

# Special Olympics Pennsylvania

## 2022 USA Games

### Athlete Selection Process



USA Games is a highly unique event that presents stresses and challenges unlike ANY other Special Olympics Pennsylvania (SOPA) local, invitational or state event. Each Local Program/Coach must be sure the athlete(s) they recommend will be able to physically, mentally, emotionally and SAFELY handle the undertaking. Athletes must meet the [minimum requirements](#) in order to be included in the selection process as well as the below requirements:

#### **FALL SPORTS**

Fall Fest 2021 in-person event, Fall Fest 2019 and Fall Fest 2018 results will be used for the selection process. All Gold medalists will be included in the randomized draw for selections.

In order to be considered for selection, athletes must meet all of the following criteria:

1. Complete the 2022 USA Games Athlete Questionnaire;
2. Have successfully participated in an overnight State level event and;
3. Be actively participating in at least 1 Commit to Fit activity. Examples currently include a) at-home sports specific training with a coach b) in-person sports specific training with a coach c) Fitness Heptathlon with a coach d) Strides/Move Fitness Challenge as an individual and/or Unified pair.

#### **BOWLING**

Fall 2021 In-Person Bowling event, SG 2018 and IWG 2019 results will be used for the selection process. All Gold medalists will be included in the randomized draw for selections.

In order to be considered for selection, athletes must meet all of the following criteria:

1. Complete the 2022 Athlete Questionnaire;
2. Have successfully participated in an overnight State level event and; 3) Be actively participating in at least 1 Commit to Fit activity. Examples currently include a) at-home sports specific training with a coach b) in-person sports specific training with a coach
3. Fitness Heptathlon with a coach d) Strides/Move Fitness Challenge as an individual and/or Unified pair.

#### **SPRING SPORTS**

Summer 2021 in-person State level event, SG 2019 and SG 2018 results will be used for the selection process. All Gold medalists will be included in the randomized draw for selections.

In order to be considered for selection, athletes must meet all of the following criteria:

1. Complete the 2022 Athlete Questionnaire;
2. Have successfully participated in an overnight State level event and;
3. Be actively participating in at least 1 Commit to Fit activity. Examples currently include a) at-home sports specific training with a coach b) in-person sports specific training with a coach c) Fitness Heptathlon with a coach d) Strides/Move Fitness Challenge as an individual and/or Unified pair.