

2022 USA Games Athletics and Swimming Categories

Sport	Events		
Athletics	Category 1 <ul style="list-style-type: none"> • 50M Run • 100M Walk • 400M Walk • Long Jump • Mini Jav 	Category 2 <ul style="list-style-type: none"> • 100M Run • 200M Run • 400M Run • 4x100M Relay • 4x400M Relay • Shot Put • Long Jump • Mini Jav 	Category 3 <ul style="list-style-type: none"> • 400M Run • 800M Run • 1500M Run • 4x100M Relay • 4x400M Relay • Shot Put • Long Jump • Mini Jav
	Category 4 <ul style="list-style-type: none"> • 1500M Run • 3000M Run • 5000M Run • 10,000M Run • 4x100M Relay • 4x400M Relay 	Category 5 <ul style="list-style-type: none"> • Pentathlon • 4x100M Relay • 4x400M Relay 	Category 6 <ul style="list-style-type: none"> • Interscholastic Unified Team
Swimming	Category 1 <ul style="list-style-type: none"> • 25 Freestyle • 25 Backstroke • 4x25 Freestyle Relay 	Category 2 <ul style="list-style-type: none"> • 25 Backstroke • 50 Butterfly • 50 Breaststroke • 50 Freestyle • 50 Backstroke • 100 Freestyle • 4x25 Freestyle Relay • 4x50 Freestyle Relay • 4x50 Medley Relay 	Category 3 <ul style="list-style-type: none"> • 100 Freestyle • 100 Backstroke • 100 Butterfly • 100 Breaststroke • 100 individual Medley • 200 Individual Medley • 200 Freestyle • 400 Freestyle • 4x25 Freestyle Relay • 4x50 Freestyle Relay • 4x50 Medley Relay



SPECIAL OLYMPICS
USA GAMES
 ORLANDO 2022