

County _____

Athlete _____

SOPA - Basketball Skills Assessment for Individuals

Name: _____
Jersey Number: _____
Team Name: _____
Delegation: _____

Athlete Partner
Coach's Name: _____
Evaluator's Name: _____
Date of Evaluation: _____ / _____ / _____

3v3 or 5v5 Circle one

Individual Assessment for Team Play

A. Ball Handling (one choice- should be the most representative of the athlete's skill level)
Has difficulty dribbling and catching (2)
Possesses some ball handling skills but they are very limited (3)
Can handle ball with dominant hand only (4)
Can handle ball with both hands (5)
Has ability to go either direction on the dribble (6)
Has ability to beat defender regularly with dominant hand (7)
Has ability to beat defender regularly with either hand (8)

Score:

B. Passing (one choice- should be the most representative of the athlete's skill level)
Has difficulty completing a pass/short pass to a teammate (2)
Can sometimes make a pass to an open teammate with token pressure (3)
Can only complete a pass to teammate after looking directly at him/her (4)
Has ability to choose best type of pass (bounce, chest, skip, other) (5)
Has ability to complete a no look or quick pass to an open teammate (6)
Controls game with ability to complete an advanced pass (no look/snap pass) to open player when they are in good position (8)

Score:

C. Movement (one choice- should be the most representative of the athlete's skill level)
Maintains a stationary position; does not move to a loose ball (2)
Moves only 1-2 steps toward ball or opponent (3)
Moves toward ball; but reaction time is slow and only in a limited area of the floor (4)
Movement permits adequate court coverage (5)
Good court coverage; reasonably aggressive (6)
Exceptional court coverage; aggressive anticipation (8)

Score:

Keep this form for your records.
You do not need to submit Individual Assessment forms
with your Team Summary.

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D. Game Awareness (one choice- should be the most representative of the athlete's skill level)

- Sometimes confused on offense and defense; may shoot at wrong basket (2)
- Can play in fixed position as instructed by coach; may go after an occasional loose ball (3)
- Limited understanding of the game and can run some offensive and defensive sets - coach prompted (4)
- Moderate understanding of the game, some off and def sets and can occasionally fast break (6)
- Advanced understanding of the game and mastery of basketball fundamentals (8)

Score:

E. Shooting (one choice- should be the most representative of the athlete's skill level)

- Periodically can make an uncontested layup (2)
- Can make shots inside of lane (3)
- Can make shots inside of lane and occasionally attempts a mid range jump shot (4)
- Can make some mid range jump shots (5)
- Can make some mid range jump shots and will attempt shots beyond 15' (6)
- Has excellent shooting form and makes shots from all ranges on court (8)

Score:

F. Rebounding (one choice- should be the most representative of the athlete's skill level)

- No understanding of rebounding positions or principles, often beaten to a missed shot (2)
- Gets rebounds only when they land directly to him/her (3)
- Goes after loose balls within 3 to 4 steps (4)
- Aggressively goes after rebounds, gets many (6)
- Exceptional ability to get to missed shots on both sides of the basket and either side of the court (8)

Score:

TOTAL SCORE:

Divide TOTAL SCORE by 6 to determine OVERALL RATING

(round off to the nearest tenth i.e. 4.97 = 5.0 or 3.53 = 3.5)

OVERALL RATING: