

## **INTERSCHOLASTIC UNIFIED SPORTS**





IUS is a fully-inclusive co-ed high school sports program which facilitates social inclusion by bringing together students with intellectual disabilities, other disabilities, and without disabilities on teams for training and competition. These teams are regarded the same as any other varsity sports team at the school.

IUS also includes Unified Clubs where students with and without disabilities collaborate to improve their school's culture; and whole school engagement activities designed to promote inclusion, acceptance, and respect for all students.

81%

of students say that the three IUS components

are changing their

school for the better.

## Our IUS Strategy The Issues: **Our Impact:** Consists of 3 Components: Children with disabilities 58% of administrators are two to three feel that IUS components **Unified Sports** have made a big impact in times more likely to be reducing bullying and bullied than their peers teasing in their schools. without disabilities. Inclusive Youth There is a Strong 63% of school liaisons Leadership and administrators feel relationship between that IUS components have school connectedness and made a big impact in important outcomes such as Whole School creating a more inclusive regular school attendance school environment. Engagement and staying in school.

## **Our Focus and Approach**

Special Olympics PA's (SOPA) goal is to offer IUS in at least 180 of the nearly 1,000 high schools in Pennsylvania by the end of 2020. Currently 85 high schools participate in 12 counties and the cities of

schools participate in 12 counties and the cities of Philadelphia, Pittsburgh, and Erie. While the early demand for Interscholastic Unified Sports (IUS) from school districts around the state has been incredibly strong, SOPA is currently limited in its ability to grow the program, largely due to financial limitations. Currently three Unified Sports are offered: indoor bocce, track and field and soccer. Student athletes participate in 10 week long seasons with practices twice a week, 3-5 local competitions, county/city championships, and state championships.

Our program is supported by the Pennsylvania Interscholastic Athletic Association (PIAA) and the Pennsylvania Department of Education.

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