

## FOR IMMEDIATE RELEASE

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## SPECIAL OLYMPICS PENNSYLVANIA HONORS ADAMS COUNTY ATHLETE FOR FEMALE ATHLETE OF THE YEAR

(Norristown, PA, September 22, 2020) – Special Olympics Pennsylvania (SOPA) recently honored Carole Ann Bollinger, an Adams County Local Program athlete, during its Virtual Leadership Awards on Wednesday, September 16, 2020.

SOPA's Female Athlete of the Year is an athlete who is dedicated to her sports. Bollinger competes in bowling, powerlifting, swimming (aquatics) and tennis. She is known throughout her program for her positive attitude; and, her coaches are always impressed by her willingness to learn and to improve her skills during each and every practice.

To her fellow team members, Bollinger is supportive and helpful. She is her teammate's biggest cheerleader – encouraging them to do their best and providing a shoulder to lean on when their sports results aren't what they hoped for.

According to a volunteer, "Carole Ann exemplifies the Athlete's Oath - she works hard to win, but if she cannot win, she shows bravery in trying new sports and becoming a speaker."

## **About The SOPA Leadership Awards**

SOPA Leadership Award recipients were chosen by a statewide panel of business and community leaders representing both the private and nonprofit sectors. Nominations come from local Special Olympics programs throughout Pennsylvania. The event is part of a yearly Leadership Conference designed to provide ongoing training and recognition for Special Olympics athletes and volunteers.

## **About Special Olympics Pennsylvania**

Special Olympics Pennsylvania provides year-round training and competition to nearly 20,000 children and adults with intellectual disabilities in a variety of Olympic-type sports, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy, and participate in a sharing of gifts, skills, and friendship with their families, other Special Olympics athletes, and the community. For more information on how the movement inspires greatness, visit our web site at <a href="https://www.specialolympicspa.org">www.specialolympicspa.org</a>