to participate in competition. Denim pants or shorts are not appropriate for any competition. Athletes traveling long distances who may not have time to change should arrive in appropriate attire.

T-shirt color: Please refrain from wearing solid red T-shirts. Red denotes the medical staff. We have chosen this color so volunteers can be easily identified and quickly located.

Shorts, jerseys, and light pliable shoes (leather or rubber soles without heels) shall be

worn. Jerseys shall be marked with numbers no less than 3 inches high on the front and 6 inches high on the back.

Equipment

All competition equipment will be provided. Closed-toed shoes must be worn at all times.

Facilities

Restrooms will be available in the Jake Nevin Field House, Agnes Irwin School, and St. Mary's Gym

Spectator Seating

Each venue will have designated seating or areas for spectators. Respect the areas designated for coaches and athletes. Note the following areas to be aware of for the safety and fun of all participants:

- **Acceptable areas:** at the end of the courts
- **Unacceptable areas:** on the court or on the team area/benches

Awards

Individual Skills: Sunday | 9:00 A.M., O'Dea Lounge, Andrew J. Talley Athletic Center

Team: Sunday | rolling, O'Dea Lounge, Andrew J. Talley Athletic Center

Rules

A. *Individual Skills:*

- Individual skills athletes may not participate in team competition.
- They will perform each event once for preliminaries and once for finals.
- Individual skills - athletes **will not** be able to be alternates for teams due to the different ability levels of the players. Athletes must be registered as either an individual skills athlete or a team athlete.

B. *Libero Players*

- Any team has the option of using a Libero player. This player must be listed on the roster.
 - You may only have one (1) Libero player per set.
- The Libero player must wear a uniform of a different and contrasting color than the rest of the team.
- The Libero may replace a player in the back row position. The Libero may not

serve, block, or attempt to block or attack when the ball is higher than the net. The Libero may not come into the front zone.

- d. When the Libero replaces a player in the back zone, it is not counted as a substitution. e. These replacements are unlimited. Only the players whom he/she replaced may replace the Libero.

C. *Serving*

- a. A served ball touching the net shall remain in play
- b. The receiving team has three plays to return the ball to the opponents.
- c. All teams must serve within designated areas. (If service area does not have a minimum of a three-foot perimeter, then one step past the designated service line is permissible.)
- d. There will be no modified servers for the highest division competition.
- e. Once a server has scored three consecutive points, his/her team shall rotate to the next server and continue to serve.

D. *Substitutions:*

- a. Each team may have a maximum of 12 substitutions per game (except for the Libero).

E. *Team Competition:*

- a. The roster size may not exceed 10 players for this competition.
- b. Divisions will be based upon the team skills assessment scores, prior to competition, and preliminary round of play. Top players must start each preliminary or classification game on Friday.
- c. After divisions are selected, round-robin tournament play will be used for divisions of three or more teams. If there are only two teams, a best of three series will determine the outcome.
- d. Final competition will be conducted as follows:
 - i. Rally scoring shall be used. When the serving team wins a rally, it scores a point and continues to serve. If the receiving team wins the rally, it scores a point and gains the right to serve. A game is won by the team which first scores 25 points with a minimum lead of two points.
 - ii. The first team receiving shall rotate upon the first side out.
 - iii. A match is won by the team that wins the best of three games.
 - iv. If there is a tie, the deciding (third) game is played as a tiebreaker with rally point scoring procedures to 15 points. A 35-minute time limit will be used for all matches.

- e. The process to be used to break a tied record for the tournament for teams involved in the tie only will be as follows:
 - i. Head to head competition (for a two-way tie)
 - ii. Least points scored against (all games for the teams tied within pool play)
 - iii. Point differential (all games for the teams tied within pool play)
- f. If time permits, medal rounds will be played to determine the final standings. In medal round competition, the following format will be used:
 - i. A one-game playoff match will be played and won by the team that scores 15 or more points.
 - ii. Teams change sides when one team has scored eight points.

F. Modified Servers

- a. If athletes were not tested during sectionals, then they may be tested on Friday from 1:00 P.M. - 1:30 P.M. in Jake Nevin Field House to determine modified server status. Those athletes considered modified servers will receive a wristband at this time. There will be no modified servers allowed in Division I.

Special Events

Spirit Lines

- **What they are:** Student LPH/VC/Committee members lining the paths that athletes and coaches take to their buses and cars.
- **Why:** To safely escort athletes out of venues, keep delegations together, prevent lost athletes, make for an efficient exit.
- **When:** After Opening Ceremonies and Victory Jamboree
- **We hear you:** Spirit lines can be overwhelming to some. This year, we will be implementing another option: low-sensory spirit lines following Opening Ceremony.
 - **Low Sensory Spirit Lines:** This year, there will be a new low-sensory exit option available after the Opening Ceremonies at the Finneran Pavilion. Delegations or individual attendees including coaches, athletes, and family members may choose to exit from the upper level via a clearly marked low sensory exit in the back (East) of the pavilion. Event staff will be stationed there to help guide you. This exit is designed to be a quieter, less stimulating option, as it will not have volunteers lining the path, making it ideal for those who prefer a calmer environment. Additionally, the exit is wheelchair accessible and will guide anyone interested to the same drop-off as standard spirit lines.
 - Victory Jamboree will have one spirit line option to prioritize safety first.

Opening Ceremonies

Friday, November 7 | 7:00 P.M.

(Doors open at 6:15 PM)

Villanova Finneran Pavilion, Villanova University

Athletes, coaches, spectators, VIPs, and families can begin to arrive at the main entrance to

the Finneran Pavilion along North Lthan avenue starting at 6:15 P.M. Athletes designated as banner carriers should report to the staging area in the Fitzgerald Club no later than 6:30 P.M. to pick up their delegation's banner and begin staging for the procession.

It is very important that athletes and coaches follow the posted seating chart at the Finneran Pavilion for the Opening Ceremony. Signs showing seating will also be available in the individual sections. Coaches should direct their athletes to their seats as quickly as possible and remain in their seats until Jane Butler, the 2025 Fall Festival Director, releases each county at the conclusion of the ceremony.

Highlights of the Event

- Welcome by Jane Butler, 2025 Fall Festival Director.
- NBC news anchor Keith Jones and a surprise athlete emcee.
- Performance by Villanova Acapella and the State Street Miracles.
- Presentation of the 2025 Philadelphia Insurance Valor Award.
- Interactive video showcasing the journey of Fall Festival.
- The Villanova Band, Villanova Cheerleaders, the Torch Lighting, and more!
- Streamer Toss!

Awards: Friday, Saturday, and Sunday:

Various Locations:

- Athletes finishing first, second, and third will receive a gold, silver, and bronze Special Olympics PA medal, respectively. Athletes placing fourth, fifth, and sixth in their division will receive a ribbon.
- Any athlete who does not finish or is disqualified will receive a participation ribbon. Athletes who are disqualified for misconduct or who do not compete will not receive an award.
- If a tie occurs, the two teams/individuals will receive the same placement and the next

team/individual will receive the placement for the order they crossed the finish line.

Example: if two teams tie for first place, both teams will receive gold medals and the next placed team will receive bronze medals.

- Each sport has designated a number of additional awards for sportsmanship, spirit, etc. These will be presented during the regular ceremony by a member of Villanova Special Olympics.

Important Notes:

- Each Awards venue will have a check-in table staffed by volunteers. Coaches should plan to check in their athletes and/or teams to ensure everyone is present.
- There will be reserved seating for athletes and coaches for all ceremonies held in the Mullen Center for Performing Arts (Soccer 5v5, Soccer 7v7, and Soccer I-Skills). Ushers will be present to direct everyone to their seats.
- There are no cleats allowed for ceremonies taking place in the Mullen Center for the Performing Arts (Soccer 5v5, Soccer 7v7, and Soccer I-Skills). Please remind athletes competing in those competitions to bring a different pair of shoes for Sunday's awards ceremonies.

Competition Awards

Bocce Awards

Sunday | 9:00 A.M. (ROLLING), Hamilton Family Foundation Conference Room of the Cabrini Dixon Center

Flag Football Awards

Team Competition & Individual Skills: Sunday | 10:30 A.M., Villanova Room, Connelly Center

LDR/W Awards (Rolling)

1500m Walk: Friday | 2:00 P.M., Austin Field Tent

15000m Run: Friday | 2:30 P.M., Austin Field Tent

5000m Run: Saturday | 9:30 A.M., Austin Field Tent

3000m Walk: Saturday | 10:30 A.M., Austin Field Tent

3000m Run: Saturday | 11:30 A.M., Austin Field Tent

5000m Walk, Steve English Memorial 5K Walk/10K Run and Unified Sports:

Sunday | 9:15 A.M., Austin Field Tent

Powerlifting Awards

Sunday | 8:30 A.M., Villanova Room, Connelly Center

Soccer Awards

Individual Skills: Sunday | 9:00 A.M. Topper Theater, Mullen Center

5 v 5 & 7 v 7: Sunday | 11:00 A.M., Topper Theater, Mullen Center

Volleyball Awards

Individual Skills: Sunday | 9:00 A.M., O'Dea Lounge, Andrew J. Talley

Athletic Center Team

Champions and All-Stars: Sunday | 10:30 A.M., O'Dea Lounge, Andrew J.

Talley Athletic Center

Friday Night Festivities

Friday | 5:00 P.M. – 6:30 P.M.

Rowan Campus Green and Riley Ellipse, Villanova University

Join us for an event including live music, food trucks, fire pits, and yard games! Grab a snack, socialize, enjoy some tunes, and relax after the first day of competition. Yard games, food trucks, live music, and fire pits will be on the Campus Green.

Olympic Town

Saturday | 10:00 A.M. – 5:00 P.M.

Sunday | 10:00 A.M. – 1:00 P.M.

“The Quad,” Villanova University (between Sheehan and Sullivan Halls and extending up to the Connelly Plateau)

Olympic Town provides entertainment and recreational fun for all those attending Fall Festival. This year’s O-Town includes exciting new games, arts and crafts, snacks, special guest appearances, and performances by a multitude of diverse groups. There will be appearances by Villanova student performers, themed characters, and DJ Dave.

Paint Palette & Inclusion Letters

Friday, Saturday, and Sunday, there will be a large wooden paint palette set up on the Riley Ellipse. Athletes can work together to create their masterpiece on the “INCLUSION” letters. Athletes and anyone who wishes can come by, contribute to the mural, take a picture, and chat with other athletes and volunteers!

Victory Jamboree

Saturday, November 8 | 7:30 P.M. – 9:30 P.M. **(Doors open at 7:00 P.M.)**

Dixon Center, Cabrini University

**Transportation to and from the event must be provided by delegations*

The Victory Jamboree is a great way for athletes and coaches to unwind following the conclusion of Saturday’s events! This year the event will have multiple activities; crafting, dancing, a movie, bingo, and food, to allow all participants to find something they enjoy! The crafts, movie, and bingo will be located in separate quiet rooms outside of the gym in the Dixon Center, which are low-sensory options of the event.

Special Olympics Pennsylvania and the Villanova Special Olympics Committee requires all

attendees to **possess and wear credentials** to enter the Victory Jamboree. Family members and guests will not be permitted to enter the Victory Jamboree. Fall Festival Committee members, SOPA staff members, and Public Safety officers will be checking credentials at the entrance to the Dixon Center. Credentials **MUST** be worn and visible at all times.

Diversity, Equity, & Inclusion Table

Friday | 12:00 P.M.– 5:00 P.M. at Riley Ellipse

Saturday | 10:00 A.M.– 5:00 P.M. at Olympic Town

Sunday | 10:00 A.M. – 1:00 P.M. at Olympic Town

Friday, Saturday, and Sunday, DEI will be running a booth as a hub for the conversations from the pin activity (see instructions below). Provided will be more pins and conversation cards to facilitate the activity. There is an activity where everyone will have the opportunity to share “create their own masterpiece” with “Do It Yourself” (DIY) pin making in O-Town. We will also have resources for DEI and furthering conversation, including an ASL handout, information about pronouns, and pamphlets on educational topics (neurodiversity, ability, understanding, and more!) Be sure to stop by and collect pins!

Pin Trading Activity

The DEI committee has an overarching mission to inspire meaningful connection and form diverse relationships between all members of Fall Fest. To encourage conversation we created a pin exchange.

Start: Every volunteer and athlete was given 6 of the same pin via housing packets or volunteer meetings. Additionally, each person was given a conversation card with instructions and questions. There are a total of 6 different pins spread throughout campus.

Goal: Each member of Fall Fest is to collect all 6 different pins by trading with volunteers and athletes. Each time a pin is traded a question from the conversation card will be asked during the exchange. Once all 6 pins have been collected, you will tally the amount of

times you trade each pin on the conversation card. Once you collect all the pins and trade them more than once, come take a picture at the DEI & Awareness table!

Directions:

1. **Collect:** Expand your collection by trading pins with the people around you
2. **Converse:** Ask the corresponding question to the pin you are trading or ask one of your own.
3. **Connect:** Have meaningful conversations to form deeper relationships - keep trading and chatting and see how many tallies you can get

Questions:

Theatre Masks - What movie, show, or play always makes you laugh or smile?

Paint Palette - What's your favorite color, and what makes it special to you?

Disco Ball - What's your go-to dance move?

Film Reel- If your life were a movie, what would the title be?

Drum - What's your hype song before a game or competition?

Statue - Who is someone you admire?

Or:

Ask your own question and keep the conversation going!



Low-Sensory Spaces

Friday | 12:00 P.M. – 5:00 P.M.

- Upper Level of Connelly Center: Haverford Room
- Pike Field (tent)
- Villanova Stadium (tent)
- Cabrini (Glass Room near entrance during Bocce competition)
- Finneran Pavilion (Media Room) during the Opening Ceremonies **ONLY**

Saturday | 8:00 A.M. – 6:00 P.M.

- Upper Level of Connelly Center: Haverford Room
- Lower Level of Austin Hall
- Jake Nevin Team Room 191
- Pike Field (tent)
- Villanova Stadium (tent)
- Cabrini (Glass Room near entrance during Bocce competition)

Sunday | 8:00 A.M.– 12:00 P.M.

- Upper Level of Connelly Center: Devon Room
- Lower Level of Austin Hall
- Jake Nevin Team Room 191
- Pike Field (tent)
- Villanova Stadium (tent)

At locations on or near Villanova’s main campus, “Low-Sensory Spaces” will be implemented as a quiet space for anyone who may need various accommodations in a sensory friendly environment. Noise-canceling headphones and fidgets will be available at each station, as well as DEI team members/volunteers to engage in conversation and facilitate the pin-trading activity if the individuals choose to do so.

Special Olympics Through the Years

New this year, there will be an experience showcasing the history of Fall Festival in the Connelly Center Cinema. A video montage inside the cinema will feature memorable moments from past Fall Fests and highlight the spirit of Special Olympics at Villanova. The cinema lobby will hold interactive activities for participants to contribute to the living history of Fall Fest. It will be open from Saturday, November 8th from 8:30 am to 4:30 pm and Sunday, November 9th from 8:30 am to 1:00 pm.

Health and Wellness Initiatives

Healthy Athlete Screenings

Saturday | 9:00 A.M. - 5:00 P.M.

Driscoll Hall, Various Room Locations (See Below)

Healthy Athletes is a terrific opportunity for athletes to partake in free health screenings and to receive free health information. Clinicians and students volunteer their time and talents to improve the health and well-being of the athletes and conduct all screenings.

Athletes no longer need to sign a separate Healthy Athletes consent form. When athletes register through the portal, they complete an updated release form that already includes consent for health programs. Athletes will still check in and out at Healthy Athletes, but no additional consent form is required before or on the day of the event.

Athletes who visit 5 or more disciplines at Healthy Athletes will be entered into a raffle for a brand new Fit Bits. 5 winners will be chosen for the raffle. Come stop by and enjoy the Healthy Athletes experience! One important requirement to note is that no cleats will be allowed in Driscoll Hall, so please tell your athletes to bring another pair of shoes or socks.

- **FUNfitness** (*Tent outside Driscoll Hall*)
 - Provides instruction to participants about how to stretch, strengthen and improve balance and fitness.

- **Fit Feet** (*Tent outside Driscoll Hall*)
 - Evaluates the condition of athlete's feet and ankles, as well as focus on gait and footwear in regards to competition. This year, we will be having a doctor making insoles on site! Come and get your feet checked and leave with a brand new pair of insoles, socks and/or shoelaces!
- **Health Promotion** (*Driscoll Hall Room 244*)
 - Takes an athlete's height, weight, and blood pressure, bone density, and provides important information about nutrition, exercise, and sun safety.
- **Healthy Hearing** (*Driscoll Hall Room 206*)
 - Designed to assess the prevalence of possible hearing loss among Special Olympics athletes and to identify specific athletes who need audiological evaluations to determine if hearing loss exists and requires treatment.
- **Opening Eyes** (*Driscoll Hall Room 223, Room 225, and Room 227*)
 - Gives athletes the opportunity to get their vision checked and if needed, receive a pair of prescription glasses, sunglasses, sports goggles and/or swimming goggles!
- **Special Smiles** (*Driscoll Hall 246*)
 - Offers free dental checkups, dental hygiene tips, and items including sports mouth guards, toothbrushes, toothpaste, and dental floss.
- **Allegheny Health Network Chill Room** (*Driscoll Hall Room 221*)
 - Allegheny Health Network's Chill Room will be available, where athletes and coaches will have the opportunity to practice mindfulness and learn coping skills. The Chill Room is available to help participants prepare for their next event or relax in a quiet space.
- **Caregiver Corner** (*Driscoll Hall 2nd floor lobby*)
 - Where you will find materials to benefit all caregivers. The resources will support you in caring for your athlete and also finding tips and tricks to prioritize your own self-care. When you care for yourself, your athlete will benefit too!

Healthy Habits

Friday | 12:00 P.M. – 3:00 P.M.

Saturday | 9:00 A.M. – 5:00 P.M.

Riley Ellipse

Healthy Habits will include tables from various groups and student volunteers with engaging games and interactive activities for the athletes to participate in and learn ways to carry out a healthier lifestyle. There will also be numerous raffles for athletes to enter. This is guaranteed to be fun and enjoyable, while delivering important information.

- **Healthy Habits Hub**

- Center of all the action for Healthy Habits. This will be where athletes will ideally start and end their journey.

- **Nutrition and Hydration**

- Gives athletes the opportunity to learn about healthy snack choices that they can eat. Athletes will discover the nutrients and other healthy ingredients that each type of snack has and how it will benefit their physical health and their mental health.
- Teaches athletes about how staying hydrated will benefit their physical and mental health. Athletes will have the opportunity to try new flavored water options as a way to stay hydrated if they are more drawn to that taste.

- **Self Love**

- Highlights the importance of loving yourself and positive affirmations. There are so many ways to love and appreciate yourself as everyone has amazing qualities that should be celebrated. This station will give some tips on how to love and appreciate yourself!

- **Cybersecurity**

- Teaches athletes how to navigate the web in a safe manner, while also enjoying the fun activities that come with it. There are many dangers and scams on the internet, but

when learning how to use it safely, it can provide many great resources and opportunities for athletes.

- **Sleep**

- Helps athletes learn the importance of sleep, especially in terms of competition. Athletes will have the opportunity to reflect on and improve their sleep habits by creating a personalized bedtime routine while learning how good sleep impacts health and performance

- **Exercise**

- Teach athletes new exercises that they can try at home. They will be able to add these to their practice routine to help them enhance their performance during competition.

- **Setting Up for Success**

- Empower athletes to envision and articulate their future goals, whether in education, athletics, career, or personal growth, through a hands on, creative vision board activity.

Performance Stations

Performance Stations are tables at, or near, the competitions venues that are designed to educate and activate athletes and their supporters in the tenets of fitness: nutrition, hydration and physical activity. These stations directly connect fitness to sport performance, and show how incorporating these tenets can enhance training, performance at competition, and health. The stations are a seamless part of competition.

Friday

- Villanova Stadium: 1:00 P.M. - 3:00 P.M.
- Austin Field: 1:00 P.M. - 3:00 P.M.
- Cabrini: 1:00 P.M. - 3:00 P.M.

Saturday

- Villanova Stadium: 8:00 A.M. - 4:00 P.M.
- Austin Field: 8:00 A.M. - 4:00 P.M.

- Cabrini: 8:00 A.M. - 4:00 P.M.
- **The Stretch Studio**
 - Volunteers will lead athletes prior to competition through dynamic stretches; similarly, volunteers will lead athletes during post competition through static stretches. Volunteers will assist athletes through additional activities and provide education on goal setting and competition readiness.
- **Gallery of Goals**
 - Offers an opportunity for athletes to write down their goals or steps they're taking to achieve them to share with others. Athletes are able to write words of encouragement for themselves and others to help create a positive and encouraging environment.
- **Tools of the Trade**
 - Offers a checklist in which athletes learn more about what gameday items are important for them to prepare for their competitions. Athletes will be given some gameday items as well.

Family Events

Throughout the weekend there will be activities for family and friends of athletes competing at Fall Festival. All spectators are responsible for providing their own housing and meals.

CEREMONIES

All friends and family are invited and encouraged to attend:

- Opening Ceremonies - Seating in the Upper Level Bleachers of the Finneran Pavilion
- Closing Celebration
- All Competition Venues and Awards Ceremonies
- Olympic Town

Closing Celebration

Sunday, November 9 | 9:00 A.M. – 2:00 P.M.

(TWO short ceremonies at 10:00 A.M. and 1:00 P.M.)

Bartley Hall Steps, O-Town in the Quad, Villanova University

We hope you are all thrilled for the new and improved Closing Celebration this year! Come celebrate all of the achievements of the athletes who competed during the weekend and their entire seasons. In an effort to give everyone the opportunity to attend and reflect, the Closing Celebration will be a rolling event. This will include congratulatory speeches, food, exciting announcements, fun surprises, and for the first time ever, a partnership with Olympic Town. Make sure you stop by the event before leaving campus, as it will be a wonderful wrap on Fall Festival 2025!

Highlights of the Event

- Appearances by Fr. David Cregan & Fr. Rob Hagan, LPH “Dance-along.”
- Collaboration with Olympic Village.
- Food truck and Refreshments - Foltz’s Pretzels.
- Fall Festival 2025 Weekend Recap Video.
- Athlete Emcee.

Administration

Young Athletes Program

Overview

Fall Festival Chairperson: Gwyneth Pritchard (athleteinvolvement@villanovaspo.com)

Fall Festival Assistants: Jenna Sledjeski, Hannah Logue, Teeley Dangler

SOPA Representatives: Lauren Saulter (lsaulter@specialolympicspa.org)

Location

Saturday | 9 A.M.– 11 A.M.

Bartley Exchange with parking in the A-2 lot

Description

Special Olympics International developed the Young Athletes Program to engage future Special Olympics athletes, children ages two through seven. Young Athletes™ is a unique sport and play program for children with intellectual disabilities. The focus is on immersing children in fun activities that are important to mental and physical growth.

Any Local Program interested in adding Young Athletes is invited to observe and meet with staff liaison, Lauren Saulter to learn more about the program. If unable to observe the exhibition, please contact Jordan at lsaulter@specialolympicspa.org following Fall Fest.

Unified Zone

Overview

Fall Festival Chairperson: Joe Ciampa (unified@villanovaspo.com)

Fall Festival Assistants: Grace Fonkalsrud, Hannah Weldon

Locations

Friday | 5 PM - 6:30 PM, Home Run Derby and Yard Games

Rowen Campus Green & Mendel Field, Villanova University

Saturday | 6:30 AM - 9 AM, Morning Stretches

Riley Ellipse, Villanova University

Saturday | 12PM - 3PM, Kickball

Mendel Field, Villanova University

Sunday | 6:30 AM - 9 AM, Morning Stretches

Riley Ellipse, Villanova University

Description

Unified Zone is a showcase of Unified Sports and Villanova's Special Olympics Fall Festival. Individuals who are competing in Fall Festival can come to the Unified Zone before and after their competition and experience Unified competition in a relaxed atmosphere.

This year, Unified Zone will consist of a variety of sports. There will be morning stretching, yard games, a homerun derby, kickball, and much more. These events will be hosted on Friday night during food trucks, Saturday morning and afternoon, and Sunday morning. Mendel Field and the Riley Ellipse will allow lots of space for participants to engage in a variety of activities. Each participant will be partnered with a Villanova student, in true Unified Sport fashion.

The goal of the Unified Zone is to foster athlete and partner relationships, introduce new people to Special Olympics and Unified Sports, and to expand these individuals' connections to the SOPA and Villanova communities. Through the Unified Zone, participants will leave campus with new friendships and experiences that can inspire their future activities and goals.

Evaluations and Information Booths

Throughout the weekend, various Evaluations volunteers in white and blue trucker hats will be circulating through events with both **written and electronic evaluations**. There will also be QR codes around campus that can be scanned to fill out an evaluation form yourself.

You can find the Evaluations team at the **front desk at the Connelly Center** this year! You can also find any of the evaluation volunteers in white and blue trucker hats walking around campus and competition venues. The feedback you provide and ideas you propose helps us make improvements for next year's Fall Festival!

Based on evaluations this year, there are many improvements that have been implemented at Fall Festival. If you, an athlete, or spectator have any questions, feel free to ask someone at an "information booth." Booths will be located near the Villanova sign at the intersection and near the health center throughout the entire weekend.

Hospitality Table

The Development committee will have hospitality tables located at all competition venues and various tents on Villanova's campus. Each table will provide refreshments for athletes, families, coaches, volunteers, and anyone else.

Human Resources

Volunteer & Staff Identification

For your convenience, all shirts for volunteers and staff members have been color-coded as follows:

- **Fall Festival Committee**
 - Seafoam Green Long Sleeve Shirts, Navy Fleece
 - Light Blue Credentials
- **Volunteer Coordinators**
 - Purple Long Sleeve Shirts
 - Light Purple Credentials
- **Medical**
 - Red Shirts with White Cross
 - Red Credentials
- **Student Medical Volunteers**
 - Light White Shirts with Red Writing
 - Red Credentials
- **Local Program Hosts**
 - Kelly Green Long Sleeve Shirts
 - Yellow Credentials
- **Inclusion Crew**
 - Carolina Blue Long Sleeve Shirts
- **Volunteers**
 - Royal Blue Short Sleeve Shirts
- **Fans in the Stands**
 - Pink Short Sleeve Shirts
- **Young Athletes Program**

- Light pink short Sleeve Shirts
- **Evaluations Volunteers**
 - Blue and White Hats
 - Ivory Credentials

Volunteer Coordinator (VC)

Volunteer Coordinators (VCs) are Villanova students who coordinate with Committee members to run venues. In addition to running venues, VCs will coordinate volunteers. Examples include lining volunteers on the LDRW course, assisting at Healthy Athletes stations, etc. VCs will be identified by Purple Long Sleeve T-Shirts and Light Purple Credentials.

The Inclusion Crew (IC)

Inclusion Crew, also known as IC, is a specialized group of volunteers from Villanova's student body. Inclusion Crew members are of all ages and all experiences. This large crew of 1,000+ members is broken up into smaller groups, nicknamed "IC Cubes." Each "IC Cube" is trained in a particular area(s) of Fall Fest. These members will be present throughout the weekend at their designated area (ex: Awards, Soccer, Media and Publicity.) Inclusion Crew's new specialized focus has replaced the Pro-Vol program. Inclusion Crew Members have free time to explore Fall Fest, enjoy athlete interaction, and jump in in areas of need.

Inclusion Crew Members will:

- Be designated by Carolina Blue Long Sleeve Shirts labeled "Inclusion Crew" on the back
- Assist/cheer/volunteer at their area of specialization
- Be trained in their area of specialization

Local Program Host (LPH)

Through the Local Program Host (LPH) program, each delegation will be designated two to twenty Villanova first-year students to serve as their personal tour guides, ambassadors, and

cheerleaders for the duration of Fall Festival.

LPHs will:

- Be designated by Kelly Green long sleeve shirts and credentials
- Meet you immediately following the HOD meeting on Friday afternoon
- Work hard to be present at nearly all sports competitions and awards presentations
- Communicate with you in case you have suggestions or concerns
- Cheer on athletes at their competition venues
- Eat meals with members of your delegation
- Attend the Victory Jamboree with your athletes

LPHs will NOT:

- Be responsible for chaperoning athletes at any time
- Stay in the hotels with your delegation
- Volunteer at sports venues as timers, officials, etc.
- Be able to go to off-campus activities, other than competition, with your athletes
- Hold medications or other personal items that are not their own

Ways We Have Implemented Change

Following Fall Fest the Evaluations Committee sorts and organizes all feedback given during and following Fall Fest the previous year. Throughout this past year they have taken an active effort in ensuring that feedback was implemented to the best of the ability of the committee. Each Villanova Special Olympics Committee has made improvements to continue to make Fall Fest the best it can be each year. Here are some notable improvements the Committee has made:

Competition:

- Bocce
 - Made clearer directions to get to the Cabrini campus
 - Have designed a plan to encourage more LPHs to attend bocce competition
 - Athlete bios will be presented during competition
 - Bigger Olympic Town at bocce competition and Cabrini campus
- Flag Football
 - Ramp onto Austin Field.
 - Referee training
- LDR/W
 - Slight changes to courses per evaluations
- Powerlifting
 - Alternative Low Sensory Space
 - Smaller size weights
- Soccer
 - Added two Low Sensory Spaces
 - More strict with scheduling
- Volleyball
 - Moving up competition an hour on Friday so preliminary rounds are done earlier

Administration:

- Young Athletes Program

- Required training for all YAP volunteers
- Registration
 - New plastic SOPA credentials
 - Special Olympics Through the Years exhibition
- DEI
 - Subtitles and ASL interpreter for Opening Ceremonies
 - More direct questions associated with the trading pins
- Evaluations
 - The Evaluations volunteers will wear specific hats this year to be identified easier

Human Resources:

- VC, LPH, IC, media and publicity
 - Shirt colors improved, bright but not overwhelming

Special Events:

- Awards
 - LDR/W and Bocce awards are by division and rolling
- Ceremonies
 - Seating chart clarity, athletes are lower and closer to the court
 - Villanova athletes in the middle of court to give athletes more space
- Healthy Athletes
 - Performance Stations at more competition venues
 - New Healthy Habits stations
- Entertainment
 - Larger entertainment atmosphere at Cabrini campus

Support Services

- Food
 - More gluten free options in the dining halls
 - Better and more clear signage
- Medical/Security
 - Medical leads at each competition venue wearing neon vests

- Low Sensory Spirit Line at Opening Ceremonies
- Transportation
 - Shuttles running earlier
 - New parking garage

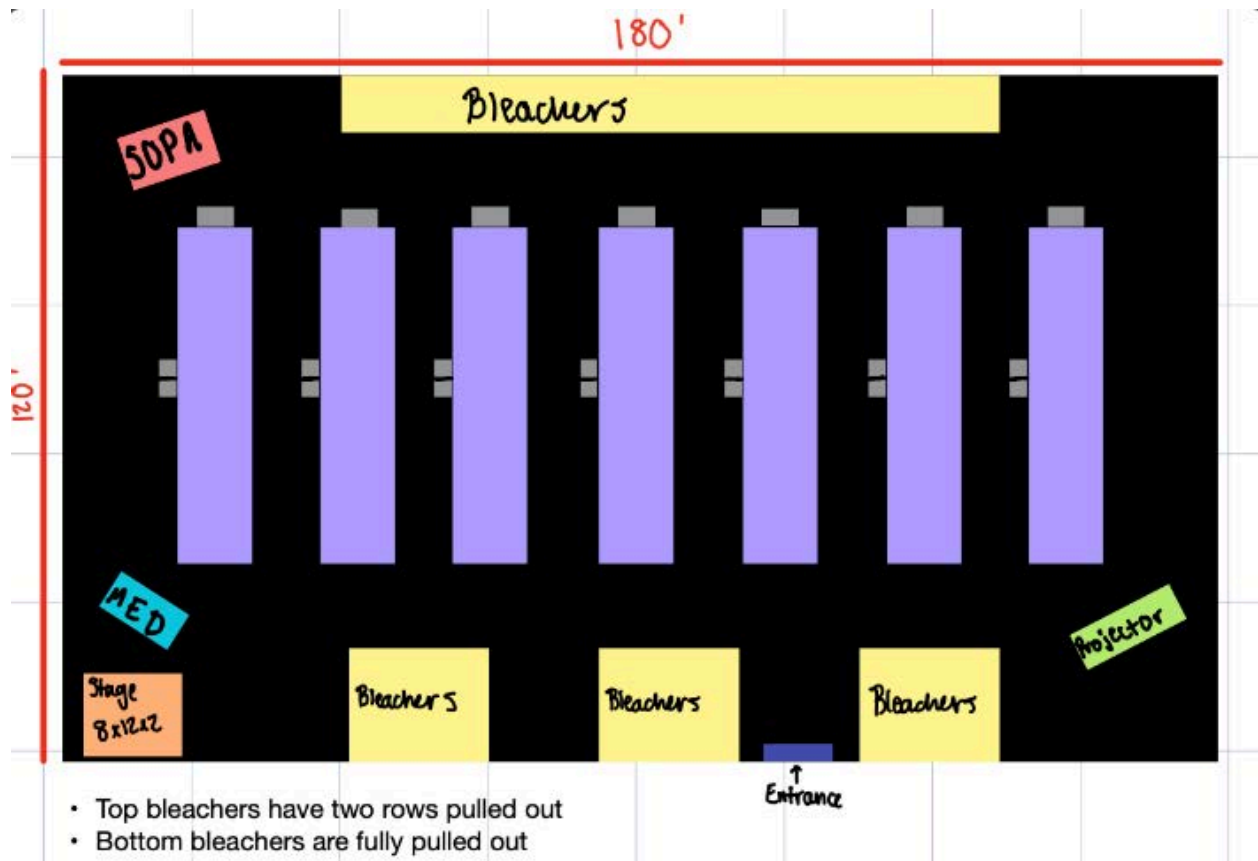
Appendices

Appendix A

Bocce Competition

Cabrini University; 1290 Upper Gulph Road Wayne, PA 19087

Use Upper Gulph Road entrance (not Cabrini main entrance)



Appendix B

Flag Football Competition

Austin Field

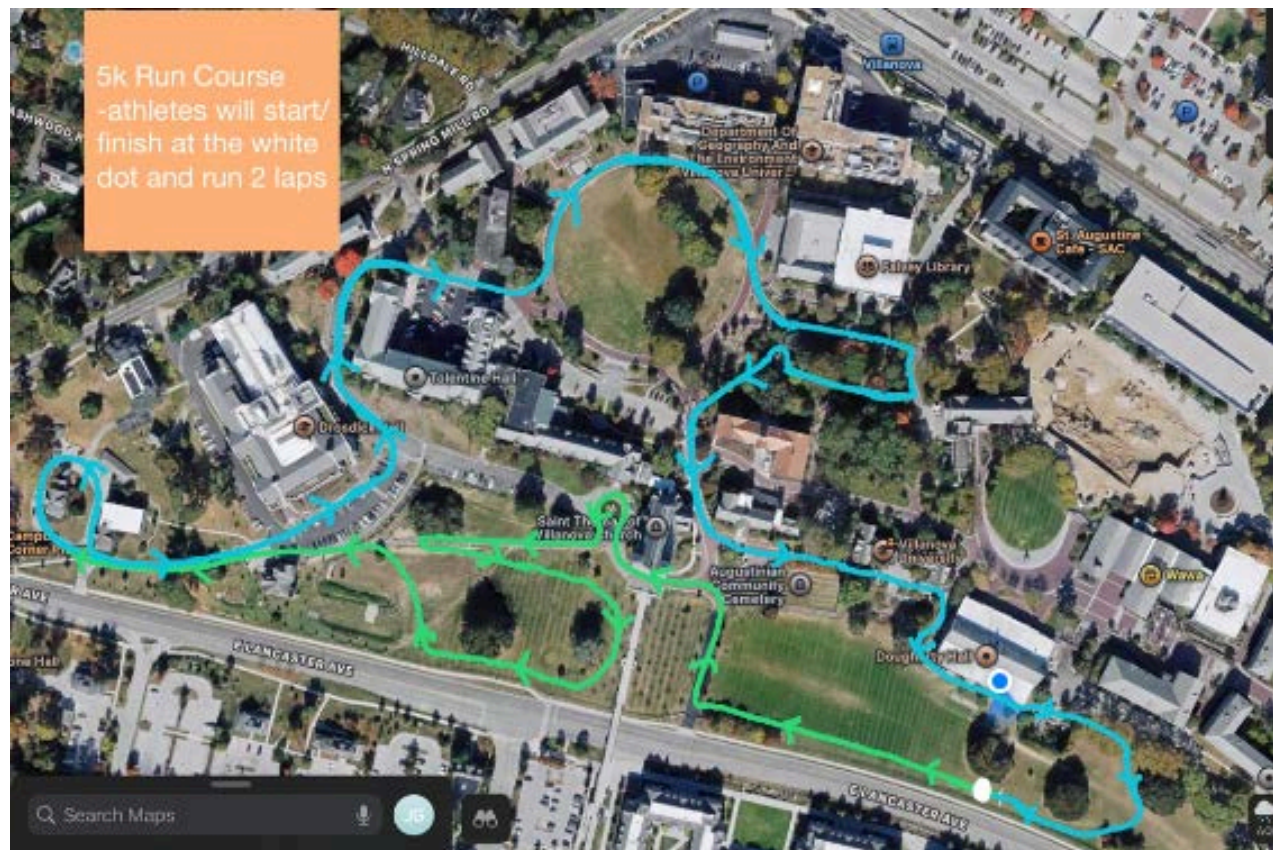


Appendix C

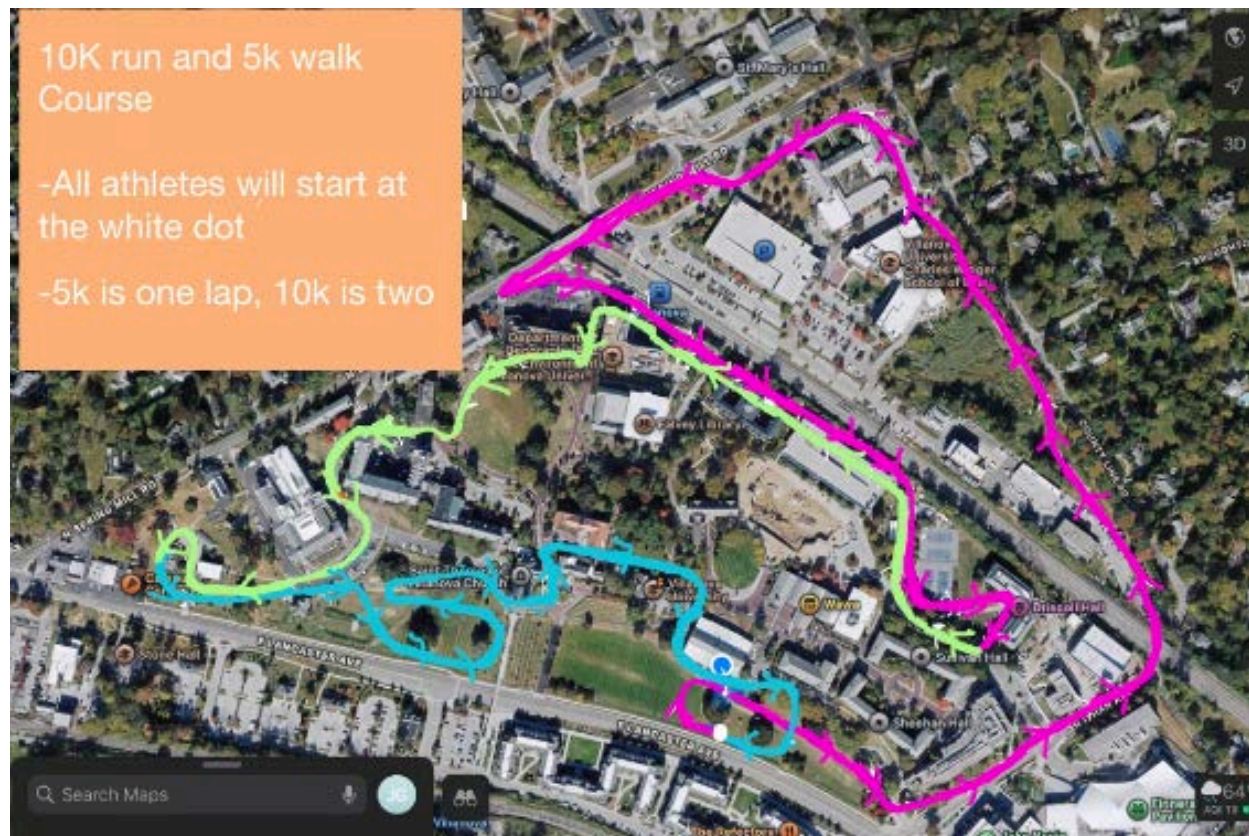
Friday 1500/ Saturday 3K Course



Saturday 5K Course



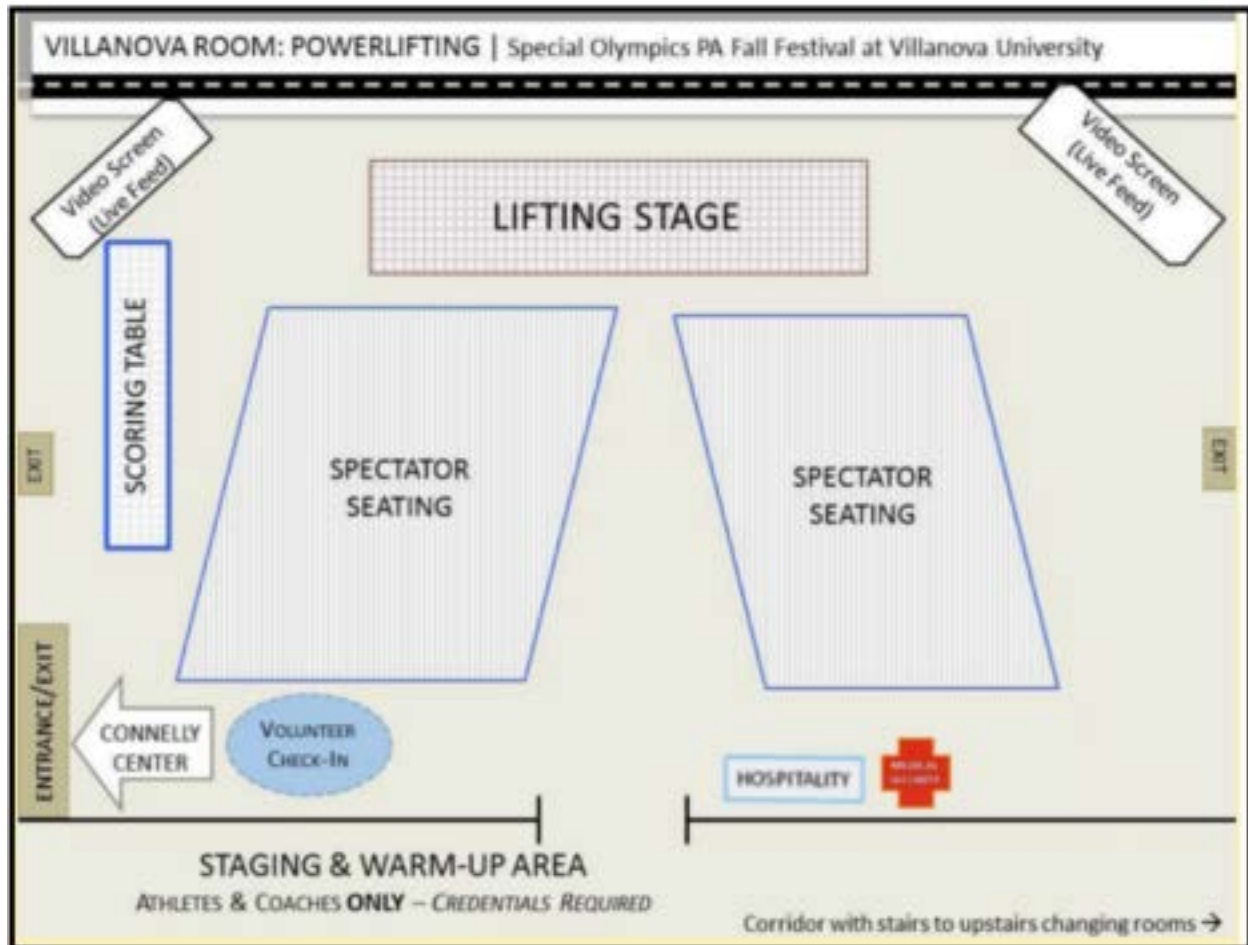
Sunday 10K Run and Sunday 5K walk



Appendix D

Powerlifting Competition

Villanova Room



Appendix E

7 v 7 Soccer Competition

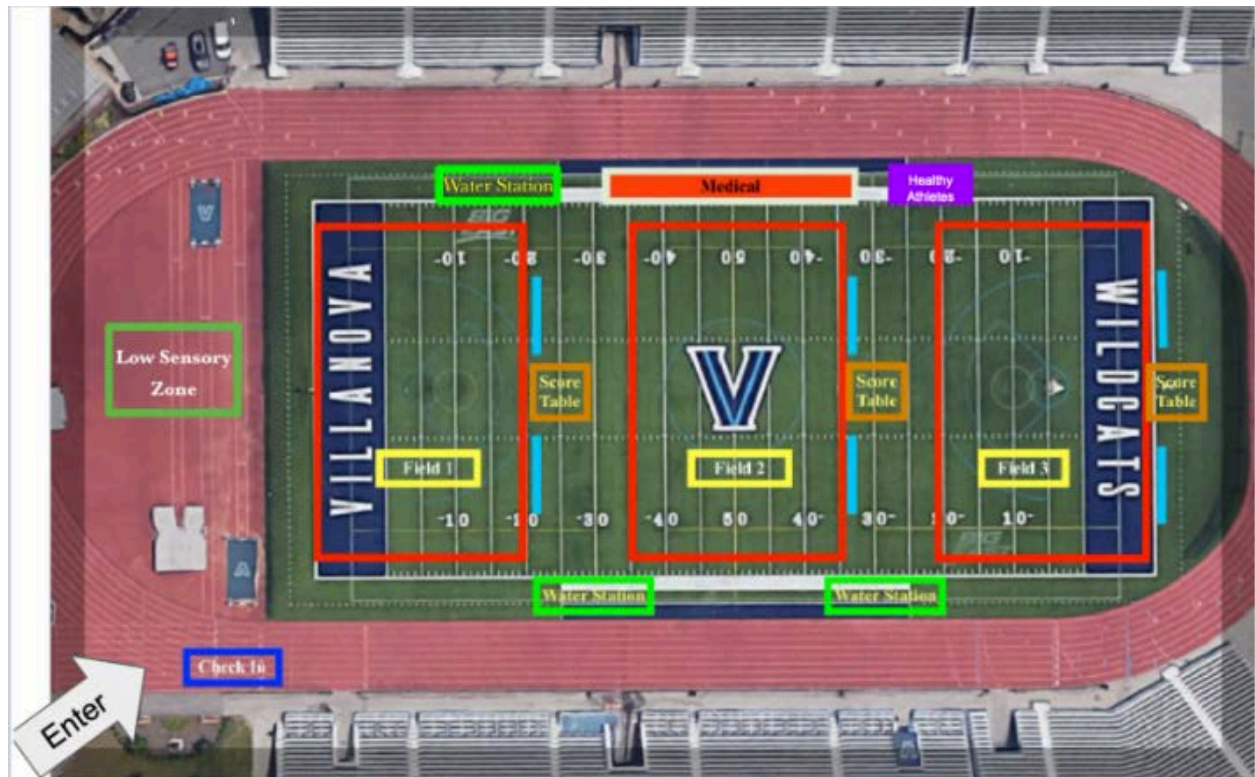
Friday, Saturday, and Sunday at Pike Field

7v7



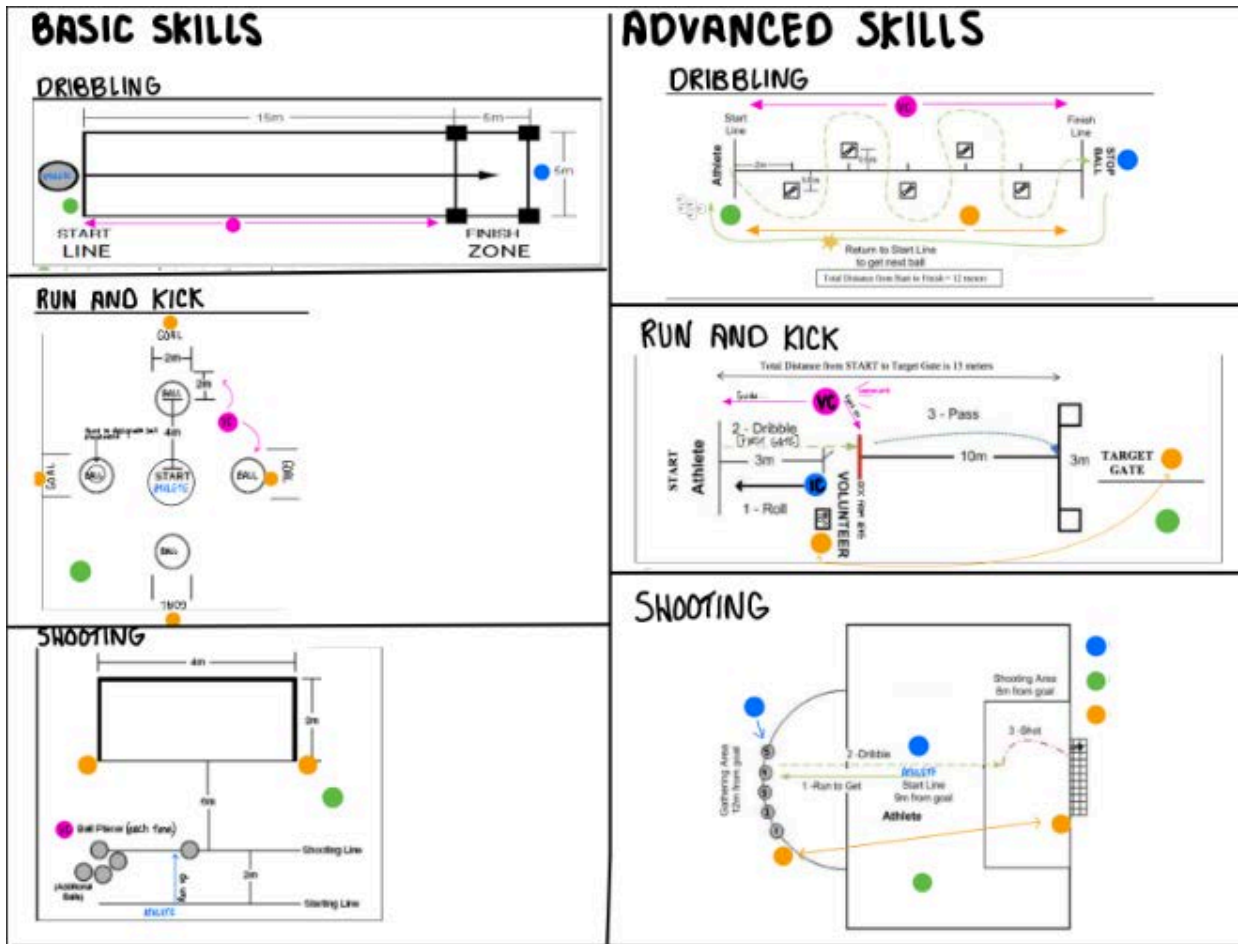
5 v 5 Soccer Competition

Friday, Saturday, and Sunday at Villanova Stadium

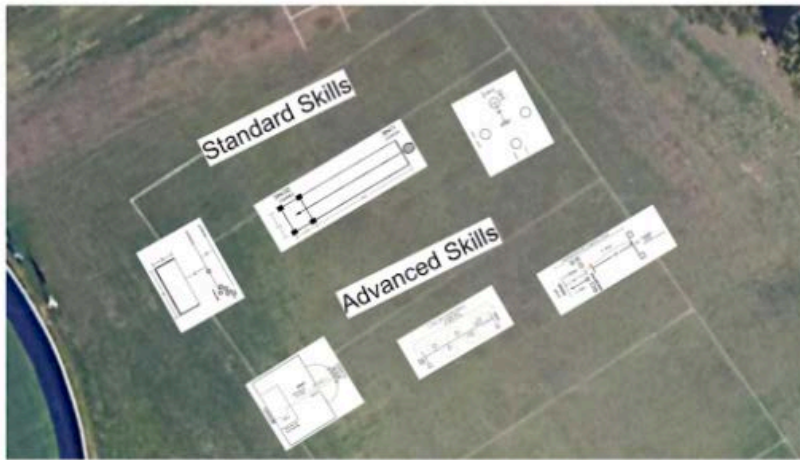


Soccer Individual Skills

Friday, Saturday, and Sunday at Pike Field



I-skills



- Standard Dribbling: 15x5 m
- Advanced Dribbling: 12x5 m
- Standard Run+Kick: 8x8 m
- Advanced Run+Kick: 15x8 m
- Standard Shooting: 4x10 m
- Advanced Shooting: 12x12 m

- include check in and water table
- will share med/vol table with 7v7

Appendix F

Saturday and Sunday Shuttle Schedules for Agnes Irwin

SATURDAY SHUTTLES:

AGNES IRWIN SCHOOL SHUTTLE 1 SCHEDULE VOLLEYBALL (BLUE LOOP)	
Saturday	
Event Start	8:00 AM
Event End	4:00 PM
THE BARTLEY EXCHANGE	AGNES IRWIN SCHOOL
7:00 AM	7:20 AM
7:40 AM	8:00 AM
8:20 AM	8:40 AM
9:00 AM	9:20 AM
BREAK	BREAK
11:00 AM	11:20 AM
11:40 AM	12:00 PM
12:20 PM	12:40 PM
1:00 PM	1:20 PM
1:40 PM	2:00 PM
2:20 PM	2:40 PM
3:00 PM	3:20 PM
3:40 PM	4:00 PM
4:20 PM	4:40 PM
5:00 PM	5:20 PM

AGNES IRWIN SCHOOL SHUTTLE 2 SCHEDULE VOLLEYBALL (BLUE LOOP)	
Saturday	
Event Start	8:00 AM
Event End	4:00 PM
THE BARTLEY EXCHANGE	AGNES IRWIN SCHOOL
7:20 AM	7:40 AM
8:00 AM	8:20 AM
8:40 AM	9:00 AM
9:20 AM	9:40 AM
10:00 AM	10:20 AM
10:40 AM	11:00 AM
11:20 AM	11:40 AM
12:00 PM	12:20 PM
12:40 PM	1:00 PM
1:20 PM	1:40 PM
2:00 PM	2:20 PM
2:40 PM	3:00 PM
BREAK	BREAK
4:40 PM	5:00 PM

SUNDAY SHUTTLES:

AGNES IRWIN SCHOOL SHUTTLE 1 SCHEDULE VOLLEYBALL (BLUE LOOP)	
Sunday	
Event Start	8:00 AM
Event End	11:30 AM
THE BARTLEY EXCHANGE	AGNES IRWIN SCHOOL
7:00 AM	7:20 AM
7:40 AM	8:00 AM
8:20 AM	8:40 AM
9:00 AM	9:20 AM
9:40 AM	10:00 AM
10:20 AM	10:40 AM
11:00 AM	11:20 AM
11:40 AM	12:00 PM
12:20 PM	12:40 PM

AGNES IRWIN SCHOOL SHUTTLE 2 SCHEDULE VOLLEYBALL (BLUE LOOP)	
Sunday	
Event Start	8:00 AM
Event End	11:30 AM
THE BARTLEY EXCHANGE	AGNES IRWIN SCHOOL
7:20 AM	7:40 AM
8:00 AM	8:20 AM
8:40 AM	9:00 AM
9:20 AM	9:40 AM
10:00 AM	10:20 AM
10:40 AM	11:00 AM
11:20 AM	11:40 AM
12:00 PM	12:20 PM
12:40 PM	1:00 PM

Appendix G

Friday, Saturday, and Sunday Shuttle Schedules for Cabrini

CABRINI SHUTTLE 1 SCHEDULE (GREEN LOOP)	
<i>Friday</i>	
Event Start	1:30 PM
Event End	4:30 PM
The Bartley Exchange	Cabrini
12:15 PM	12:45 PM
1:15 PM	1:45 PM
2:15 PM	2:45 PM
3:15 PM	3:45 PM
4:15 PM	4:45 PM
5:15 PM	5:45 PM

CABRINI SHUTTLE 2 SCHEDULE (GREEN LOOP)	
<i>Friday</i>	
Event Start	1:30 PM
Event End	4:30 PM
The Bartley Exchange	Cabrini
12:45 PM	1:15 PM
1:45 PM	2:15 PM
2:45 PM	3:15 PM
3:45 PM	4:15 PM
4:45 PM	5:15 PM
5:45 PM	6:15 PM

CABRINI SHUTTLE 1 SCHEDULE (GREEN LOOP)	
<i>Saturday</i>	
Event Start	9:00 AM
Event End	5:30 PM
THE BARTLEY EXCHANGE	CABRINI
8:00 AM	8:30 AM
9:00 AM	9:30 AM
10:00 AM	10:30 AM
<i>BREAK</i>	<i>BREAK</i>
1:00 PM	1:30 PM
2:00 PM	2:30 PM
3:00 PM	3:30 PM
4:00 PM	4:30 PM
5:00 PM	5:30 PM

CABRINI SHUTTLE 2 SCHEDULE (GREEN LOOP)	
<i>Saturday</i>	
Event Start	9:00 AM
Event End	5:30 PM
THE BARTLEY EXCHANGE	CABRINI
8:15 AM	8:45 AM
9:15 AM	9:45 AM
10:15 AM	10:45 AM
11:15 AM	11:45 AM
12:15 PM	12:45 PM
<i>BREAK</i>	<i>BREAK</i>
3:15 PM	3:45 PM
4:15 PM	4:45 PM
5:15 PM	5:45 PM

CABRINI SHUTTLE 1 SCHEDULE (GREEN LOOP)	
<i>Sunday</i>	
Event Start	9:00 AM
Event End	12:00 PM
THE BARTLEY EXCHANGE	CABRINI
7:00 AM	7:30 AM
8:00 AM	8:30 AM
9:00 AM	9:30 AM
10:00 AM	10:30 AM
11:00 AM	11:30 AM
12:00 PM	12:30 PM
1:00 PM	1:30 PM

CABRINI SHUTTLE 2 SCHEDULE (GREEN LOOP)	
<i>Sunday</i>	
Event Start	9:00 AM
Event End	12:00 PM
THE BARTLEY EXCHANGE	CABRINI
7:15 AM	7:45 AM
8:15 AM	8:45 AM
9:15 AM	9:45 AM
10:15 AM	10:45 AM
11:15 AM	11:45 AM
12:15 PM	12:45 PM