

County _____

Athlete _____

SOPA - Softball Skills Assessment for Individuals

Name: _____
Jersey Number: _____
Team Name: _____
Delegation: _____

Athlete Partner
Coach's Name: _____
Evaluator's Name: _____
Date of Evaluation: ____ / ____ / ____

Traditional of Unified - Circle One

Individual Assessment for Team Play

A. Hitting (one choice- the most representative of the athlete's skill level)
Athlete needs direction on proper stance, grip, and place to stand (2)
Athlete exhibits proper stance and grip, knows place to stand, but does not usually make contact with the ball (3)
Athlete occasionally makes contact, but is not familiar with what is a strike pitch (4)
Athlete regularly makes contact, but does not hit the ball out of the infield (5)
Athlete regularly makes contact and occasionally hits the ball to outfield (6)
Athlete regularly makes contact and hits the ball with power and velocity (7)
Athlete has the ability to place hit balls in opposite fields (8)

SCORE:

B. Fielding (one choice- the most representative of the athlete's skill level)
Athlete is unable to make basic fielding plays (catching fly balls and/or grounders) (2)
Athlete occasionally cleanly fields balls hit directly to them (3)
Athlete cleanly fields balls hit directly to them three out of five times and attempts to field balls hit within three to four feet of them (4)
Athlete occasionally fields balls hit within three to four feet of them (5)
Athlete fields balls four out of five times when hit within three to four feet of them (6)
Athlete routinely makes all basic plays and some difficult plays such as turning double plays, tracking deep fly balls and fielding hard grounders (8)

SCORE:

C. Base Running (one choice- the most representative of the athlete's skill level)
Athlete needs direction on when to run (2)
Athlete understands when to run, but will only move forward one base without coaching (3)
Athlete has a basic understanding of when to take more than one base (4)
Athlete has a fair understanding of when to run, sometimes looks to the coach for cues and direction (5)
Athlete has a good understanding of when to run, knows when to tag up and run (6)
Athlete has a complete understanding of when to run, how many bases to take, and how to slide effectively (7)
Athlete consistently able to pick-up and use the coach's direction (8)

SCORE:

D. Game Awareness (one choice- the most representative of the athlete's skill level)
Athlete needs frequent coaching in offense and defense (2)
Athlete has understanding of the most basic game situations (3)
Athlete has a fair understanding of what to do in most game situations, but still requires coaching (4)
Athlete has a clear understanding of what to do in most game situations, requires little to no coaching (5)
Athlete is able to make the play at hand, also recognizing other action occurring which may require attention-backing up other players, run down situations, etc (6)
Athlete has a complete understanding of their role and teammates' roles, using that leadership to direct play on the field (8)

SCORE:

Keep this form for your records,
You do not need to submit Individual Assessment forms
with your Team Summary

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E. Throwing (one choice- the most representative of the athlete's skill level)
Athlete has difficulty throwing the ball on the run for any distance (2)
Athlete is able to throw the ball on the run a distance of at least ten feet (3)
Athlete regularly make throws of at least 25 feet (4)
Athlete regularly makes accurate throws of up to 25 feet (6)
Athlete regularly makes accurate throws within infield or from the outfield to a cut-off (7)
Athlete regularly throws the ball accurately to any other position or player on the field, with speed and velocity (8)

SCORE:

F. Communication (one choice- the most representative of the athlete's skill level)
Does not communicate with teammates or coaches/does not make any motion towards the ball (1)
Does not communicate with teammates or coaches; often runs into other players and takes balls called for by teammates (2)
Responds to communications from teammates and coaches by changing the way s/he plays on the court (4)
Calls for and aggressively pursues balls near his/her position and backs away from teammates who call for a ball (5)
Encourages teammates to communicate/helps guide teammates on the court (6)
Strongly communicates with teammates and coaches during play (8)

SCORE:

G. Catching (one choice- the most representative of the athlete's skill level)
Athlete has difficulty catching most thrown balls (2)
Athlete is able to catch balls thrown or hit directly to them (3)
Athlete can catch some off target balls and occasionally those thrown or hit within two to three feet of their starting position (5)
Athlete frequently catches hit or thrown balls requiring movement from their original fielding position (7)
Athlete regularly catches balls requiring movement, with exceptional speed to track balls and the ability to leap high to catch rising line drives (8)

SCORE:

Total Score:

(Maximum Score = 56)

Divide TOTAL SCORE by 7 to determine OVERALL RATING
[Round off to nearest tenth, e.g., 4.97 = 5.0 or 3.53 = 3.5; MAXIMUM Rating = 8]

OVERALL RATING: