



LOW COVID-19 COMMUNITY TRANSMISSION RATE
< 10 new cases daily per 100,000 people
MODERATE COVID-19 COMMUNITY TRANSMISSION RATE
11-15 new cases daily per 100,000 people

<u>Protocols</u>	<u>Mitigation</u>
Event Size and Venue Type	Size and venue allowable per State of Pennsylvania and local authority regulations.
Type of sport/activity	<p>All SOPA Local Programs can return to sport training, competition, meetings, and social gatherings in accordance with the State of Pennsylvania and local authority regulations.</p> <p>All SOPA Local Programs inclusive of sport training, competition, meetings and social gatherings are required to follow all of the guidance and requirements in the SOPA Return to Activities plan.</p>
COMMUNICABLE DISEASES PARTICIPANT (ATHLETE AND VOLUNTEER) RISK ASSESSMENT, CODE OF CONDUCT, AND WAIVER	Every participant (Athletes, Unified partners, Coaches, Officials, Volunteers, HODs, SO Staff, and families/caregivers if they will not exclusively be in spectator only spaces) is required to complete the COMMUNICABLE DISEASES PARTICIPANT (ATHLETE AND VOLUNTEER) RISK ASSESSMENT, CODE OF CONDUCT, AND WAIVER prior to the start of the in-person activity.
COVID-19 Coordinator	<ul style="list-style-type: none"> > The site must designate a primary point of contact for all questions related to COVID-19, and all participants must be provided the person's contact information. > The COVID-19 Coordinator must submit the Site Registration Form. > The COVID-19 Coordinator must communicate potential cases to the local health authorities for testing and to SOPA (within privacy laws). > The COVID-19 Coordinator must conduct the screening protocol and complete the Screening and Tracking Report Form for all participants.
Site Registration Form	<ul style="list-style-type: none"> > The COVID-19 Coordinator must submit the Site Registration Form, which is found on the SOPA website. > The purpose of this form is to register a Local Program in-person activity. > This form must be completed and submitted by the COVID-19 Coordinator prior to the start of the activity.
Onsite Screening	<ul style="list-style-type: none"> > The COVID-19 Coordinator must screen and monitor all participants for symptoms. > Signage on preventive measures (handwashing, social distancing and masking) and education on symptoms and reminder to stay home if sick or any symptoms.

Return to Activities Abbreviated Plan



<p>Positive COVID-19 test or previous COVID-19 disease</p>	<p>> No participation within 10 days of COVID-19 positive test and 7 days of any symptoms. > Participants who test positive for/have COVID-19 must provide written medical clearance before returning to activity.</p>
<p>Masking</p>	<p>Low risk: Unvaccinated participants are required to wear masks indoors and outdoors, except when actively engaged in sports training and competition. Masks are strongly recommended for vaccinated participants, especially when indoors, except when actively engaged in sports training and competition.</p>
	<p>Moderate risk: Masks are required for ALL participants except when actively engaged in sports training and competition.</p>
<p>Social Distancing</p>	<p>Take active measures to ensure social distancing as much as possible when not actively engaged in sports training and competition, especially in indoor spaces.</p>
<p>Travel and Transportation</p>	<p>Travel permitted with precautions as outlined on pages 11 and 12 of the Return to Activities plan.</p>
<p>Competition Events</p>	<p>Single day events Participants are not required to be vaccinated, unless required by venue.</p> <p>Overnight events All delegation members, technical delegates (sport directors, etc), and any additional individual housed by SOPA are required to be vaccinated.</p> <p>SOPA Housing policy will be followed.</p>
<p>Non-Competition Events</p>	<p>Single day events Participants are not required to be vaccinated, unless required by venue.</p> <p>Overnight events Unvaccinated participants from different households may not room together. If one individual is unvaccinated max of two per room.</p>
<p>Vaccination</p>	<p>> If an event requires participants to be vaccinated, proof of vaccination is required. > Process to obtain proof of vaccination to be determined.</p>

Return to Activities Abbreviated Plan



Sanitization	Follow sanitization protocol for all communal shared areas (e.g., bathrooms, meal areas) and frequently touched surfaces and shared equipment between uses.
Spectators	<ul style="list-style-type: none">> Permitted per State of Pennsylvania and local authority regulations.> Separation from participants as much as possible and not permitted in athlete areas.
Meals	<ul style="list-style-type: none">> No self-serve buffet meals.> Stagger mealtimes and cohort groups as much as possible, especially when indoors.> Participants bring their own water bottles.
Non-Sport Gatherings (during Competitions)	Follow size restrictions, venue options and risk mitigation guidance per above.
Ceremonies	<ul style="list-style-type: none">> Follow size restrictions, venue options & risk mitigation guidance per above.> For award ceremonies, strongly recommend outdoors.
Young Athletes	<ul style="list-style-type: none">> Children, coaches and volunteers must wear masks during Young Athletes activities.> Social distancing and outdoor activities are highly encouraged.> See Appendix for more guidance on Young Athletes.
School-Based Activities	School-based activities led by schools are considered separate from this framework and should comply with guidance from schools/districts.
Fundraising Events	<ul style="list-style-type: none">> Fundraising events are considered separate from this framework.> Activities must follow local guidelines around group gatherings.> See Appendix for more guidance on Fundraising Activities.



SIGNIFICANT COVID-19 COMMUNITY TRANSMISSION RATE
>15 new cases daily per 100,000 people
AND
<80% of participants are fully vaccinated

<u>Protocols</u>	<u>Mitigation</u>
Event Size and Venue Type	<p>Entirely Outdoors (except restrooms): Size and venue allowable per State of Pennsylvania and local authority regulations.</p> <p>Indoors or Mixed Indoors/Outdoors: ≤ 50 participants</p> <p>NOTE: Mixed venue=Events that still have indoor components (e.g., meals) even if primary activity is outdoors.</p>
Type of sport/activity	<ul style="list-style-type: none"> > Individual sports and indirect contact sports only for competition play. > No competitive play for contact sports – drills only. > For non-sport (meetings and social gatherings): Social distancing and no direct contact.
COMMUNICABLE DISEASES PARTICIPANT (ATHLETE AND VOLUNTEER) RISK ASSESSMENT, CODE OF CONDUCT, AND WAIVER	<p>Every participant (Athletes, Unified partners, Coaches, Officials, Volunteers, HODs, SO Staff, and families/caregivers if they will not exclusively be in spectator only spaces) is required to complete the COMMUNICABLE DISEASES PARTICIPANT (ATHLETE AND VOLUNTEER) RISK ASSESSMENT, CODE OF CONDUCT, AND WAIVER prior to the start of the in-person activity.</p>
COVID-19 Coordinator	<ul style="list-style-type: none"> > The site must designate a primary point of contact for all questions related to COVID-19, and all participants must be provided the person’s contact information. > The COVID-19 Coordinator must submit the Site Registration Form. > The COVID-19 Coordinator must communicate potential cases to the local health authorities for testing and to SOPA (within privacy laws). > The COVID-19 Coordinator must conduct the screening protocol and complete the Screening and Tracking Report Form for all participants.
Site Registration Form	<ul style="list-style-type: none"> > The COVID-19 Coordinator must submit the Site Registration Form, which is found on the SOPA website. > The purpose of this form is to register a Local Program in-person activity. > This form must be completed and submitted by the COVID-19 Coordinator prior to the start of the activity.
Onsite Screening	<p>The COVID-19 Coordinator must screen and monitor all participants for symptoms.</p>

Return to Activities Abbreviated Plan



Positive COVID-19 test or previous COVID-19 disease	<ul style="list-style-type: none">> No participation within 10 days of COVID positive test and 7 days of any symptoms.> Participants who test positive for/have COVID-19 must provide written medical clearance before returning to activity.
Masking	Masks required at all times for ALL participants, except when actively engaged in sports training and competition.
Social Distancing	Social distancing required at all times.
Travel and Transportation	<ul style="list-style-type: none">> Not permitted outside of the Local Program.> See pages 11 and 12 of the Return to Activities plan for the Travel and Transportation guidance.
Accommodations	Overnight events with accommodations are not permitted.
Vaccination	If an event requires participants to be vaccinated, proof of vaccination is required.
Sanitization	Follow sanitization protocol for all communal shared areas (e.g., bathrooms, meal areas) and frequently touched surfaces and shared equipment between uses.
Spectators	Not permitted.
Meals	<ul style="list-style-type: none">> Participants bring their own meals and water bottles and/or pick-up only.> Stagger mealtimes and cohort groups.
Non-Sport Gatherings (during Competitions)	<ul style="list-style-type: none">> Limit additional non-sport gatherings (e.g. Olympic village) occurring during competitions.> No large social gatherings (e.g. Victory Dance) occurring during competitions.> If held, follow size restrictions, venue options and risk mitigation guidance per above.

Return to Activities Abbreviated Plan



Ceremonies	<ul style="list-style-type: none">> No in-person opening/closing ceremonies.> For award ceremonies, maintain size limits, masking, sanitization, and social distancing requirements outlined above. Find alternatives to placing medals around the athletes' necks to maintain social distancing.
Young Athletes	<ul style="list-style-type: none">> Children, coaches and volunteers must wear masks during Young Athletes activities.> Social distancing and outdoor activities are highly encouraged.> See Appendix for more guidance on Young Athletes.
School-Based Activities	School-based activities led by schools are considered separate from this framework and should comply with guidance from schools/districts.
Fundraising Events	<ul style="list-style-type: none">> Fundraising events are considered separate from this framework.> Activities must follow local guidelines around group gatherings.> See Appendix for more guidance on Fundraising Events.