



## FOR IMMEDIATE RELEASE

### CONTACTS:

Hailey Fuzak, PR & Marketing Manager, 610-630-9450, ext. 219 or [hfuzak@specialolympicspa.org](mailto:hfuzak@specialolympicspa.org)

Jessica Kury, Director of Events, Western PA, 724-375-7515, ext. 244 or [jkury@specialolympicspa.org](mailto:jkury@specialolympicspa.org)

## Hawley Resident Announced as One of Nine Special Olympics Pennsylvania Virtual UNcathlon Captains

Join One of Nine Unified Teams for the Virtual AMRAP Challenge

**(Norristown PA, August 12, 2020)** – Meaghan Martin, a [Special Olympics Pennsylvania](#) (SOPA) athlete that participates in the Area P program, was selected to be one of nine captains for the [2020 Virtual UNcathlon](#), taking place from Sunday, August 16th to Saturday, September 26th. The UNcathlon will feature a physical AMRAP (As Many Rounds As Possible) Challenge as well as a fundraising component that will unite individuals with and without intellectual disabilities to raise funds and awareness for nearly 20,000 Special Olympics athletes. Martin, along with her co-captain and former collegiate athlete Lexie Nowakowski from Don Appliances, will lead a team representing a region of the state that includes Lackawanna, Luzerne, Pike, Susquehanna, Wayne, and Wyoming counties.

Meaghan Martin has been a Special Olympics athlete since she was 8 years old and participates in athletics, bowling, basketball, and bocce. She is a Global Messenger (spokesperson for the movement) and has given multiple speeches at various events, including last year's Summer Games opening ceremonies at Penn State University. Additionally, Martin enthusiastically sells raffle tickets and gives speeches at local fairs to encourage her community to contribute to Special Olympics PA.

“Besides the fun of competing in all of the great events, I love the opportunities that Special Olympics offers for athletes to learn and grow in other areas, meet new people, make new friends, and the relationships that we have with our awesome coaches,” said Martin. With the assistance of her co-captain Lexie Nowakowski, Martin is excited to captain Team UNstoppable and hopes that everyone will join her to raise the most money in the AMRAP fundraising challenge.

The Virtual UNcathlon model includes an [AMRAP Challenge](#) which encourages participants to execute 10 repetitions of 5 exercises as many times as possible in 10 minutes. These exercises include push-ups, squats, lunges, mountain climbers, and plank jacks. Participants can choose to join Martin's team or [one of the other eight unified regional teams](#) to partake in this event.

[Special Olympics Unified Sports®](#), in which players with and without intellectual disabilities train and compete on the same team, allows athletes to engage in sports, create inclusion, socialize with peers

and form new friendships. The UNCathlon seeks to create inclusion and acceptance through sport while raising funds and awareness for Special Olympics.

The UNCathlon is co-presented by Morgan Stanley and Aerotek, both of whom have been supporting this event for the last 4 years. Additional sponsors include: Mascaro; Clearview Federal Credit Union; Dollar Bank; ECI; and Julian Gray.

Participants can donate and [join Meaghan Martin's team](#) until September 26th. For more information or to donate, visit [www.uncathlon.org](http://www.uncathlon.org) or call Jessica Kury at 724-375-7515, ext. 244.

***About Special Olympics Pennsylvania***

Special Olympics Pennsylvania (SOPA) provides year-round training and competition in 21 Olympic-type sports to more than 20,000 children and adults with intellectual disabilities or closely related developmental disabilities. For more information about how you can join "The Inclusion Revolution," visit [www.specialolympicspa.org](http://www.specialolympicspa.org).

###