



2016 Rule Change Summary

Figure Skating

Change From	Change To
Old Formatting	New Formatting with numerical system for ALL sections See also date change at footer to reflect June 2016
<p>Section A - Official Events</p> <p>5. Unified Sports® Pairs Skating a. Male Unified Sports Partner with an athlete b. Female Unified Sports Partner with an athlete</p> <p>6. Unified Sports Ice Dancing</p>	<p>2. Official Events</p> <p>2.5 Unified Sports® Pairs Skating (Pairs Levels 1-3)</p> <p>2.5.1 Male Unified Sports® Partner with an athlete</p> <p>2.5.2 Female Unified Sports® Partner with an athlete</p> <p>2.6 Unified Sports® Ice Dancing (Ice Dancing Levels 1-6)</p>
Section E - Rule of Competitions	<p>ADD: Badge Program</p> <p>6.1 Badge Program</p> <p>6.1.1 Badge 1</p> <p>6.1.1.1 Stand unassisted for 5 seconds</p> <p>6.1.1.2 Fall and stand up unassisted</p> <p>6.1.1.3 Knee dip standing still unassisted</p> <p>6.1.1.4 March forward 10 steps assisted</p> <p>6.1.2 Badge 2</p> <p>6.1.2.1 March forward 10 steps unassisted</p> <p>6.1.2.2 Swizzles, standing still (3 repetitions)</p> <p>6.1.2.3 Backward wiggle or march assisted</p> <p>6.1.2.4 2-foot glide forward for distance at least length of body</p> <p>6.1.3 Badge 3</p> <p>6.1.3.1 Backward wiggle or march</p> <p>6.1.3.2 5 forward swizzles covering at least 10 feet</p>



	6.1.3.3	Forward skating across the rink
	6.1.3.4	Forward gliding dip covering at least length of body
6.1.4	Badge 4	
	6.1.4.1	Backward 2-foot glide covering at least length of body
	6.1.4.2	2-foot jump in place
	6.1.4.3	1-foot snowplow stop (left or right)
	6.1.4.4	Forward 1-foot glide covering at least length of body (left and right)
6.1.5	Badge 5	
	6.1.5.1	Forward stroking across the rink
	6.1.5.2	5 backward swizzles covering at least 10 feet
	6.1.5.3	Forward 2-foot curves left and right across the rink
	6.1.5.4	2-foot turn front-to-back, on the spot
6.1.6	Badge 6	
	6.1.6.1	Gliding forward-to-backward 2-foot turn
	6.1.6.2	5 consecutive forward 1-foot swizzles on circle (left and right)
	6.1.6.3	Backward 1-foot glide length of body (left and right)
	6.1.6.4	Forward pivot
6.1.7	Badge 7	
	6.1.7.1	Backward stroking across the rink
	6.1.7.2	Gliding backward-to-forward 2-foot turn
	6.1.7.3	T-Stop left or right
	6.1.7.4	Forward 2-foot turn on a circle (left and right)
6.1.8	Badge 8	
	6.1.8.1	5 consecutive forward crossovers (left and right)
	6.1.8.2	Forward outside edge (left and right)



	6.1.8.3	5 consecutive backward 1-foot swizzles on a circle (left and right)
	6.1.8.4	2-foot spin
	6.1.9	Badge 9
	6.1.9.1	Forward outside 3-turn (left and right)
	6.1.9.2	Forward inside edge (left and right)
	6.1.9.3	Forward lunge or shoot the duck, at any depth
	6.1.9.4	Bunny hop
	6.1.10	Badge 10
	6.1.10.1	Forward inside 3-turn (left and right)
	6.1.10.2	5 consecutive backward crossovers (left and right)
	6.1.10.3	Hockey stop
	6.1.10.4	Forward spiral 3 times length of body
	6.1.11	Badge 11
	6.1.11.1	Consecutive forward outside edges (minimum 2 on each foot)
	6.1.11.2	Consecutive forward inside edges (minimum 2 on each foot)
	6.1.11.3	Forward inside Mohawk (left and right)
	6.1.11.4	Consecutive backward outside edges (minimum 2 on each foot)
	6.1.11.5	Consecutive backward inside edges (minimum 2 on each foot)
	6.1.12	Badge 12
	6.1.12.1	Waltz jump
	6.1.12.2	1-foot spin (minimum of 3 revolutions)
	6.1.12.3	Forward crossover, inside Mohawk, backward crossover, step forward (step sequence should be repeated clockwise and counter clockwise)
	6.1.12.4	Combination of three moves chosen from badges 9 – 12



	<p>6.1.13 Level I = Badges 1 – 5</p> <p>6.1.14 Level II = Badges 1 – 9</p> <p>6.1.15 Level III = Badges 1 – 12</p> <p>6.1.16 Level IV, V, VI = Badges 1 – 12 and Footwork and difficult jumps and spins and spirals</p> <p>6.1.17 REFERENCE; Figure Skating Coaching Guide resources resources.specialolympics.org</p>
<p>1. Singles Competition</p> <p>d. Level IV</p> <p>ii. Level IV Freestyle Program</p> <p>e. One foot spin with a maximum of two positions – no change of foot</p>	<p>6.6.2.3.5 One foot solo spin with only one position – no change of foot (solo camel, solo sit spin, solo lay back, solo upright)</p>
<p>1. Singles Competition</p> <p>e. Level V</p> <p>ii. Level V Freestyle Routine</p> <p>3.c. Change of foot spins</p> <p>3d. Change of position spins</p> <p>4. A mandatory 0.2 will occur for any additional elements (i.e. axel or multi-rotation jumps, flying spins).</p>	<p>6.6.2 Level V Freestyle Routine</p> <p>6.6.3.3 Change of position spins (camel sit, camel layback sit, etc)</p> <p>6.6.6 A mandatory 0.2 will occur for any additional elements (i.e. axel or multi-rotation jumps, change of foot spins, flying spins).</p>