Virtual Sports Camp Checklist

**Athletics**
- Empty paper towel or wrapping paper roll

**Basketball**
- Ball
- Shoes or water bottles for cones

**Bocce**
- Socks (preferrably long)
- Painter's tape
- Piece of string or yardstick
- Small bean bag/nerf ball/tennis ball
- Water bottle or sneakers for cones

**Bowling**
- 1-3 water bottles
- Water
- Indoor ball
- 1-5 soda bottles or plastic milk jugs
- Scissors
- Tape
- Small tennis ball or similar ball

**Flag Football**
- Pillow
- Hula hoop
- 10 water bottles or shoes for cones

**Floor Hockey**
- Roll of painter's tape or duct tape
- Broomstick or something similar
- Cardboard box

**Golf**
- Broom handle or yardstick/small stick
- Plastic golf ball or pink pong ball
- Plastic cup

**Soccer**
- Water bottles

**Softball**
- Empty paper towel or wrapping paper roll
- Tennis ball (or other indoor ball)

**Swimming**
- Towel
- Water bottle (with water in it)

**Tennis**
- Four sheets of paper
- Rubber band
- Frying pan (or tennis racquet)

**Volleyball**
- Beach or bath towel
- Strong tape
- Bins (laundry basket, trash cans)