

Training

The Better the Coach...
The better the Athlete

Special Olympics
Pennsylvania



Training Coordinators Agenda



1. Training Coordinator News Email
2. Coaches Sport Certification
3. Declaring Coaches Skill Training Needs
4. Training Numbers
5. Attendance Sheet
6. Coaches Training and Progression Plan
7. Volunteer Position Requirements
8. 2nd Email
9. Athletes As Coaches

Email News Letter



All Things...



Includes:

- Training Opportunities/Schools
- Conference Calls
- Training Numbers
- Reminders
- Sports Camp
- Updates

Coaches Sport Certification



➤ Skill Training

- No Experience in the Sport
- Needs to learn the Basics

➤ Experienced Coach (Track 2)

- Played the Sport
- Coached the Sport
- Officiated the Sport
- Certified in another Organization

How to Declare Your Programs Needs Coaches Skills Training?



<u>SPORTS SEASON</u>	<u>WHEN TRAINING SCHOOLS ARE OFFERED</u>	<u>Sports Offered</u>
WINTER SPORTS & BOWLING Click Here: https://goo.gl/forms/DcinszXo9tfvRrjI2	Late November - January Due By August 31, 2017	Alpine Skiing, Cross Country Skiing, Speed Skating, Snowshoeing, Figure Skating, Floor Hockey & Bowling
SUMMER SPORTS Click Here: https://goo.gl/forms/CyHEvRVsa8foKWE53	Late March - April Due by December 1, 2017	Athletics, Swimming, Basketball, Golf, Softball, Gymnastics, Equestrian, Tennis
FALL SPORTS Click Here: https://goo.gl/forms/z0XnGNakQsbW0I1m2	August-September Due By June 30, 2017	Soccer, Volleyball, Powerlifting, Bocce, Roller Skating, LDR/W

Training Numbers



Training Numbers and Due Dates

Submit Training Numbers

to: jtresp@specialolympicspa.org

2017 Due Dates:

2017 Fall Training Numbers - Due Friday, November
24th

Training Numbers



Fall Numbers due	November 24, 2017
Entered into Excel by	December 8, 2017
Program Review Period	December 11-22, 2017
2018 Fall Allocations posted	January 12, 2018

**NO TRAINING NUMBERS
= NO ALLOCATIONS**

Attendance Sheet



Training Numbers Made Easy

Coaches Training and Progression Plan (CTPP)



The journey begins with the basics in the Certified Coach Level. In this level coaches complete three basic trainings, Protective Behaviors, General Orientation, and Concussion Training followed by completing the skills training of their chosen sport.

BRONZE

The *Bronze Level* provides the next level of training. This includes the course **Coaching Special Olympics Athletes** and implementing **Fit 5** during athlete training sessions.

SILVER

The *Silver Level* will build upon the Bronze level and include the **Principals of Coaching and Coaching Unified Sports®** courses as well as athlete goal setting and year round training.

GOLD

The *Gold Level* will build upon the Silver level and the coach will **learn advanced tactics** for their sport of choice and work with their athletes on tracking and achieving their personal best performance goals .

Volunteer Position Requirements



CLASS A VOLUNTEERS MUST HAVE PRIOR TO WORKING WITH OUR ATHLETES!

PB - Protective Behaviors

GO - General Orientation

CCT - Concussion Training

BC - Background Clearances

Volunteer Position Requirements



How long are they good For?

PB - Protective Behaviors – Renew once every three years

GO - General Orientation – Lifetime Certification

CCT - Concussion Training – Renew once every three years

BC - Background Clearances – Renew once every five years

2nd Email



Sportstraining@specialolympicspa.org

Athletes as Coaches



Answers to your questions:

1. Yes
2. No
3. Yes, but not the sport coaching
4. No
5. Athlete Leadership Program – Athletes As Coaches
– Contact Jordan Schubert at
jschubert@specialolympicspa.org

Athletes as Coaches Questions



1. Can an athlete attend a training school?
2. Can an athlete compete and train in the same season?
3. Can an Athlete as Coaches be housed with other athletes?
4. Can Athlete as Coaches chaperone other athletes?
5. Is there a special course to help athletes decide to become coaches?

Questions?



SOMETIMES THE
QUESTIONS ARE
COMPLICATED
AND THE
ANSWERS ARE
SIMPLE.

