

For Immediate Release

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Special Olympics Pennsylvania Volunteer to Kick-Off Journey across the Country to Raise \$1 Million Dollars through Pepper Challenge in Pittsburgh

Dale Fallon to get One Million Volleyball hits through Peppering Drill

WHO: Dale Fallon, Special Olympics PA Volunteer

Special Olympics PA Athletes Special Olympics PA Leadership

WHAT: A longtime Special Olympics Pennsylvania volunteer, Dale Fallon, is embarking on a year-

long journey to raise \$1 million dollars for Special Olympics athletes by getting one million hits through peppering, which is a common volleyball drill. His journey will take him across the country from Pennsylvania to Colorado. He will also be attending local volleyball competitions, and connecting with local Special Olympics athletes and running clinics on

Peppering along the way.

WHEN: Wednesday, July 28 – Peppering with SOPA Athletes

Forest Hills Park (Ardmore Blvd. and Braddock Road) 6:30 p.m.

Day of Contact: Kathy Guy, Special Olympics Pennsylvania, (412) 298-9458

Friday, July 30 - Peppering with SOPA Athletes

South Strabane Park (750 Florial Hill Road, Washington, PA) & 6:00 p.m. **Day of Contact**: Jody Knight, Special Olympics Pennsylvania, (724) 825-5123

Saturday, July 31 - Check Presentation, Milestone Hit & Send Off

South Park Fairgrounds/South Park Oval (2390 Corrigan Drive South Park) at 5:00 p.m. **Day of Contact:** Kerry Wevodau, Special Olympics Pennsylvania, (717) 443-9979 Dale will gather with Special Olympics PA athletes as he receives a \$10,000 donation towards his goal, hits his 100,000 hit and gets sent off as he leaves Pennsylvania and begins his cross-country journey.

July 26, 2021 – Norristown, Pennsylvania – A longtime Special Olympics Pennsylvania (SOPA) volunteer, Dale Fallon, is embarking on a year-long journey to raise \$1 million dollars for Special Olympics athletes by getting one million hits through peppering, which is a common volleyball drill. His journey will take him across the country from Pennsylvania to Colorado.

Peppering is a drill in volleyball where the ball is hit/bumped back and forth among teammates, but without the net in the middle. Typically, two players take turns playing the ball while trying to keep the rally going without losing control.

Dale's goal is to not only raise awareness and funds for Special Olympics, but to also promote the game of Pepper as a way to learn physical flexibility, strength, fluidity, and stamina while promoting healthy movement.



Last year, Dale completed his first Pepper Challenge and raised \$10,000 for Special Olympics athletes. He got hooked and decided to combine his love for Peppering and traveling into a creative way to support SOPA athletes.

In addition to completing his quest for one million hits for one million dollars, Dale will be attending local volleyball competitions, connecting with local Special Olympics athletes, and running clinics on Peppering along the way. The stops that Dale will be making include:

Pittsburgh, PA – July 26th to July 31st – Will reach 100,000 hits Chicago, IL – August 5th to August 7th Oklahoma City, OK – August 12th to August 14th Albuquerque, NM – August 19th to August 21st Denver/Aspen, CO – August 25th to September 5th

You can support Dale and his quest by <u>donating</u>, <u>getting involved</u>, and following his journey on <u>Facebook</u>, <u>Instagram</u> and <u>Tik Tok</u>.

About Special Olympics Pennsylvania

Special Olympics Pennsylvania (SOPA) provides year-round training and competition in 21 Olympic-type sports to approximately 16,000 children and adults with intellectual disabilities or closely related developmental disabilities. For 50 years, SOPA and its 54 local programs have used the power of sports to transform the lives of people with intellectual disabilities and unite everyone by fostering community and building a more acceptable and civil society. Through its Athlete Leadership Programs, athletes assume meaningful leadership roles and influence change within the Special Olympics movement. SOPA also addresses major health challenges facing its athletes through its Healthy Athletes program that offers free health screenings and provides healthy lifestyle education. Additionally, SOPA strives to create a unified world by promoting inclusion, uniting communities, and changing attitudes. Through Unified Sports, SOPA brings together individuals with and without intellectual disabilities as equal teammates in training and competition, which promotes respect and acceptance, and facilitates meaningful relationships between people of all abilities. For more information about how you can join "The Inclusion Revolution," visit www.specialolympicspa.org.

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