

2020 Virtual Leadership Conference: Return to Activities

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Chat-Box Questions



**Special
Olympics**
Pennsylvania



What about at home for swimming? Athletes can reach out to their coaches at any time to train at home. March 15th is the official start date for spring sports.

What about in person and at home for soccer? Athletes and training sites are able to train for in-person and at-home training if they have completed the [Site Registration and Advancement Form](#).

How can we do the at home training in sports that we may not normally do? Like I haven't really done fall sports in a few years but would like to do the at home training in a fall sport, if possible. Athletes can connect with their program management team to see what coaches are training in the sport you would like to participate.

How can I get the athletes in area m excited about in home training? Engage with the athletes. See what types of activities excites them. Athletes do not need to participate in fall sectionals to competing in Fall Fest. Use your athletes as resources. Connect athletes that are currently training at-home with athletes that are not. Show them the benefits of resuming training for their health and well-being. Train with your athletes.

How will you make it more accessible? Here is to connect with athletes to make training more accessible. [Engaging Athletes without Computers/Internet](#).

Will there be Winter Games in person? We have not yet made a decision on Winter Games.

Does a program need to offer at home training in order to in order to participate in that sport this fall? Athletes will need to be training at-home or in-person with a coach in order to compete in Fall Sectionals and Fall Fest.

I didn't see Centre County on the chart of in person or at home sports practices. Athletes can reach out to their coaches or management team member and express their desire to participate in at-home practices.

How will sectionals work for bowling? Our season normally starts this month. More guidance on bowling and winter sports will be shared shortly.

What if your county doesn't reach out to you or do anything? Can you still participate in the competitions? Athletes whose programs are not currently offering at-home training can complete the [At-Home Training Interest Form](#).

How does SOI define "obese?" The Center for Disease Control and Prevention (CDC) defines obesity as a [body mass index](#) (BMI) of 30 or above.

Will we have access to all of this information? All of Special Olympics Pennsylvania (SOPA) Return to Activities information can be found on the COVID-19 protocol webpage on the SOPA website. The direct link is here: <https://specialolympicspa.org/covid-19-protocols>.

Some people don't have internet access. Is there a printable form for the athlete risk assessment form that they can fill out to be approved to return? The COVID-19 Participant Code of Conduct and Risk Assessment Form must be electronically signed and submitted via Google Forms: <https://bit.ly/31zr5S7>. If a participant does not have access to submit electronically, they must bring a completed paper form to the first activity and provide to the COVID-19 Coordinator upon arrival.