



Lydia Wert Swimming



Lydia Wert is in her seventh year with Special Olympics Pennsylvania and competes in swimming, soccer and skiing. By participating in Special Olympics, Lydia has found an outlet where she can meet new friends and stay active. She also serves as a Global Messenger in Beaver County. In her free time, Lydia volunteers at a local pottery studio and at the humane society. She loves to help others and makes friends where ever she goes. She's passionate about hiking and cares for her dog, Jayden. Lydia also enjoys fishing with her dad and watching the Pittsburgh Penguins.

IN HER WORDS

“ I am so excited to be traveling to an area I have never seen before. ”

Hometown: Aliquippa, Pa.

Age/Years Involved: 19/7

Other Sports: Athletics, skiing and soccer

Local Program: Beaver County

Role: Athlete

