



Abby Menko

Swimming



Abby Menko is a swimmer with Special Olympics Pennsylvania's Northumberland/Snyder team. Her favorite event is the Individual Medley and also competes in downhill skiing and speed skating. In her spare time, Abby enjoys singing and dancing and is active in her church choir. She also loves watching Penn State football. She works on the custodial staff in the Line Mountain School District and through Special Olympics has been able to meet new people and gain new friendships. Abby's won many awards, including the ARC Self Determination Award (2017), the Line Mountain Superintendent's Award (2011) and the Bernie Romanoski PA Hall of Fame Award (2010).

IN HER WORDS

I am honored to be able to represent Team PA and compete against athletes from all across the USA.

Hometown: Trevorton, Pa.

Age: 26

Other Sports: Skiing and speed skating

Local Program: Northumberland/Snyder County

Role: Athlete

