



2022

CAPITAL AREA POLAR PLUNGE

CONEWAGO DAY USE AREA • JANUARY 22, 2022

Registration 9:00 am | Plunge Town 9:00 am — 12:00 pm | Plunge 12:00 pm

Plunger & Too Chicken Registration: \$50 minimum fundraising goal

Cool Schools Plungers: \$35 minimum fundraising goal

FREE to spectators, FREE parking

Jumping into icy waters not for you? Register as:



Too Chicken to Plunge OR Take the Polar Pop



SCAN ME

