

2024 Competition Schedule Overview

Competition Schedule. See below for coaches meetings, check-in, and warm-ups times.

SPORT		LOCATION	FRIDAY	SATURDAY	SUNDAY
Bocce		Dixon Center, Cabrini University	1:30 P.M. – 4:30 P.M.	9:00 A.M. – 5:30 P.M.	9:00 A.M. – 12:00 P.M.
LDR/W		Sheehan Beach	1:30 P.M. - 2:30 P.M.	9:00 A.M. – 1:00 P.M.	8:30 A.M. – 10:00 A.M.
Flag Football	TEAM	Austin Field	1:00 P.M. - 4:30 P.M.	8:00 A.M. – 4:00 P.M.	8:00 A.M. – 12:00 A.M.
	Individual Skills	Austin Field	2:00 P.M. - 3:00 P.M.	12:00 P.M. – 1:00 P.M.	
Powerlifting		Villanova Room, Connelly Center Weigh-Ins: St. David Room, Connelly Center	2:00 P.M. - 5:30 P.M.	8:30 A.M. – 4:30 P.M.	
Soccer	Individual Skills	Pike Field	1:30 P.M - 5:00 P.M	1:00 P.M. – 5:00 P.M.	
	5 v 5	Villanova Stadium	1:30 P.M. – 4:30 P.M.	8:00 A.M. – 5:00 P.M.	8:00 A.M. – 12:00 P.M.
	7 v 7	Pike Field	1:30 P.M. – 4:30 P.M.	8:30 A.M. – 5:00 P.M.	8:30 A.M. – 12:00 P.M.
Volleyball	Individual Skills	St. Mary's Gym	1:00 P.M. - 5:00 P.M.	8:00 A.M. - 12:00 P.M.	
	All-Stars	Jake Nevin Field House (Friday), Agnes Irwin School Gym (Saturday & Sunday)	1:30 P.M. – 5:00 P.M.	8:00 A.M. – 5:00 P.M.	8:00 A.M. – 11:30 A.M.
	Champions	Jake Nevin Field House	1:30 P.M. – 5:00 P.M.	8:00 A.M. – 5:00 P.M.	8:00 A.M. – 11:30 A.M.

2024 Fall Fest Schedule of Events

Friday November 1st, 2024		
9 A.M.-12:30 P.M.	Delegation Arrival	Main Campus, Villanova University
9 A.M. - 5 P.M.	Volunteer Registration	Sheehan Beach
10 A.M.-1 P.M.	Head of Delegation (HOD) Registration	Villanova Room, Connelly Center
11 A.M.-3 P.M.	Healthy Habits	Riley Ellipse
11:30 A.M.- 12:30 P.M.	LDRW Course Inspection	Sheehan Beach
12 P.M.-12:30 P.M.	Powerlifting Head Coaches Meeting	St. David Room, Connelly Center
12:00 P.M. - 3:00 P.M.	Setting Up For Success Stations	Outside Connelly Center
12:30 P.M.-1 P.M.	Flag Football Head Coaches Meeting	Austin Field
12:30 P.M.-1 P.M.	LDRW Head Coaches Meeting	Sheehan Beach Tent, Villanova University
12:30 P.M.-1:30 P.M.	Powerlifting Weigh Ins/Rack Heights	St. David Room, Connelly Center
12:45 P.M.-1 P.M.	Volleyball Team Head Coaches Meeting	Jake Nevin Field House
12:45 P.M.-1 P.M.	Volleyball I-Skills Head Coaches Meeting	St. Mary's Gym
12:45 P.M.-1 P.M.	Bocce Head Coaches Meeting	Dixon Center, Cabrini
1 P.M.	Soccer 5v5 Head Coaches Meeting	Villanova Stadium
1 P.M.-1:15 P.M.	Volleyball Modified Serving Testing	Jake Nevin Field House
1 P.M.-1:30 P.M.	Soccer I-Skills Warm-Ups/Head Coaches Meeting	Pike Field
1 P.M.-1:30 P.M.	LDRW Warm-ups and Registration	Sheehan Beach
1:00 P.M.-4:30 P.M.	Flag Football Preliminary Round & Competition	Austin Field
1 P.M.-5 P.M.	Volleyball I-Skills Preliminary Round	St. Mary's Gym
1:15 P.M.-1:30 P.M.	Soccer 7v7 Head Coaches Meeting	Pike Field
1:30 P.M.	LDRW 1500m Walk/Unified Sports Walk	Sheehan Beach
1:30 P.M.-2 P.M.	Powerlifting Flight A Warm-ups	St. David Room, Connelly Center
1:30 P.M.-4:30 P.M.	Soccer 5v5 Preliminary Round	Villanova Stadium
1:30 P.M.-4:30 P.M.	Soccer 7v7 Preliminary Round & Competition	Pike Field
1:30 P.M.-4:30 P.M.	Bocce Competition Pool Play	Dixon Center, Cabrini
1:30 P.M.-5 P.M.	Soccer I-Skills Preliminary Round	Pike Field
1:30 P.M.-5 P.M.	Volleyball Team Preliminary Round	Jake Nevin Field House
1:45 P.M.	LDRW 1500m Walk/Unified Sports Walk Rolling Awards	Austin Field Tent

2 P.M.	LDRW 1500m Run/Unified Sports Run	Sheehan Beach
2 P.M.-3 P.M.	Head of Delegation (HOD) Meeting	Cinema, Connelly Center
2 P.M.-3 P.M.	Flag Football I-Skills Preliminary Round	Austin Field
2 P.M.-5:30 P.M.	Powerlifting Competition	Villanova Room, Connelly Center
2:15 P.M.	LDRW 1500m Run/Unified Sports Run Rolling Awards	Austin Field Tent
3 P.M.-3:45 P.M.	Law Enforcement Torch Run Arrival	The Quad
3 P.M.-4:30 P.M.	Hotel Registration	Entrance to Villanova Room, Connelly Center
4 P.M.-5:30 P.M.	Unified Sports Experience	Finneran Pavilion
5 P.M.	Soccer I-Skills & 7v7 Head Coaches Meeting	Bartley Hall, Room 038
5 P.M.	Soccer 5v5 Head Coaches Meeting	Bartley Hall, Room 034
5 P.M.-7 P.M.	Dinner	Dougherty Dining Hall Donahue Court, Café Nova of Dougherty Hall and tent (Accessible Dining)
5 P.M. - 7 P.M.	Friday Night Festivities	Rowan Campus Green and Riley Ellipse
5:30 P.M.	Volleyball Team Head Coaches Meeting	Jake Nevin Field House
5:30 P.M.-7 P.M.	President's Welcome Reception	Davis Club, Finneran Pavilion
6 P.M.	Volleyball I-Skills Coaches Meeting	Jake Nevin Field House
6 P.M.-6:30 P.M.	Flag Football Head Coaches Meeting	Bartley Hall, Room 038
6:45 P.M.	Doors Open for Opening Ceremonies	Finneran Pavilion
7:30 P.M.-9 P.M.	Opening Ceremonies	Finneran Pavilion

Saturday November 2nd, 2024		
6 A.M.-5 P.M.	Volunteer Registration	Sheehan Beach
6:30 A.M.-9:30 A.M.	Breakfast	Dougherty Dining Hall Donahue Court, Café Nova of Dougherty Hall and tent (Accessible Dining)
8 A.M.-8:30 A.M.	Powerlifting Flight of Squats Warmup	St. David Room, Connelly Center
8 A.M.-8:30 A.M.	LDRW Registration	Sheehan Beach
8 A.M.-12 P.M.	Volleyball I-Skills Competition	St. Mary's Gym
8 A.M.-4 P.M.	Soccer 5v5 Competition	Villanova Stadium
8 A.M.-4 P.M.	Flag Football Competition	Austin Field
8 A.M.-5 P.M.	Volleyball All-Stars Competition	Agnes Irwin School Gym
8 A.M.-5 P.M.	Volleyball Champions Competition	Jake Nevin Field House
8:30 A.M.-9 A.M.	LDRW Warm-Ups	Sheehan Beach
8:30 A.M.-2 P.M.	Soccer 7v7 Competition	Pike Field

8:30 A.M.-4:30 P.M.	Powerlifting Competition (Starting With Squats)	Villanova Room, Connelly Center
9 A.M.	LDRW 5000m Run/Unified Sports Run	Sheehan Beach
9 A.M.-5:30 P.M.	Bocce Competition	Dixon Center, Cabrini
9:30 A.M.	LDRW 5000m Run/Unified Sports Run Rolling Awards	Austin Field Tent
10 A.M.	LDRW 3000m Walk/Unified Sports Walk	Sheehan Beach
10 A.M.-11 A.M.	Young Athletes Program	The Exchange, Bartley Hall
10 A.M.-2 P.M.	Fall Fest Experience	Riley Ellipse
10 A.M.-5 P.M.	Olympic Town	The Quad
10 A.M.-5 P.M.	Healthy Habits & Success Stations	Riley Ellipse
10 A.M.-6 P.M.	Healthy Athletes (FUNfitness Healthy Hearing, Health Promotion, Opening Eyes, Special Smiles, Strong Minds and Fit Feet)	Driscoll Hall (FUNFitness and Fit Feet outside Driscoll)
10:30 A.M.	LDRW 3000m Walk/Unified Sports Walk Rolling Awards	Austin Field Tent
11:00 A.M.	LDRW 3000m Run/Unified Sports Run	Sheehan Beach
11 A.M.-2 P.M.	Lunch	Dougherty Dining Hall Donahue Court, Café Nova of Dougherty Hall and tent (Accessible Dining)
11 A.M.-2 P.M.	Alumni Gathering	President's Lounge in Connelly Center
11:15 A.M.	LDRW 3000m Run/Unified Sports Run Rolling Awards	Austin Field Tent
11 A.M. (approx.)	Powerlifting Bench Press Starts	Villanova Room, Connelly Center
12 P.M.-1 P.M.	Flag Football I-Skills Competition	Austin Field
12:30 P.M.-1 P.M.	Soccer I-Skills Check-In and Warm-Ups	Pike Field
1 P.M.-5 P.M.	Soccer I-Skills Competition	Pike Field
2 P.M. (approx.)	Powerlifting Deadlift Starts	Villanova Room, Connelly Center
2 P.M.-6 P.M.	SOPA Portal Support Table	2nd Floor Connelly Center
5 P.M.	Soccer 7v7 Coaches Meeting	Bartley Hall, Room 038
5 P.M.	Soccer 5v5 Coaches Meeting	Bartley Hall, Room 036
5 P.M.-7 P.M.	Dinner	Dougherty Dining Hall Donahue Court, Café Nova of Dougherty Hall and tent (Accessible Dining)
6 P.M.	Flag Football Head Coaches Meeting	Bartley Hall, Room 038
7 P.M.	Arrivals Begin for Victory Jamboree	Dixon Center, Cabrini
7:30 P.M.-9:30 P.M.	Victory Jamboree (Dance, Crafts, Bingo, Movie)	Dixon Center, Cabrini

Sunday November 3rd, 2024

6 A.M.-10 A.M.	Volunteer Registration	Sheehan Beach
6 A.M.-11 A.M.	Hotel Checkout	Hotels
6:30 A.M.-9:30 A.M.	Breakfast	Dougherty Dining Hall Donahue Court, Café Nova of Dougherty Hall and tent (Accessible Dining)
8 A.M.-8:30 A.M.	LDRW Warm-Ups	Sheehan Beach
8 A.M.-11 A.M.	Soccer 5v5 Competition	Villanova Stadium
8 A.M.-12 P.M.	Flag Football Competition	Austin Field
8 A.M.-11:30 A.M.	Volleyball All-Stars Competition	Agnes Irwin School Gym
8 A.M.-11:30 A.M.	Volleyball Champions Competition	Jake Nevin Field House
8 A.M.-12 P.M.	SOPA Portal Support Table	2nd Floor Connelly Center
8:30 A.M.	Powerlifting Awards	Villanova Room, Connelly Center
8:30 A.M.-10 A.M.	LDRW 10K Unified Sports Run/5000m Unified Sports Walk	Sheehan Beach
8:30 A.M.-11:15 A.M.	Soccer 7v7 Competition	Pike Field
9 A.M.	Volleyball I-Skills Awards	O'Dea Lounge, Talley Athletic Center
9 A.M.	Bocce Awards (Rolling)	Dixon Center, Cabrini
9 A.M.-12 P.M.	Bocce Competition	Dixon Center, Cabrini
9 A.M.-1 P.M.	Olympic Town	The Quad
9:15 A.M.	LDRW 10K Run/5K Walk and Unified Sports Rolling Awards	Austin Field Tent
10 A.M.	Soccer I-Skills Awards	Topper Theatre, Mullen Performing Arts Center
10 A.M.	Closing Celebration Ceremony 1	Bartley Hall Steps, The Quad
10:30 A.M.	Flag Football I-Skills Awards and Team Competition Awards (Rolling)	Villanova Room
10:30 A.M.	Volleyball Champions and All-Stars Rolling Awards	O'Dea Lounge, Talley Athletic Center
10:30 A.M.	Soccer 5v5 Awards and 7v7 Awards (Rolling)	Topper Theatre, Mullen Performing Arts Center
11 A.M.-12 P.M.	Head of Delegation Meeting	President's Lounge, Connelly Center
12 P.M.-1:30 P.M.	Lunch	The Quad
1 P.M.	Closing Celebration Ceremony 2	Bartley Hall Steps, The Quad
3 P.M.	Departure from Villanova	Main Campus, Villanova University