

2021-22 Bocce Preseason Coaches Meeting

Agenda

- Welcome
- UCS Staff
- What is new for 2022!
- Reminders
- Dates and Deadlines
- Advancement to PIAA/SOPA State Championships
- PIAA/SOPA State Championships
- Questions



Play Unified with Special Olympics



UCS STAFF

Eastern	Central	Western
James Ellison Berks County	Jennifer Tresp North Central & North Western PA	Eric Jankoski Allegheny County
Ashley Herr Southeastern PA	Lauren Saulter South Central PA	Stephanie Taylor Western PA
Mike Jordan Philadelphia	Jan Holt Greater Harrisburg Area	
Allison Kandrovy Northeast PA		



NEW FOR 2022!

Covid Mask Restrictions



- Athletic Directors will be asked for your schools **Varsity Sport Mask Policy.**
- The policy in your league schools will be provided to you.
- You will be required to follow the procedure of the school you are competing at



Student Athlete Requirements



- Eligible students -
 - 9th to 12th grade
 - including students up to the age of 21 who are still receiving services from the school district.
- FOR THIS YEAR ONLY students who are 22 who have opted in for an additional year of high school
- All participants must complete both forms to be eligible for participation:
 - PIAA Forms -
 - The school will file this form as they do for all PIAA Participant forms
 - SOPa E-waiver -<u>https://forms.gle/G22vPjbUZo2rjDG57</u>
 - This form should be completed by families or guardians
 - Paper copies are available if needed contact your SOPA Liaison

Practices



- 1. Practice a minimum of twice a week after school
- 2. On weeks when you have a match, you are only required to have one practice.
- 3. All practices should have 10 minutes of Fitness Training
 - a. We will provide you with a Unified Fitness Kit. This kit includes equipment and Fit 5 exercise cards.



Practices/Training Plan



COMPONENT	INCLUDES		
Warm Up	Speed walking or jog around gym or practice area		
Dynamic Stretching	Exercises to get the heart pumping/Fitness Training		
Skills Training	Pointing, Deadball, Banking etc		
Game or Game like situation	Play a game or set up a challenge that you would see in a game		
Cool Down	Speed walking or jog around gym or practice area		
Static Stretching & Team Chat	Exercised to slow the heart down and discuss next practice and what you did that day		

https://specialolympicspa.org/unified-champion-school-resources - 10 preset training plans

Players needing 1:1 or Paraprofessionals

Coaches must identify student athletes who need support on the preseason rosters & reiterate during coaches meetings which athletes have 1:1 support.

These individuals:

- May transition from one end of the court to the other with their student
- No coaching!



Managing Pace of Play



Officials are responsible for helping to keep the pace of play flowing to allow for the most playing time possible.

Prompt 1 is from the Head Official – "Red in, Green roll"

Prompt 2 will be given by the Head Officials 10 seconds after first prompt

Exceptions: Allow wheelchair, visual/hearing impaired athletes to get into place before 10 second count would begin

Prompt 3 will be given 10 seconds after Prompt 2; Head Official will declare "I will start a 10 second countdown."

o If the ball is not played, it will be declared a dead ball.

o 10 second hand count will be displayed by the head official

Time Outs

- Coaches Time Out
 - Each team one 60 second time-out per game
 - o Coach must request the time out to the official
 - o Your team must be in possession of the ball
 - o Clock will stop for the 60 seconds
 - Allowable anytime during the course of the game
 - Once the official announces the time out the coach will go to the players





Ball Release above the waist



Releasing the ball above the waist <u>will be</u> considered a foul and declared a dead ball.





Lineup Card - Submit to Score Table

UNIFIED BOCCE LINE-UP CARD Submit to Score Table				School	
	Team 1			Team 2	
		Athlete			
		or			Athlete or
Team Name	Captain	partner	Team Name	Capta	ain partner
Player 1			Player 1		
Player 2			Player 2		
Player 3			Player 3		
Player 4			Player 4		
Player 5			Player 5		
Player 6			Player 6		
Player 7			Player 7		
Player 8			Player 8		

Coaches Quiz

- All coaches Open book quiz we encourage you to use your Bocce Coaches' Resource Guide while taking this quiz.
- Quiz must be taken by: November 24th.
- Any coach who fails the quiz will have a 1:1 meeting with your Liaison to review the missed questions.

Bocce Quiz Link - Bocce Quiz









REMINDERS!

Shirt Ordering



Order By: Friday, December 17th

Ampros Website: <u>https://store.amprogo.com/sopa-ius-uniforms/shop/home</u>

- NEW SCHOOLS -
 - 8 Athlete/unified partner polo shirts Per Team
 - 1-2 Coach Polos (Different color than athlete shirts)
 - 4 Official Polos
- **RETURNING SCHOOLS** -
 - Should only be ordering sizes needed above your current inventory
- NEW COACHES -
 - 1 Polo each (Different color than athlete shirts)

<u>Can our school order our own Polo Shirts?</u> Yes, **REQUIRES PRE-APPROVAL** from Special Olympics PA before you place your order. Please contact your SOPA Liaison for requirements.





Allowed:



Attire



Not Allowed:

Denim pants (jeans), anything with rips or tears, cargo pants, any colored pants other than black, navy blue or khaki, prints, no leggings with cut-outs above the knee







Allowed:

Athletic sneakers/tennis shoes. Velcro is allowed as needed for participants. Can be any color.





Not allowed:

- Slip On
 - o Ex. such as Vans, Toms,
- Boots
 - o Ex. such as Uggs, Timberlands,

Temberland

UCG*

• Flip-flops, sandals



Bocce Balls



- Gel Filling is a completely inert, non-toxic high density mixture
- Clean up with only soap and water. Air Dry
- Need air? Use a hand held air pump.
 - Give it a small pump of air.
 - Be careful to not overfill the ball.
 - Size of the bocce ball should be 107mm.



• Call your liaison immediately if the ball will not fill or loses shape.

Team Rosters



- Bocce team roster
 - minimum of 6
 - 3 Athletes & 3 partners
 - maximum of 8
 - 4 athletes & 4 partners Ideal
 - 3 athletes & 5 partners
 - 5 athletes & 3 partners



• There are **NO SUBSTITUTES OR ALTERNATES** allowed, and players cannot be replaced during the season for any reason.

Team Rosters Continued



- Team Rosters are due, Friday, December 17th
 - No additional players may be added after the 17th
 - Schools with 2 Teams When rosters are submitted no team members may changes teams
- Winter season interscholastic sports athletes CANNOT participate on the Unified Indoor Bocce team. Fall and spring varsity athletes are eligible to participate.
- On your Roster identify your <u>ADULT</u> Head Officials and list their names on your team roster. Line Officials may be students.

Game Day Line Up



- Game day rosters MUST stay intact without alterations or substitutions.
- For an official match to be played:
 - a team must have a minimum of 4 players: 2 athletes and 2 Unified partners.
- If a team has less than 2 athletes and 2 Unified partners, it forfeits the game and an exhibition (non-scoring) game is played.

If you have less than 8 players see the "Player Rotation" page of the "Bocce Coaches Resource Guide."

Coaches Chair



- Coaches are required to remain in the "Coaching Chair" (30 ft line)
- Coaches **MAY NOT** provide instructions to the team once play begins.
 - Remember each coach has one time-out during the 30 minute game.
 - Coaches **MAY** provide positive affirmations such as "good roll", "nice job," etc.



Need to Know Numbers



- **30 minutes or 16 points** Length of each game or the number of points scored to win the game.
 - If the score is tied Play one more frame to break the tie
- 1 minute Length of a time out

time.

- 7 minutes left to play "Delay of Game" if your team "slows down play" in an attempt to win the game.
 - **1** Number of warnings your team will receive
 - **4** The number of points the opposing team will receive if your team receives a second warning.
- **2 minute warning** Final 2 minutes of play. When called:
 - If you are in the middle of a frame complete it and end the game.
 - If you are about to start a frame stop do not start a new frame
 - A frame is considered started when the palina has been rolled at least one

Support Materials





Ramp Styles/Building Instructions Court Construction Diagram Player Rotation Blank Training Plan **Competition Format** Spectators Guide to Bocce **Game Day Score Sheet** Line-Up Cards

Letter of Intent - PIAA/SOPA State Championships



DATES AND DEADLINES



Week of November 29th - Season begins with practices

Friday, December 3rd - Schedules for league play sent to coaches Friday, December 17th

• Team Roster Due & Deadline for Placing Uniform Orders

Wednesday, January 5th - Bocce Competition Management Webinar Monday, January 10th – Friday, February 18th - League Play Tuesday, February 22nd - Friday, March 4th - League Championships State Qualifiers - Must be completed by Thursday, March 10th

Bocce Competition Management Webinar



Wednesday, January 5, 2022 - 3:30 pm

Webinar will include:

- Facility set-up
- Rule highlights
- Officials training information
- Electronic scoresheets
- Rescheduling of events
- Virtual competition (if necessary)

Bocce Competition Management Webinar Link





ADVANCEMENT TO PIAA/SOPA STATE CHAMPIONSHIPS

League Play Champions to State Qualifiers



New Layered Process:

- **1. League Championships** (previously called Regional or County Championship)
 - a. All schools participate and receive awards for their placement in the League.
- 2. State Qualifiers
 - a. The winners of the League Championships will compete against the other League Champions in their Regional Qualifying Group for the slots for the PIAA/SOPA Championships
- 3. PIAA/SOPA State Championships

Wild Card Selection:

- 1 slot available
- Regions with 1 slot -
 - Winning team moves on
 - Other team will be placed in the random draw for the wild card slot

State Qualifier Groups



State Qualifier Group	League Groupings	Number of Schools	Slots
1	(Bradford/Tioga) (Potter/McKean)	8	1
2	Pittsburgh	8	1
3	(Columbia/Northumberland) (NEPA)	8	1
4	(Centre/Clinton/Huntingdon) (Clearfield)	9	1
5	(Blair) (Cambria/Somerset/Bedford) (Westmoreland)	12	1
6	Веаver	12	1
7	Delaware	13	1
8	Montgomery/Bucks	14	1
9	Butler/Lawrence/Mercer	15	1
10	(Berks) (Chester) (Lancaster/York)	17	2
11	Allegheny County	16	2
12	Mid-Penn	18	2
Wild Card	All regions with one slot - Second highest placement team with an LOI would be eligible for random wild card drawing.		1



PIAA/SOPA STATE CHAMPIONSHIPS

PIAA/SOPA Championships



Wednesday, January 19th

• PIAA/SOPA Bocce Championships Webinar – 3:30 pm

Friday, February 18th

• PIAA/SOPA Bocce State Championship Letter of Intent due

Thursday, March 10th

• PIAA/SOPA Bocce Championship Housing Due

Wednesday & Thursday, March 23rd & 24th

• PIAA/SOPA Bocce Championship

PIAA/SOPA State Championships



- This year 16 teams will qualify for the Unified Indoor Bocce State Championships based on winning their respective State Qualifier.
- Dates: Wednesday, March 23rd Thursday, March 24th
 - Location:
 - Wednesday evening, March 23 Teams arrive at the competition venue (TBD) no later than 5:00 pm. All teams will be housed in a hotel in Hershey by Special Olympics PA
 - Thursday morning, March 24 GIANT Center, 550 Hersheypark
 Dr., Hershey, PA 17033

PIAA/SOPA Championships



SPECIAL OLYMPICS PA WILL PROVIDE THE FOLLOWING

- Competition management and coordination of all event logistics
- Wednesday (March 23) Dinner, competition, and housing in Hershey, PA
- Thursday (March 24) Breakfast, lunch, competition, Opening Ceremonies, awards ceremonies



PIAA/SOPA Championships



YOUR SCHOOL WILL PROVIDE

- Transportation to, during and from Hershey
- 2 coaches (required ratio of 4 students to 1 adult per Special Olympics PA policy)
- Teams MUST have a minimum of 6 and a maximum of 8 team members
- All athletes MUST be dressed in proper uniform
- Completed 2021-22 PIAA/SOPA Athlete Medical (must be the one provided to you from SOPA) for all athletes and partners on file with their school.

QUESTIONS?