



Monica Harmon

Soccer



Monica started volunteering for Special Olympics in 2015 while studying at West Chester University. In 2017, she became a Unified Partner for 7v7 soccer and feels blessed to work with the athletes. She moved from Los Angeles for school and now serves as a Facility Supervisor at WCU's Student Recreation Center. An avid fitness advocate, Monica aspires to become a fitness professional.

The All-American (2013) and Dean's List recipient (2015-17) also works as a personal trainer and feels that Special Olympics has changed her life. She is passionate about the way Special Olympics allows athletes to feel welcomed, empowered and brave.

IN HER WORDS

“ I love seeing athletes who feel they cannot do something end up achieving goals they never thought were possible. ”

Hometown: Los Angeles, Calif.

Age/Years Involved: 22/4

Other Sports: Basketball (coach)

Local Program: Chester County

Role: Unified Partner

