Training sites must follow all of the required guidance and processes set forth in the Return to Activities plan.

- **Now:** SOPA programs are in Return to Play in Phase A.
  - Phase A, at-home virtual training, is an option available at all times throughout the year.

- **Throughout July:**
  - Weeks of July 6 and 13: Pilot programs to be conducted in different parts of the state.
  - Week of July 20:
    - SOPA communicates and widely disseminates its Return to Activities plan with resource materials.
    - Interactive webinars are scheduled.

- **August 1 (fall season):** SOPA programs that are located in counties designated by the State of Pennsylvania as being in the Green phase, are eligible to offer programming delineated in Phase B.
  - The only options available in the fall season will be Phase A (if a county is designated by the State of Pennsylvania as being in the Red or Yellow phase) or Phases B or C (if a county is designated by the State of Pennsylvania as being in the Green phase). SOPA is proceeding cautiously and prudently for the first rollout of reopening, so Phases D and E will not be available in the fall.

- **September until November 8:** Virtual local competitions are conducted between training sites; Virtual Sectionals are held on October 3; and Virtual Fall Fest takes place from November 6-8.

- **December 1 (winter season):** SOPA programs that are located in counties designated by the State of Pennsylvania as being in the Green phase, are eligible to offer programming delineated in Phases A, B, C, or D.
  - A county is permitted to offer training and competition in Phase D provided that they have already completed phases B and C and received SOPA approval.

- **January through early March:** Depending on a county’s phase, either virtual or in-person (up to 50 participants) competitions can be conducted only within the Local Program. Sectional and State Games will be conducted using a virtual format.
• **March 15 (spring season):** SOPA programs that are located in counties designated by the State of Pennsylvania as being in the Green phase are eligible to offer programming delineated in Phases A, B, C, D, or E.
  - A county is permitted to offer training and competition in Phase E provided that they have already completed phases B, C and D and received SOPA approval.

• **April through Summer Games:** Depending on a county’s phase, either virtual or smaller in-person *(up to 50 participants)* or larger in-person *(up to 150 participants)* at any single facility) local competitions and invitationals are conducted between training sites. Determination of the format for State Sectionals and State Games (Phase B, C, D, or E) is dictated by the prevalence of COVID-19 cases and following the guidance of the State of Pennsylvania.