



# Dena Russ Basketball



Dena Russ is 32-years-old and plays on the Area M Special Olympics basketball team. She considers her teammates her family, but also has a family of her own as she is a proud mother to two children.

Since joining Special Olympics, Dena has grown socially and has made lifelong friends. She also participates in bowling, floor hockey, speed skating and volleyball.

She works at Giant Supermarket and in her free time enjoys playing sports, hanging out with friends and going out to dinner and the movies.

## IN HER WORDS

“ It means the world to me. Once in a lifetime experience. ”

**Hometown:** Enola, Pa.

**Age:** 32

**Other Sports:** Bowling, floor hockey, speed skating and volleyball

**Local Program:** Area M

**Role:** Athlete

