



### **Athlete Leadership University Registration Information**

Saturday, July 8<sup>th</sup> – Sunday, July 9<sup>th</sup> at Slippery Rock University and courses offered are Athlete Representative II and Global Messenger II.

Athlete Leadership University, like any other college curriculum, has introductory courses. Following completion of the introductory course completion, athletes must complete a minimum of three speeches (Global Messenger) or three capstone projects (Athlete Representative). Once an athlete has completed their Athlete Representative I and/or Global Messenger I, practicum they are then eligible to register for Athlete Representative II or Global Messenger II at the advanced Athlete Leadership University session.

This session is **only** open to athletes that have taken Athlete Representative I and/or Global Messenger I and have completed their practicum. Report forms can be downloaded via this link: <http://specialolympicspa.org/special-programs/initiatives/athlete-leadership>.

All completed report forms can be sent via:

- E-mail: [jschubert@specialolympicspa.org](mailto:jschubert@specialolympicspa.org) OR
- Mail: Attn: Jordan Schubert, 2570 Blvd. of the Generals Suite 124, Norristown, PA 19403 OR
- Fax: Attn : Jordan Schubert, 610-630-9456

All Athlete Leadership University attendees require a mentor to attend. The cost for each local program will be \$150.00 per team (1 athlete and 1 mentor) to help offset the costs of training. Local programs will be billed at the completion of the Athlete Leadership University session. If a local program cancels within three weeks of the event, they will still be billed.

**Registration Form Link** (*It is highly recommended to fill out this registration form in Google Chrome*):

[https://docs.google.com/forms/d/e/1FAIpQLScExBvLbRncHgKC8P2ATO\\_KkcUWRakRmwMRUTBMFL9DkYe0zg/viewform?c=0&w=1](https://docs.google.com/forms/d/e/1FAIpQLScExBvLbRncHgKC8P2ATO_KkcUWRakRmwMRUTBMFL9DkYe0zg/viewform?c=0&w=1)

**Registration Form Deadline:** Friday, June 9<sup>th</sup> at 5:00 PM (available on a first come, first serve basis)

**Tentative Schedule:**

<b>Saturday, July 8<sup>th</sup></b>	
1:00 - 1:30 PM	Opening Session
1:30-4:30 PM	Global Messenger II
	Athlete Representative II
4:30 - 5:00 PM	Room Check In
5:00-6:00 PM	Dinner
6:00-8:00 PM	Global Messenger II
	Athlete Representative II
8:00 - 10:00 PM	Team Building (TBD)
<b>Sunday, July 9<sup>th</sup></b>	
7:00-8:00 AM	Breakfast
9:00-12:00 PM	Global Messenger II
	Athlete Representative II
12:00-1:00 PM	Lunch
1:00-3:00 PM	Closing Session

**Attire:**

- Business professional is encouraged for classroom time.
- Examples:
  - Men:
    - Collared shirt with buttons.
    - Dress pants.
    - Dress shoes and socks.
  - Women:
    - Skirt or pantsuit.
    - Blouse or collared shirt with buttons.
    - Dress shoes and socks.
- Athletic clothing and sneakers encouraged for team building.

### **Lodging Accommodations:**

- All lodging will take place at Slippery Rock University Dorms (Dorm Building TBD).
  - Address: 1 Morrow Way, Slippery Rock, PA 16057
- Lodging will be assigned by SOPA with the Housing Policy strictly adhered to.
- If you have housing requests such as early arrival or preferred roommate, please indicate within the Registration Form. These requests are not guaranteed...
- You will receive confirmation of lodging accommodations at the close of the Registration Form.

### **Meal Accommodations:**

- All meals will take place at Slippery Rock University within the Boozel Dining Hall.
- If you have dietary requests, such as gluten free or vegetarian, please indicate within the Registration Form. These requests are not guaranteed...
- All meals are buffet style.
  - Saturday: dinner.
  - Sunday: breakfast and lunch.

### **Course Descriptions:**

- All courses will take place at Slippery Rock University within the Vincent Science Center.
- **Opening Session:** Mandatory for all athletes and mentors. This session is to review the schedule for the weekend, emergency procedures and any additional announcements.
- **Athlete Representative (AR) II:** A hands on course teaching Athlete Representatives how to start and manage an Athlete Leadership Team (ALT) in their local programs. Hands on activities include addressing different topics during an ALT meeting and deciding as a group what to report out and how to deal with different personalities.
- **Global Messenger (GM) II:** Being a Global Messenger is much more than delivering speeches. This course teaches Global Messengers how they can add elements to enhance their speeches, learn about SOPA's many programs, how to dress for different occasions and appropriate verbal, non-verbal and dining etiquette.

- **Closing Session:** Presentation on important SOPA information, interviews and presentation of gifts and certificates.

**Athlete Requirements:**

- Completion of Introductory Course and Introductory Practicum.
- 16 years of age or older for Global Messenger.
- 18 years of age or older for Athlete Representative.
- Year round involvement with local program and SOPA.
- Responsible individuals with good behavior.
- Ability to communicate interpersonally with local management team, other athletes, mentors and SOPA.
- Ability to be attentive during instruction.
- Represent SOPA professionally in manner and appearance.

**Mentor Requirements:**

- 18 years of age or older.
- Year round involvement with local program and SOPA.
- Class A Registered Volunteer with valid background checks, general orientation and protective behaviors training.
- Parents are acceptable mentors, please keep in mind this is a growing experience for athletes. We do not want the athlete to hold back or to feel limited while exercising independence with a parent’s presence.
- Good role model who is patient and supportive.
- Allow the athlete to take the lead, develop and grow.
- Represent SOPA professionally in manner and appearance.
- Ability to travel and to provide athlete with transportation.
- Represent SOPA professionally in manner and appearance.

**If you have questions please contact:**

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