Special Olympics Pennsylvania

Soccer
Pre-Season Webinar

July 25, 2024

Today's Agenda

Special Olympics Pennsylvania

- Soccer
- Pre-Season Reminders
- Tracker
- Athlete Performance Training
- Fall Season Competitions
- New Portal
- Questions

Special Olympics Pennsylvania

Soccer

Sport Management Team

Interested in joining the Sport Management Team, please email: Bbach@specialolympicspa.org

Looking for coach and athlete representation from each region that offers soccer.

Will meet two times a year and as needed.

SOPA Website - Sports Offered Page

- **Links to all the sport pages**
- **Sports Offered**

Special Olympics Pennsylvania

Soccer Coaching Resources

- Soccer Resources – rules, coaching guides, fact sheets, etc.
- Players Mimic Coaches Article
- 11 Tips for Coaching Little Ones

Soccer Individual Skills

- Soccer Skills Prelim Scorecard
- Soccer Skills Final Scorecard

Soccer Advanced Individual Skills

- Advanced Skills Competition
- Advanced Individual Skills Prelims
- Advanced Soccer Skills Final Scorecard

5-a-side and 7-a-side Soccer

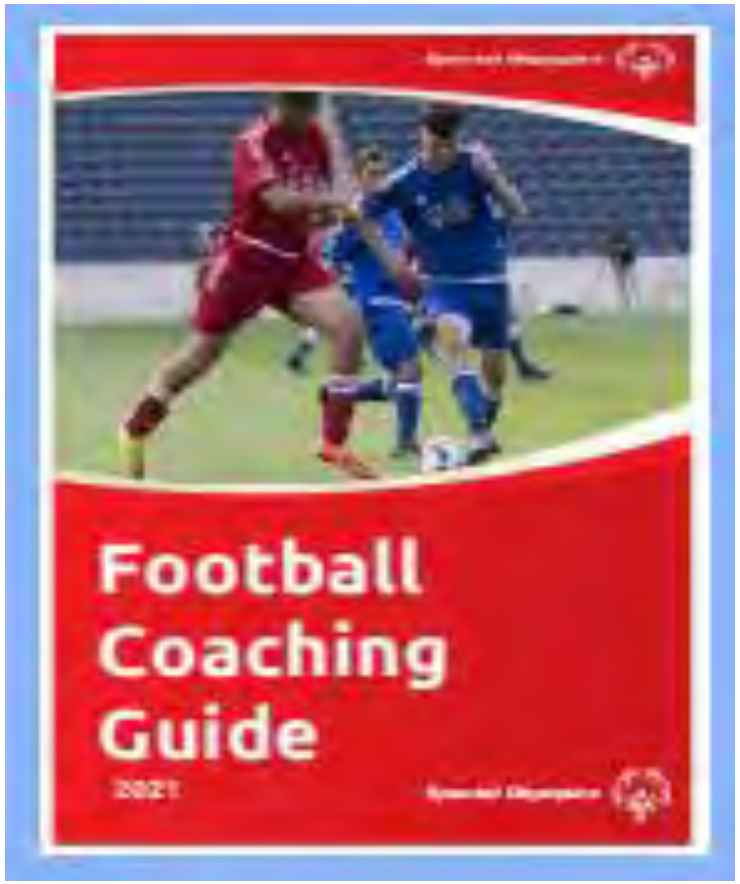
- Soccer Team Competency Rating Form
- NEW Player Rating Explained (Video)
- Everybody Plays
- Soccer Score Sheet 5 and 7

Soccer Rules Book & Coaches Guide

Special Olympics Pennsylvania

[Soccer Rules]

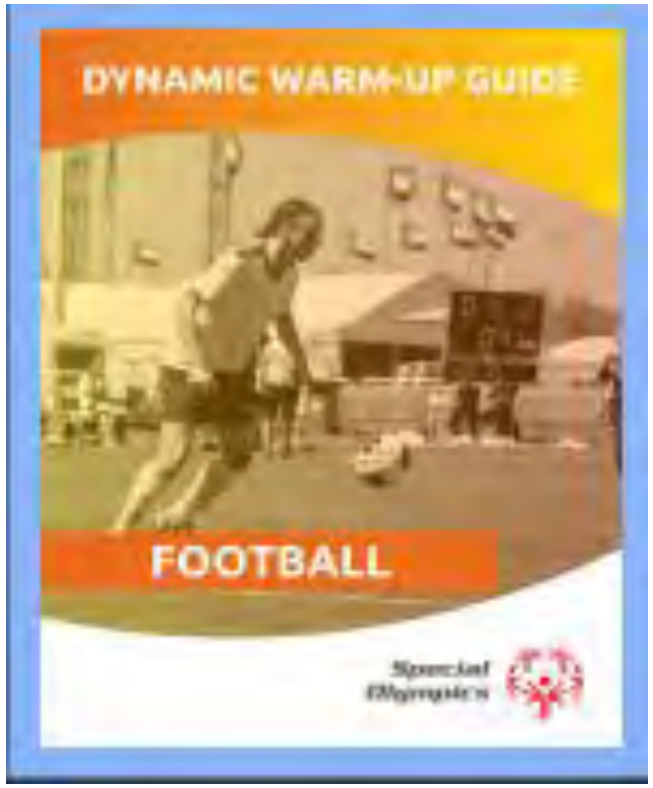
[Soccer Coaches Guide]



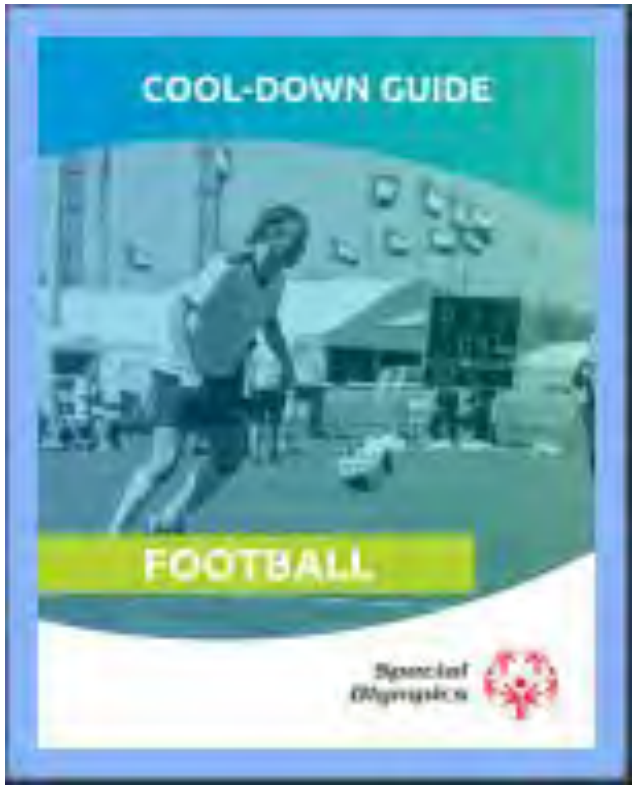
Warm-ups and Cool Downs

Special Olympics Pennsylvania

[Warm-Up Guide]



[Cool-Down Guide]



Events Offered

- Individual Skills
- Advanced Individual Skills
- 5v5
- 7v7
- Unified 7v7

Individual Skills

- Dribbling
- Shooting
- Run & Kick

- Athletes must be dressed like your team members
- Individual Skills athletes may not sit on team bench.

Advanced Individual Skills

- 12-meter Salom Dribble
- Control and Pass
- Gather, Dribble, Shoot

- Athletes must be dress like your team members
- Individual Skills athletes may not sit on team bench.

Attire

Equipment	Image	Description
Jersey		Must have identifiable player number on the back of the jersey. All team jerseys must be the same with exception of the goalkeeper jersey which must be distinguishable from all other players on the pitch.
Shorts		Shorts should be slightly above knee length to reduce the restriction of movement.
Socks/ Stockings		Socks/Stockings should reach the knee and cover the player's shinguards.
Footwear		Footwear will depend on the surface used. For grass or artificial turf – moulded studs/cleats are recommended. For indoor surfaces gum/rubber soles are recommended.
Shinguards		Must be worn by all players (incl. goalkeepers) on both legs, placed between the ankles and knees, and covered by socks/stockings.

Special Olympics Pennsylvania

Everybody Plays

- Everyone on the roster must play in each game and pre-limes

Special Olympics Pennsylvania

Everybody Plays

Article 1.03F of the Special Olympics General Rules States:

- *Special Olympics celebrates and strives to promote the spirit of sportsmanship and a love of participation in sports for its own sake. To that end, Special Olympics aims to provide every athlete with an opportunity to participate in training and competition events which challenge that athlete to his or her fullest potential, regardless of the athlete's level of ability. Special Olympics therefore requires that Special Olympics Games and Tournaments offer sports and events which are appropriate for athletes of all levels of ability. **and in the case of team sports, provide every athlete with an opportunity to play in every game**.*

- Special Olympics Pennsylvania supports Article 1.03F as the guiding principle for participation of athletes registered as members of a team for competition at any SOPA Sectional or State Competition. As such, each athlete on a team roster must be given an opportunity to play in every game for which their team is scheduled. Special Olympics Pennsylvania will not dictate the amount of time that each athlete must play during a game, but the goal is to provide a meaningful competition experience for every athlete on every team.

- The only exceptions to this requirement will be in cases of illness or injury, where an athlete is not physically able to play, or behavioral issues, where a coach chooses not to play an athlete in order to address inappropriate behaviors. In situations where an athlete will not be playing due to illness or injury or behavior issues, the athlete shall not dress in their competition uniform for the game and if appropriate supervision is available, will not be seated on the bench with the team for that game.

- If the illness or injury or the behavior issue is such that an incident report or misconduct report is completed this report should be provided to the programs HOD who should then forward to the Program Manager and if appropriate, a representative of the Games Organizing Committee (GOC) or a SOPA staff person. The coach should also be prepared to provide an explanation to the GOC or SOPA staff, if requested, as to the reason why an athlete is not dressed and playing in a particular game. As a reminder, athletes who do not participate in preliminary games may not participate in pool play or medal round games.

At Events:

- Teams must complete lineup cards, with numbers & names
- Bottom of the card – those who are not playing and why
- Scorekeeper will check the players as they enter the game
- Code of conduct will be filed on the coach if all players are not played

Special Olympics Pennsylvania

Team Roster Sizes

	Minimum Team Roster	Maximum Team Roster	On the Field - Minimum
5-a-Side	5 athletes	10 athletes	5 athletes (includes Goalie)
7-a-Side	7 athletes	12 athletes	7 athletes (included Goalie)
Unified 7-a-Side	4 athletes 3 partners	6 athletes 6 partners	4 athletes 3 partners

Playing Area

	Field Min	Field Max	Goal Size	Goal Area	Penalty Mark
5-A-Side	40M by 30M	50M by 35M	3M by 2M - Min 4M by 2M - Max	8M x 12 M	Min - 6M Max - 7M
7-A-Side & Unified	50M by 35M	70M by 50M	5M by 2M	8M by 20 M	7M

Team Play

- Size 5 ball
- Substitutions – Unlimited
- Over the sideline - Kick In
- Over the endline - Goal Clearance (goalkeeper throw) or Corner Kick
- Ball must be completely over the line to be considered out of play
- Free Kick – Opposing players must retire five meters from the ball

Game Time

	Duration of Game	Halftime	Overtime
5-A-Side	2 - 15 Minute Periods	5	2 - 5 Minute periods then Penalty kicks
7-A-Side & Unified	2 - 20 Minute periods	5	2 - 5 Minute periods then Penalty kicks

Soccer Training Schools

- In-Person Training School will be offered on Sunday, July 28 from 10:30-12:30pm. Lehigh County Sports fields.

☐	LDRW Virtual Training: 9:00 AM EDT - 11:00 AM EDT	General Volunteer	08/03	5 / 30
☐	LDRW Virtual Training: 6:30 PM EDT - 8:30 PM EDT	General Volunteer	08/19	3 / 30
☐	Bocce Skills Virtual Training: 12:00 PM EDT - 3:00 PM EDT	General Volunteer	08/03	3 / 30
☐	Bocce Skills Virtual Training: 6:00 PM EDT - 9:00 PM EDT	General Volunteer	08/20	2 / 30
☐	Bocce Officials Virtual Training: 6:00 PM EDT - 8:00 PM EDT	General Volunteer	08/25	0 / 0
☐	Flag Football Skills Virtual Training: 6:30 PM EDT - 8:30 PM EDT	General Volunteer	08/22	0 / 30
☐	GLVPR Soccer Coaches Training: 10:30 AM EDT - 12:30 PM EDT	General Volunteer	07/28	0 / 30
☐	GLVPR Powerlifting Coaches Training: 10:00 AM EDT - 1:00 PM EDT	General Volunteer	08/03	0 / 30
☐	Greater Phila. Region Volleyball Coach Certification Training: 10:00 AM EDT - 1:00 PM EDT	General Volunteer	08/10	0 / 30

Outside Safety

Special Olympics Pennsylvania

Along with Air Quality checks make sure you check the following:

- ✓ Know the address of the location you are training at
- ✓ Remind athletes to have water bottles with them and have water coolers available for refills
- ✓ Walk the venue prior to practice to ensure the is no glass or trash on the fields
- ✓ If practicing outside: Sunscreen, bug spray, and ball caps!
- ✓ Predetermined safety zone! Where is it, make sure everyone is aware

Thunder & Lightning

• Every time you see lightning or hear thunder:

Stop practice and
seek shelter for 30 minutes.

Remember this is every time you see lightning or hear thunder

Special Olympics Pennsylvania

PRE-SEASON REMINDERS

Special Olympics Pennsylvania

Season at a Glance

Special Olympics Pennsylvania

SEASONS AT A GLANCE

FALL SEASON | WINTER SEASON | SPRING SEASON

	FALL	WINTER	SPRING
Training Site Registration (see link below)	April 1 - May 1	September 1 - October 1	November 1 - December 1
Athlete, Unified Partner, Volunteer Signup	May 15 - July 15	October 15 - November 15	December 15 - March 1
Season Length	August 9 - November 3	December 1 - March 2	March 14 - June 7
Eligibility Deadline	August 23	December 13	March 28
Sports Offered	Bocce, Bowling, Flag Football, Long Distance Running/Walking, Powerlifting, Soccer, Volleyball	Alpine Skiing, Bowling, Figure Skating, Floor Hockey, Snowboard, Snowshoe, Speed Skating	Athletics (Track & Field), Basketball, Equestrian, Golf, Gymnastics, Softball, Swimming, Tennis

- **Sign-ups Athletes and Volunteers -** July 15th
- After this deadline anyone interested in signing-up must contact the Regional Sport Director.
  - Season officially begins August 9th
  - Seasonal Eligibility/Age Group Exemption deadline – August 23

Sports Season Prep

Important Fall Dates:

- **Fall Season Calendar:** Central, East, West
  - Since due dates are different for each Sectional, there is one calendar per section of the state.
  - Found on SOPA website under sports then competition
- **Eligibility Deadline:** **August 23**
- **Season Dates:** August – November

Air Quality

Special Olympics Pennsylvania

If air quality levels are in an Unhealthy Zone (151) or above, no outdoor activities should occur (social or active); as indicated within the documents these activities should be rescheduled or moved indoors.

You can monitor Air Quality levels at https://www.airnow.gov/ enter your location and the current status will be provided.

You can use this Air Quality Guide document as an overall reference.

Athlete & Volunteer Eligibility

Special Olympics Pennsylvania

Athlete Requirements: Medical on file WITH signature + expiration dates

- Athlete Medical / Registration Form & Health History under Certifications.
- Valid for 3 years.
- Save attachments under "Attachments" within a person's profile vs. anywhere else in the profile.

Class A Volunteer Requirements: Class A Trainings + Background Check on file

- Background Results under Background Checks, Valid for 5 years.
- General Orientation under Training, Valid for life.
- Protective Behaviors, under Training, Valid for 3 years.
- Concussion Training, under Training, Valid for 3 years.

Team Sport Age Groups

SOPA sponsored Team Sports include:

- **Fall Season: soccer, flag football, volleyball**
- Winter Season: floor hockey, floorball;
- Spring Season: softball, basketball

Team Sport Age Group Resource outlines the guidelines.

- This document includes links to two supporting documents: Why Age Groups are Important and Exemption Process.
- Exemption requests need to be submitted EVERY year. Even it was approved last year, it must be resubmitted.
- Fall Exemption Request Deadline is - Friday, August 23
- Please review all documents for a full understanding of the age groups and how to submit exemptions. This video will explain these documents and how to submit exemption in more detail.

If you have questions, please contact your Regional Sport Director or Michelle Boone (mboone@specialolympicspa.org).

Qualifiers

- **All Fall sport athletes MUST** attend their respective Sectional event to be considered for Fall Fest.

- Games Advancement slots per Sectional will be dependent on total number of slots at Fall Fest and % of interest in advancing from each Sectional. These will be shared on September 20th

FALL

- Bocce
- LDR/W
- Flag Football: Team & skills
- Powerlifting
- Soccer: 5v5, 7v7, skills
- Volleyball: Team & skills

Fall Allocations

- Fall Initial allocations were shared in last week's Weekly email.
  - Allocations for Bocce - East, Central, West
  - Allocations for Powerlifting East ONLY
- Fall Allocations can be found: SOPA State Games Paperwork Webpage
- Please remember that the Local teams can request additional allocations on the LOI.

Be Prepared for the Season!

- Get everyone eligible.
- Understand and be aware of Air Quality and Heat Risks.
- Keep a pulse on illness/disease outbreaks within your community – remind athletes not to attend training if they are sick and to practice healthy habits and good hygiene.
- Know your facilities Emergency Action Plan and Evacuation route.
- Updated yourself on sport rules and work with assistant coaches on a seasonal plan – identify who will manage each task during practice. Recruit additional assistance if needed.

Athlete as Coach

- Athletes can participate in sports in more ways than just an athlete.
- Prior to each sports season, SOPA provides seasonal webinars to any current/interested Athletes as Coaches to help them learn what is expected as a coach vs. an athlete and how to go about getting certified.
- In addition to athletes, these webinars are also for coaches, Team Leaders and other volunteers to better understand how they can support current/potential Athletes as Coaches.
- In the event an interested Athlete as Coach does not want to wait for the next webinar, here is the link to the recording of the most recent one: Athlete as Coach Webinar
- All interested Athletes as Coaches must fill out the Athletes as Coaches request form with approval from the head coach they would be working with. From there, they will be interviewed by their Regional Sports Director to determine if they are appropriate to attend a training school.
- Please contact Jordan Schubert at jschubert@specialolympicspa.org with any questions about Athletes as Coaches.

Coaching Requirements

Coach requirements for training and competition:

Team Sports:

- Must have at least one (1) certified coach per team

Individual Sports and Team Individual Skills:

- Must have at least one (1) certified coach per 25 athletes

Example: You have two teams and 3 skills athletes; you would need 3 certified coaches.

- One coach for each team
- One for skills athletes

TRACKER

ROSTER STATUS	ACTIVE	Team Name	Team Northampton Flag Foo	Training Site	Charles Chrin Community Center		Sport	Flag Football
Traditional/Unified	Traditi...	Training Site Lead Name	Glenn Watchorn	Email	gewatchorn@ciu20.org		Cell Phone	
Meets 4:1 Ratio	NO	# Athletes	30	# Unified Partners	0	# General Volunteer	0	
# Head Coaches	1	# Assistant Coaches	3	# Total Head/Asst Coaches	4	# Certified Coaches	0	

TRACKER COMPLETION INSTRUCTIONS:

Team Roster, Attendance & Competition Participation

Tracker:

This tracker is EXTREMELY IMPORTANT and the ONE place the Head/Assistant Coach/Site Coordinator will enter all KEY information for the season for each team/t site participant. Event LOI and registration will now be pulled directly from this form.

Populating Your Tracker:

Participants will automatically populate to your tracker when a SIGN UP form is completed for your site. Athletes and volunteers **MUST** complete the online sign up form. Th participant data (Columns A - J) are **locked and cannot be modified. If you need someone removed from your roster or something is incorrect, you must reach out to yo Regional Sport Director - they will be happy to update the form.**

Tracker Updates

TRACKER- is now the ONE place to manage your team: Attendance, eligibility and event registration.

Every individual that signed-up for your training site via the Sign-Up form will appear on your Tracker.

<u>TABS:</u>

Instruction:

- Explains what is contained on each tab and what needs to be completed by the coach during the season.
- Includes total people count and verifies 1:4 ratio is being met.

- **Athlete/Volunteer:**
  - View Sign-ups, pull contact information, check eligibility
  - Actions to take here - track attendance
- **Sport Specific Roster:**
  - Manage roster, track athlete data throughout the season
  - Actions to take here: assign roles for events, enter sport specific data required for events
- **Rating Form (Team Sports):**
  - We have added a roster to this page, please complete along with jersey number
  - Enter player initials into appropriate box under each evaluation category.

Tracker - Instruction Tab

Training Site Info and Data

ROSTER STATUS	ACTIVE	Team Name		Training Site		Sport	
Traditional/Unified		Training Site Lead Name		Email		Cell Phone	
Meets 4:1 Ratio	#DIV/0!	# Athletes	0	# Unified Partners	0	# General Volunteer	0
# Head Coaches	0	# Assistant Coaches	0	# Total Head/Asst Coaches	0	# Certified Coaches	0

TRACKER COMPLETION INSTRUCTIONS:

Team Roster, Attendance & Competition Participation

Special Olympics Pennsylvania

Tracker:

This tracker is EXTREMELY IMPORTANT and the ONE place the Head/Assistant Coach/Site Coordinator will enter all KEY information for the season for each team/training site participant. Event LOI and registration will now be pulled directly from this form.

Populating Your Tracker:

Participants will automatically populate to your tracker when a SIGN UP form is completed for your site. Athletes and volunteers **MUST** complete the online sign up form. The participant data (Columns A - J) are **locked and cannot be modified. If you need someone removed from your roster or something is incorrect, you must reach out to your Regional Sport Director - they will be happy to update the form.**

Athlete / Volunteer Tab:

Columns A-J will populate automatically from the SIGN-UP form

Eligibility: Column I will indicate Eligibility for participation as an athlete, coach or volunteer.

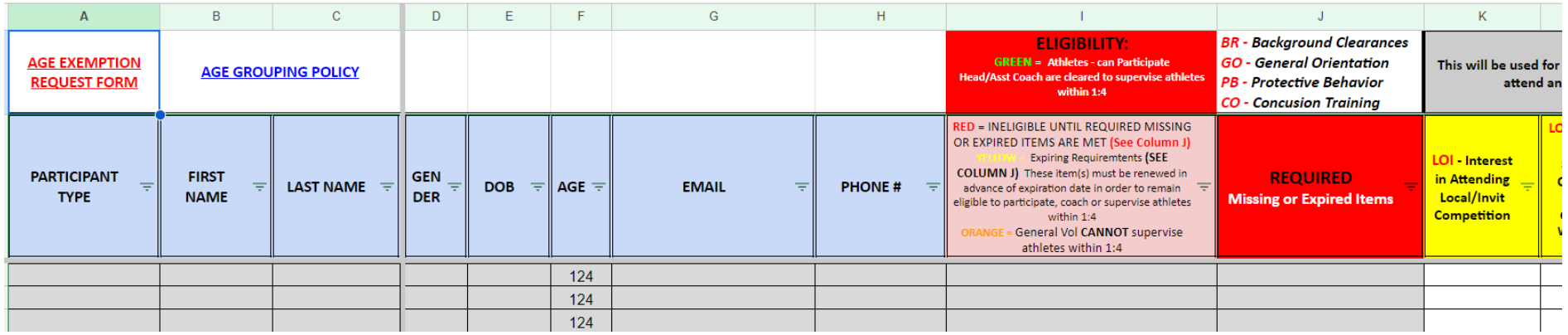
* RED - indicates that an athlete, assistant/head coach is either missing or has an expired **Required** item(s), these are listed in **Column J** and are **INELIGIBLE** to participate until required missing or expired item(s) are up to date. RAMs will update Eligibility every Monday until the Seasonal Eligibility deadline.
* YELLOW - indicates that the a participants has a Required item(s) that will expiring during the current season. These Required item(s) (listed in Column J) **MUST** be renewed in advance of expiration date in order to remain eligible to participate as an athlete, unified partner, coach or supervise athletes within 1:4
* ORANGE - this person is considered a (Class B) General Volunteer and **CANNOT** supervise athletes within 1:4
* GREEN - This indicates the participant has met all Requirements and is eligible to participate as an athlete, unified partner, assistant coach or head coach.

LOI Data: Columns K, L, M will collect Letter of Intent data for events. If athletes are interested in going to events it should be indicated with an "X" by the deadline listed. After this time people cannot be added.

USA Games Interest: Please mark YES if an athlete is interested in USA Games, any blank cells or "No" cells will not be considered for USA Games drawing

Form Instructions

Tracker - Athlete/Volunteer Tab
Eligibility, LOI, Attendance

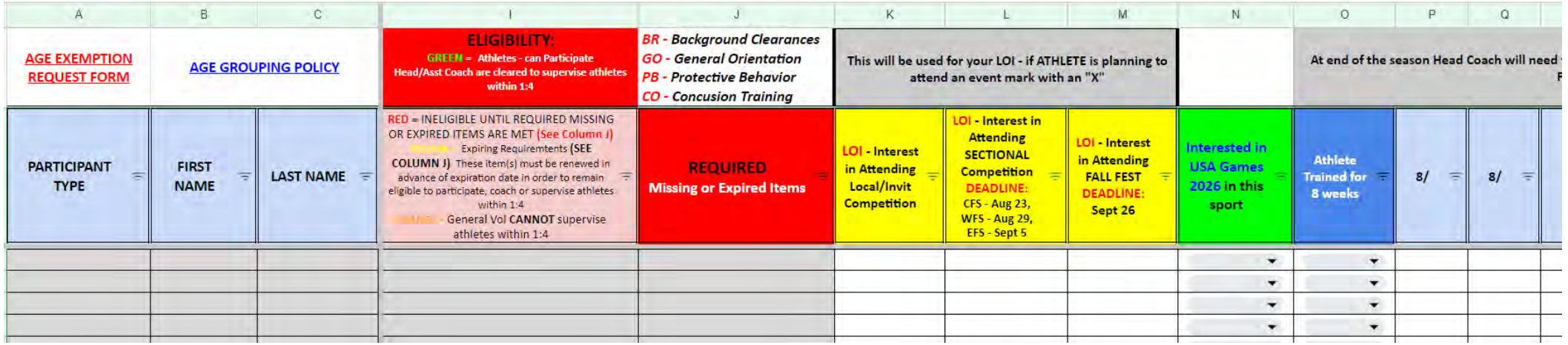


A	B	C	D	E	F	G	H	I	J	K
AGE EXEMPTION REQUEST FORM	AGE GROUPING POLICY							**ELIGIBILITY:** GREEN = Athletes - can Participate Head/Asst Coach are cleared to supervise athletes within 1:4	*BR - Background Clearances* *GO - General Orientation* *PB - Protective Behavior* *CO - Concusion Training*	This will be used for attend an
PARTICIPANT TYPE	FIRST NAME	LAST NAME	GEN DER	DOB	AGE	EMAIL	PHONE #	RED = INELIGIBLE UNTIL REQUIRED MISSING OR EXPIRED ITEMS ARE MET (See Column J) YELLOW = Expiring Requiremtents (SEE COLUMN J) These item(s) must be renewed in advance of expiration date in order to remain eligible to participate, coach or supervise athletes within 1:4 ORANGE = General Vol CANNOT supervise athletes within 1:4	REQUIRED Missing or Expired Items	LOI - Interest in Attending Local/Invit Competition	
					124					
					124					
					124					

Eligibility - Red
LOI - Yellow
USA Games – Green
Attendance – Blue

A, B, C are frozen and will remain as you scroll over

Specific Column instructions can be found in first 2 rows



A	B	C	I	J	K	L	M	N	O	P	Q
AGE EXEMPTION REQUEST FORM	AGE GROUPING POLICY		**ELIGIBILITY:** GREEN = Athletes - can Participate Head/Asst Coach are cleared to supervise athletes within 1:4	*BR - Background Clearances* *GO - General Orientation* *PB - Protective Behavior* *CO - Concusion Training*	This will be used for your LOI - if ATHLETE is planning to attend an event mark with an "X"				At end of the season Head Coach will need		
PARTICIPANT TYPE	FIRST NAME	LAST NAME	RED = INELIGIBLE UNTIL REQUIRED MISSING OR EXPIRED ITEMS ARE MET (See Column J) YELLOW = Expiring Requiremtents (SEE COLUMN J) These item(s) must be renewed in advance of expiration date in order to remain eligible to participate, coach or supervise athletes within 1:4 ORANGE = General Vol CANNOT supervise athletes within 1:4	REQUIRED Missing or Expired Items	LOI - Interest in Attending Local/Invit Competition	LOI - Interest in Attending SECTIONAL Competition DEADLINE: CFS - Aug 23, WFS - Aug 29, EFS - Sept 5	LOI - Interest in Attending FALL FEST DEADLINE: Sept 26	Interested in USA Games 2026 in this sport	Athlete Trained for 8 weeks	8/	8/	

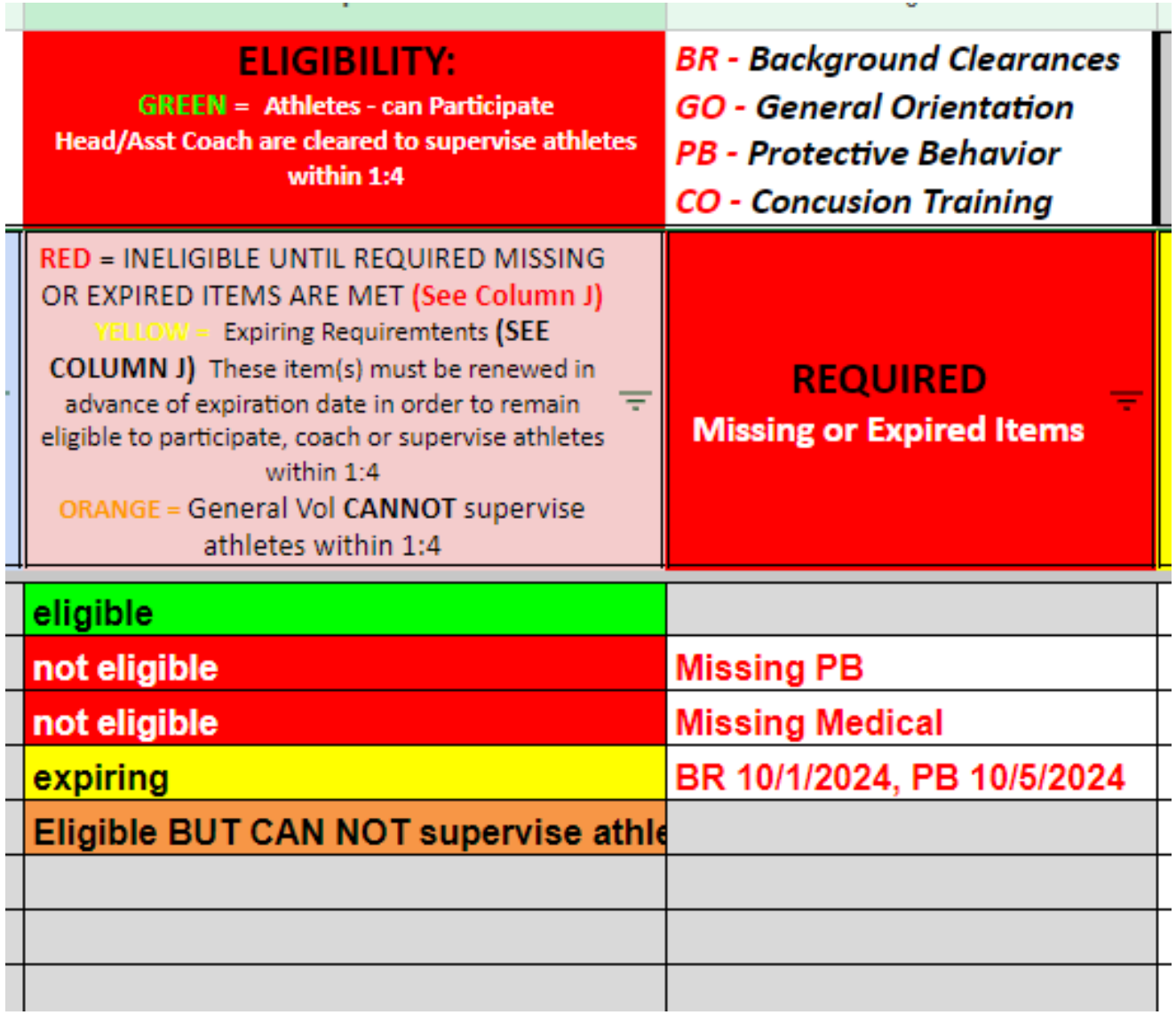
RSDs will sort by participant type then alphabetical on a weekly basis through end of August (roster should not change after this time)

Tracker - Athlete/Volunteer Tab (cont) Eligibility

- The ELIGIBILITY tab on each of your attendance trackers will be updated on a weekly basis from July 19th-Aug 23 by your Regional Team. **PLEASE encourage and assist your athletes and volunteers in meeting our eligibility requirements.**

- **The deadline to make sure athletes and volunteers meet eligibility requirements for the Fall is August 23rd**

- Athletes and Volunteer CANNOT participate in trainings if they have not met all eligibility requirements - it is YOUR responsibility to track this.



ELIGIBILITY: GREEN = Athletes - can Participate Head/Asst Coach are cleared to supervise athletes within 1:4	BR - Background Clearances GO - General Orientation PB - Protective Behavior CO - Concusion Training
RED = INELIGIBLE UNTIL REQUIRED MISSING OR EXPIRED ITEMS ARE MET (See Column J) YELLOW = Expiring Requiremtents (SEE COLUMN J) These item(s) must be renewed in advance of expiration date in order to remain eligible to participate, coach or supervise athletes within 1:4 ORANGE = General Vol CANNOT supervise athletes within 1:4	REQUIRED Missing or Expired Items
eligible	
not eligible	Missing PB
not eligible	Missing Medical
expiring	BR 10/1/2024, PB 10/5/2024
Eligible BUT CAN NOT supervise athle	

Tracker - Athlete/Volunteer Tab (cont)
Event LOI

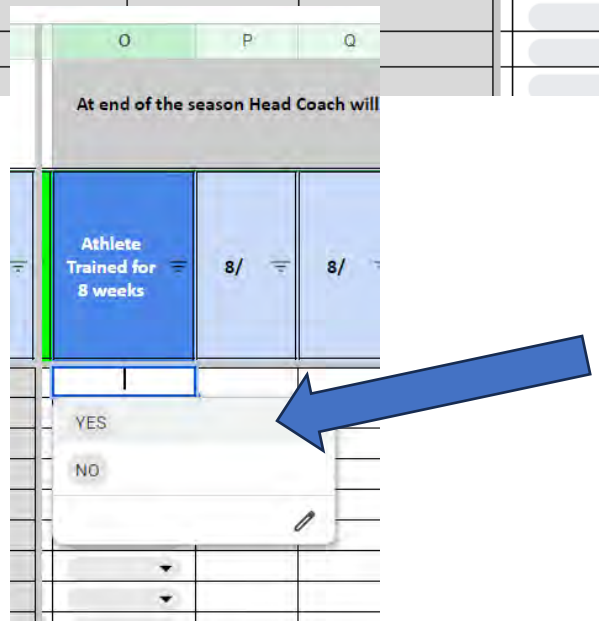
	A	B	C	K	L	M	N
1	AGE EXEMPTION REQUEST FORM	AGE GROUPING POLICY		This will be used for your LOI - if ATHLETE is planning to attend an event mark with an "X"			
2	PARTICIPANT TYPE	FIRST NAME	LAST NAME	LOI - Interest in Attending Local/Invit Competition	LOI - Interest in Attending SECTIONAL Competition DEADLINE: CFS - Aug 23, WFS - Aug 29, EFS - Sept 5	LOI - Interest in Attending FALL FEST DEADLINE: Sept 26	Interested in USA Games 2026 in this sport
3							
4							
5							
6							
7							

We are not using this as an LOI. We will manage LOI's via a Google document like we have done previously.

You will mark here with Yes/No if individuals are interested and appropriate to attend USA Games

Tracker - Athlete/Volunteer Tab (cont) Attendance

	A	B	C	O	P	Q	R	S	T	U	V	W	X	Y	Z	AA	AB
1	AGE EXEMPTION REQUEST FORM	AGE GROUPING POLICY		At end of the season Head Coach will need to mark which athletes have and have not attended 8 weeks of practice. Attendance tracking is required and MUST be tracked here. Please list practice dates in the boxes below and mark attendance with an "X" in each box													
2	PARTICIPANT TYPE	FIRST NAME	LAST NAME	Athlete Trained for 8 weeks	8/	8/	8/	8/									
3																	
4																	
5																	



Tracking attendance is required BUT tracking attendance week by week in this document is not required; this can be a good tool to keep everything in one place.

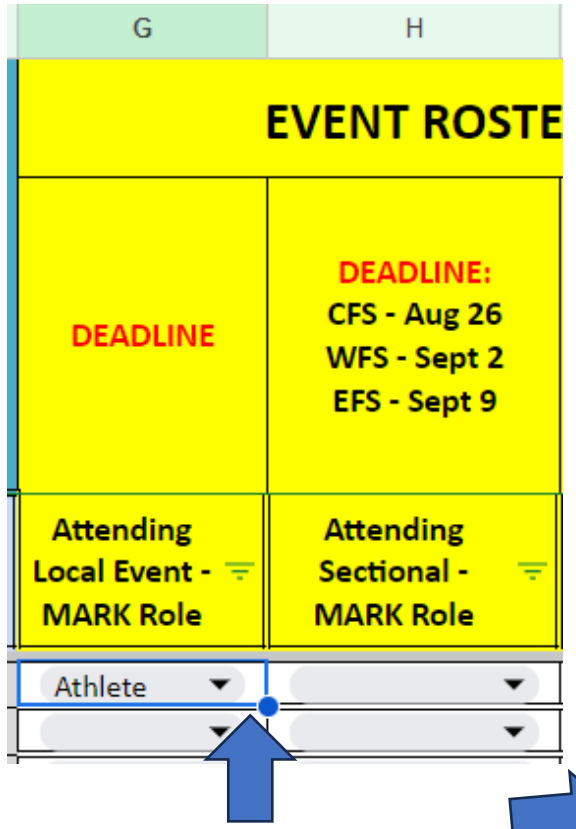
At the end of the season the Head Coach must be able to come back into this document and for every athlete/UP indicate if they attended training for the minimum of 8 weeks.

Tracker - SPORT Roster Tab
Event Commitment and Registration

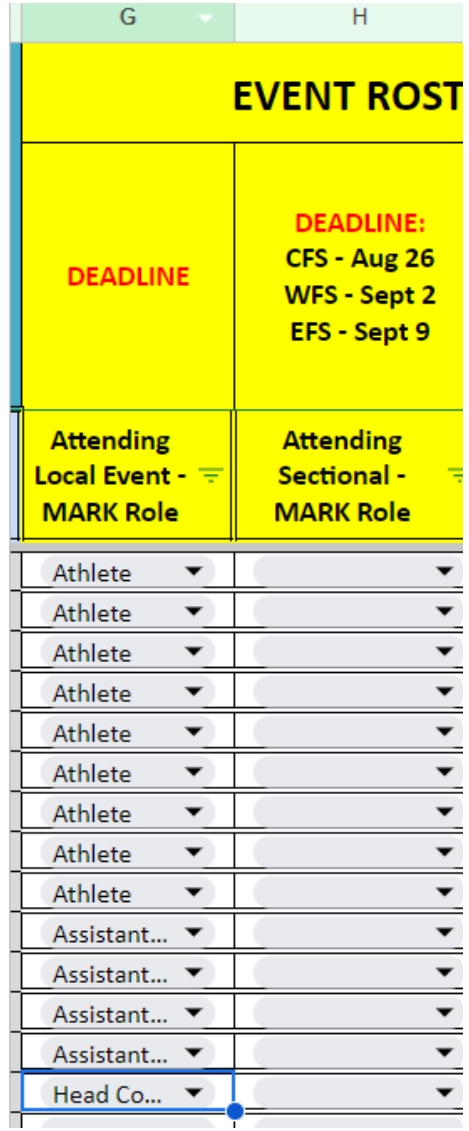
	A	B	C	D	E	F	G	H	I	J	K	L
1	**Instructions:**			**Tip for DropDown selection cells:** You can copy (Ctrl - C) and paste (Ctrl - V) the role in dropdown OR you once you select a role, the cell is outlined in a blue box with a small circle in lower right hand corner, you can click and pull that role down - this would be a quick way to select Athlete role for all athletes. If a person is not going you can highlight that cell with the blue box and then hit delete and it will remove the role.			**EVENT ROSTER**			**EVENT REGISTRATION**		
2	**STEP 1:** Complete Yellow Box - Event Roster for each event by selecting role for each individual. **STEP 2:** Complete Blue boxes - Event Registration with event, team name, skill score. Each athlete may only be entered in 1 event.						**DEADLINE**	**DEADLINE:** **CFS - Aug 26** **WFS - Sept 2** **EFS - Sept 9**	**DEADLINE:** **September 30**	**FLAG FOOTBALL - TEAM** **Select Type of team for each athlete & coach and provide Team Name.** **Each Team should have a unique name that begins with the County/School (i.e. Berks Lions, Nova Crazy Cats)** **EVENT REGISTRATION DEADLINE:** **CFS- Sept 5 WFS - Sept 12 EFS - Sept 19** **Fall Fest - October 10**		**FLAG FOOTBALL - IN** **Update all** **EVENT REGISTRAT** **CFS- Se** **WFS - Se** **EFS - Se** **Fall Fest - O**
3	**Participant Type: Athlete, Unified Partner, Head Coach, Assistant Coach, General Volunteer**	**FIRST NAME**	**LAST NAME**	**GENDER**	**DOB**	**AGE**	**Attending Local Event - MARK Role**	**Attending Sectional - MARK Role**	**Attending Fall Fest - MARK Role**	**Team Athletes & Coaches** Select level	**Team Name**	**Individual Skills** Select Level
4						124						
5						124						
6						124						
7						124						
8						124						

Tracker - SPORT Roster Tab (cont)
Event Commitment

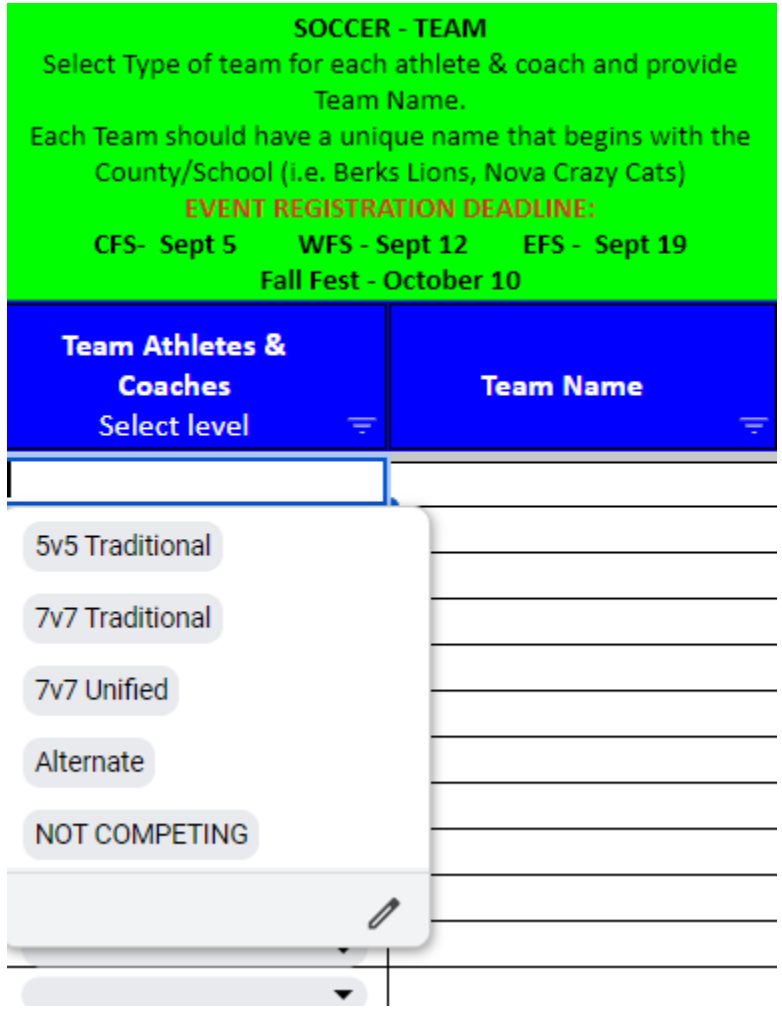
Select role for each individual attending the event (can not exceed the total # of your final allocations)

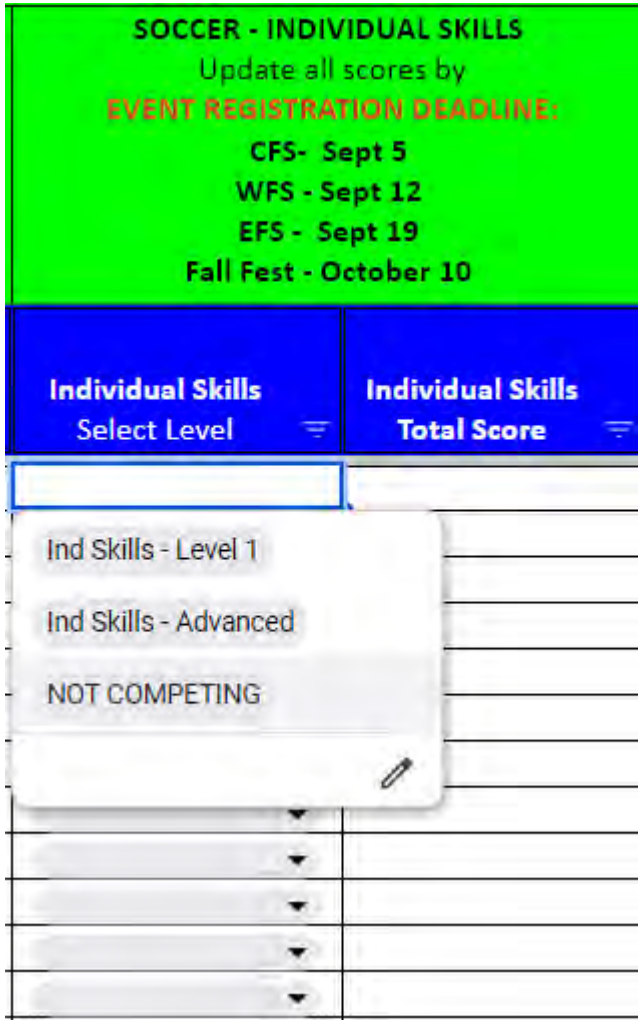


Once a selection is made you can pull down on the blue circle in lower right corner to copy that selection to cells below.



Tracker - Soccer Roster Tab
Event Registration





Tracker - Team Sport – Rating Form Tab

**ONE FORM PER TEAM

Please be sure to complete all information on the right ⇨

(To do so, double click in each row)

Soccer - Team Rating Form

HEAD COACH:

Program / Team Name:

Team Composition (Indicate with X): _____Male _____Female _____ Coed/Mixed Gender

Team Type (Indicate with X): _____Traditional _____ Unified _____Unified Player Development

Event Type ((Indicate with X): _____5v5 _____7v7

This Teams level (Indicate with X): _____High Level _____Average Level _____Low Level _____Developing Level

Based on Fall Sectionals/Fall Festival *(Div 1-2)* *(Div 3-4)* *(Div 5-6)* *(Div 7-8)*

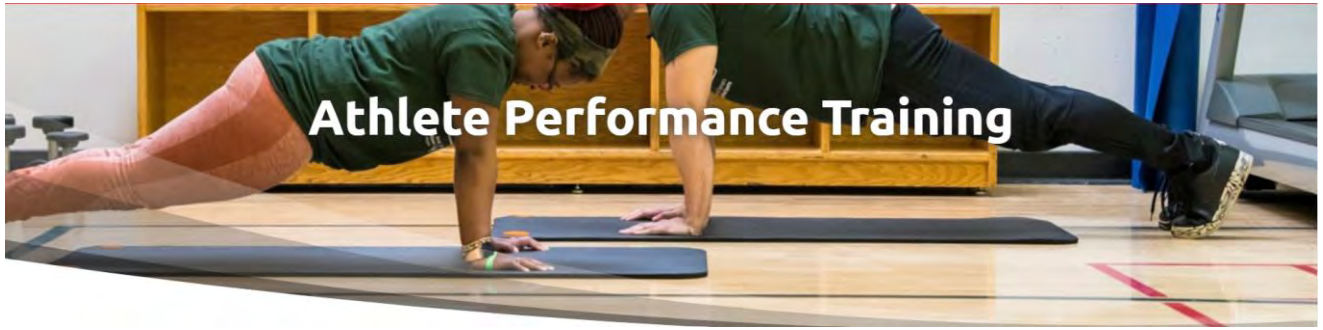
Please list all Team Athletes and their Jersey #'s ----->

5v5 - START WITH TOP 5 PLAYERS!

7v7 - START WITH TOP 7 PLAYERS!

	Athlete's First & Last Name	Jersey #		Athlete's First & Last Name	Jersey #		ALTERNATE ATHLETES	Jersey #
1			7			ALT 1		
2			8			ALT 2		
3			9			ALT 3		
4			10			ALT 4		
5			11			ALT 5		
6			12			ALT 6		

Team Level		Level 1 - Novice		Level 2 - Intermediate	Level 3 - Advanced	
	Player Competency Point Values	**1**	**2**	**3**	**4**	**5**
Competency - Offense	**Ball Skills**	Has difficulty dribbling and trapping ball; possesses limited ball handling skills	Shows some ball handling skill, but can control ball with dominant foot only	Can control ball with both feet; average ball handling skills; can dribble in either direction with token pressure	Has ability to beat defender (while dribbling) regularly with dominant foot	Has ability to beat defender (while dribbling) regularly with either foot
	Passing	Has difficulty completing a pass to a teammate; limited to making short passes only	Can only complete a pass to teammate after looking directly at him/her or with prompting	Has ability to choose best type of pass (to feet or to space) without prompting	Has ability to consistently complete a one touch or two touch pass to an open teammate	Controls game with ability and decision-making to complete a pass to open player when they are in good position



Special Olympics Pennsylvania

ATHLETE PERFORMANCE TRAINING

If you are looking to volunteer or learn more, please reach out to Charla Stein, Healthy Communities Coordinator, 610-630-9450 ext. 254.

Special Olympics Pennsylvania

FALL SEASON COMPETITIONS

Local, Invitational, Regional Competitions

- We would like to develop a comprehensive **SOPA Competition Calendar**, but we need your HELP!
- We want to better capture ALL the AMAZING work that you and our volunteers are doing within the community
- We also want to create as many opportunities as possible, having a better understanding of when and where events are already occurring will help the Regional Teams to plan out a season

We are asking event leads to fill out this quick form to let us know when you have competitions planned.

SOPA Competition Calendar Submission Form

Fall Sectionals

Central Fall Sectional:

- Juniata College

  September 22

Western Fall Sectional:

- Slippery Rock University

  September 29

Eastern Fall Sectional

- DeSales University

  October 6

Fall Fest: Nov. 1 - 3

Special Olympics Pennsylvania

Villanova University

Important Dates:

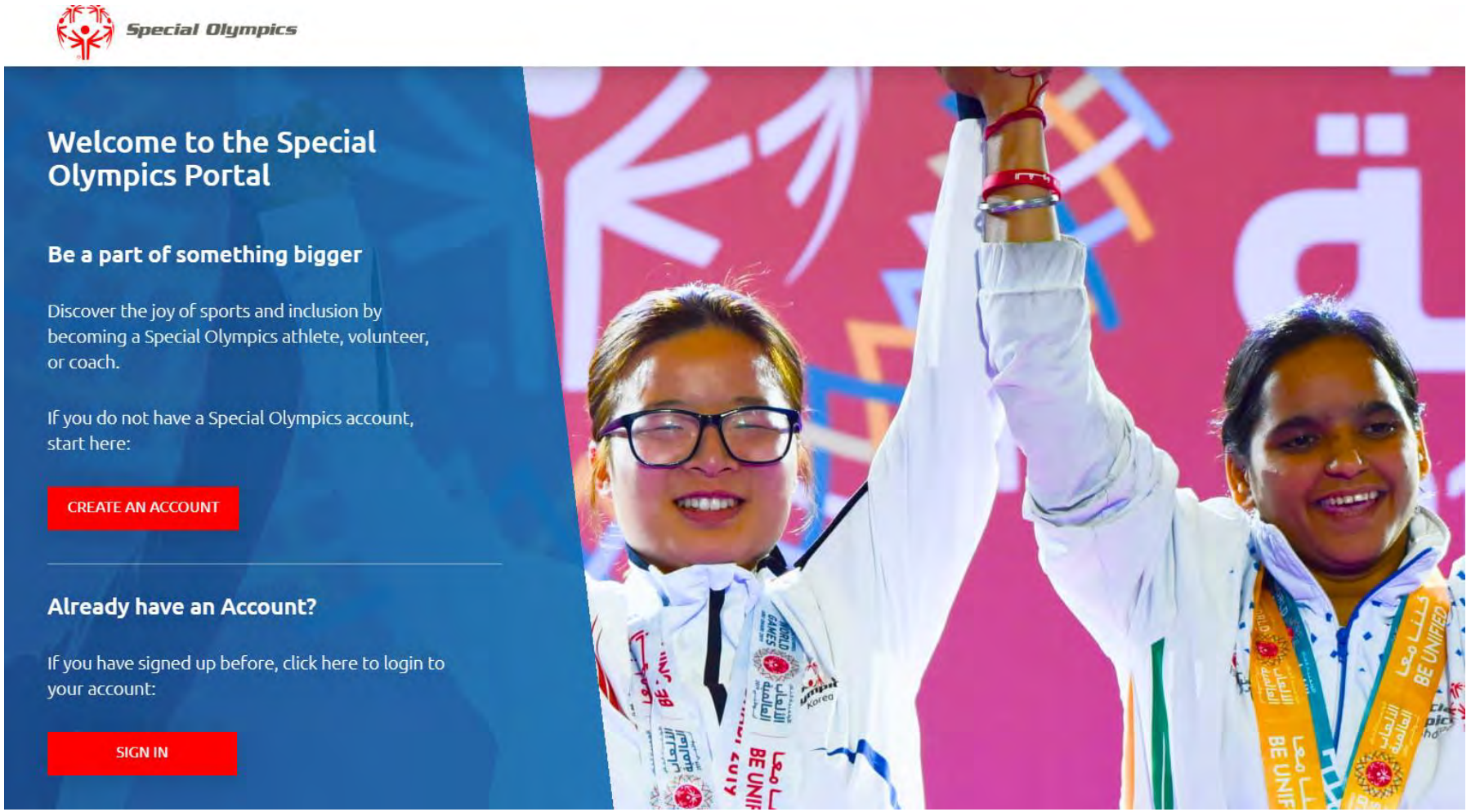
- Reg Info: Will be out by 9/6
- LOI: Due 9/26
- Final Allocations: 9/27
- Rosters: Due 10/1
- Google links sent: 10/3
- Registration: Due 10/10
- Scratch/Activation: Due 10/24

2026 USA Games

- Quota timeline
  - SOPA will receive in mid-August
- Athlete communication
  - We will share the list of qualified individuals (1st place finish in quota sport) with RSDs and Team Leaders for review
  - Athletes will be emailed and asked to complete Pre-Selection questionnaire to be entered into the Selection Process
- Additional Staff Roles applications
  - SOPA will be looking for staff, athletes or volunteers to fill a few roles on our PA Management Team – these opportunities will be shared in August via weekly email
- Coach/Medical staff applications
  - Sept 1 – October 1

New Portal

Special Olympics Pennsylvania



THANK YOU