

Plunge Day Checklist



- Costumes if you wish.
- Extra clothing to keep warm.
- A plastic bag for wet clothes.
- A backpack to hold street clothes and your new sweatshirt!
- Two medium size towels; One to dry with and one to stand on.
- A dry partner to hold your valuables while you are in the water.
- Clean, dry under garments to wear after Plunging.
- A disposable, waterproof camera that you can carry into the Plunge Zone with you...even if your 'handlers" can't get a close-up of you in the water, feel free to ask a fellow Plunger to capture your big moment on film.

