2021-2024 STRATEGIC PLAN















is an inclusive world for all, driven by the power of sport, through which people with intellectual disabilities live an active, healthy and fulfilling life.



Improve local sports participation and well-being to strengthen communities





HEALTH AND FITNESS

2 INCLUSION

MORE AND
BETTER THROUGH
REGIONALIZATION





SOPAMORE AND BETTER

through health & fitness, inclusion and regionalization

ATHLETES

Performance training

More unified champion schools

Improved health and fitness

Greater access

Transformative athlete leadership

More opportunities for training and competition

VOLUNTEERS

More resources

Coordinate efforts among the region

Training opportunities

More time with athletes

Less administrative work



Coordinated fundraising plan

Increased diversity in athletes, volunteers and staff

SOPA united as one agency

More digital communications